

Panoraia Andriopoulou, PhD, FHEA, HCPC registered Clinical
& Counselling psychologist

Academic Appointments

12/10/2022 – present **Associate Professor in Clinical Psychology**, Psychology Department, University of Ioannina, Greece

10/2021 – present Teaching Staff (SEP) in the “Applied Developmental Psychology” Master’s Degree, Unit EAPS50 **Topics in Applied Developmental Psychology**, Assistant Director of Programme of Studies, Hellenic Open University, Greece

02/2022 – 07/2022 Teaching Staff PD 407/80, Psychology Department, University of Western Macedonia, Greece
Teaching on the following units: **Organisational Psychology** and **Counselling Psychology**

11/2021 – 01/2021 Teaching Staff (ESPA), Department of Early Childhood Education and Care, University of West Attica, Greece
Teaching on the following units: **Introduction to Psychometrics** and **Psychology of Children’s Drawings**

09/2021 – 01/2022 Teaching Staff in the Master of Education Sciences – Special Education

01/09/2020- 01/09/2021 **External Examiner** Sheffield Hallam University, UK, Unit: **Child Psychopathology**, University of Nicosia, Cyprus

10/2020 – 07/2021 Teaching Staff (SEP) in the “Education” Master’s Degree, Unit EKP50 **Development of the Child in the Social Environment**, Hellenic Open University, Greece

03/2020 – present Teaching Staff in the Master’s Programme Clinical Mental Health, Unit: **Psychological Psychiatry**, Department of Medicine, Aristotle University of Thessaloniki, Greece

01/08/18 – 01/09/2021 **Senior Lecturer in Psychology** Manchester Metropolitan University, UK

23/01/17 – 31/07/18 **Lecturer in Psychology** Manchester Metropolitan University, UK

Teaching on the following Units:

Postgraduate: **Professional Practice Values** (unit leader), **Brief Interventions**, **Therapeutic Relationships & Processes**, **Personal Development & Reflection**.

Undergraduate: **Practitioner Knowledge and Skills** (unit leader)

Programme Leader for the Professional Doctorate in Psychological Therapies

I was also a member of the Psychology Ethics Committee.

I have successfully supervised 39 Masters' Dissertations (across different institutions).

19/01/2015 – 22/01/17 **Senior Lecturer in Psychology** Southampton Solent University, UK

Teaching on the following units: *Personality and Individual Differences*, *Counselling Psychology: Application and Practice* (unit leader), *Investigations in Counselling Psychology*, *Investigations in Health Psychology* (unit leader for both of of them), *Applied Psychology*, *Psychological Research in Action* and *the Practice of Research in Counselling Psychology*.

I was also supervising final year projects, was a member of the Psychology & Faculty Ethics Committees, and an Internal Examiner of PhD theses

10/2013 – 01/2015

Associate Lecturer in Psychology ICPS (in franchise with the University of Central Lancashire) (Athens, Greece)

Teaching and leading the following modules (in English): *Current Topics in Psychology* (undergraduate level), *Professional Issues in Health Psychology* (MSc level)

10/2013 – 12/2014

Lecturer in Psychology Aegean Omiros College (validated programmes from the University of Wales) (Athens, Greece)

Teaching and leading the following modules (in English): *Memory & Consciousness*, *Final Year Project*, *Developmental Psychology I and II*, *Theories of Personality and Individual Differences* (undergraduate level), *Advanced Research Methodologies and Communication Skills II* (MSc level), *Theoretical perspectives and fundamental skills of experiential counselling techniques* (postgraduate diploma)

Final Year Project Supervisor & Member of the Ethics Committee

10/2010 -06/2013

Psychology Lecturer New York College (in franchise with the University of Greenwich) (Athens, Greece)

Teaching the following courses (in English): *Introduction to Health Psychology*, *Introduction to Counselling I*, *Introduction to Counselling II*, *Advanced Counselling*, *Principles of Cognitive Behavioural Interventions* (undergraduate), *Cognitive Behavioural Approaches to Counselling* (postgraduate diploma).

Personal Advisor for around 60 students

Clinical and Other Teaching Experience

November 2021 – November 2022 **Private Practitioner Psychologist/ Psychotherapist**, Greece

September 2021 – November 2022 **Clinical Psychologist**, Arsi Mental Health Services, Greece

March 2016 – October 2021 **Private Practitioner Psychologist/ Psychotherapist**, UK

19/05/2005 – 31/12/2014

Private Practice as a **Licensed Practitioner Psychologist (clinical/counselling) – Cognitive and Systemic Therapist** working with children, adolescents, adults, older adults, couples, and families, Greece

10/2009 – 02/2014

Instructor/supervisor in Cognitive - Behavioral Therapy at the Applied Psychotherapy and Counselling Centre (1050 hours of teaching, 30 hours of group supervision, individual supervision) (Athens, Greece)

01/09/2006 – 30/09/2011

Clinical Psychologist – Psychotherapist at the **Hellenic Centre for Mental Health and Research**

“Department of Adolescents” & “Department of Adult Counselling” (Patras, Greece)

21/10/2004 – 30/09/2011

Instructor/supervisor in Cognitive Therapy at the Hellenic Centre for Mental Health and Research “Department of Cognitive Psychotherapies” (400 hours of teaching, 120 hours of individual supervision, group supervision) (Patras, Greece)

04/11/2005 – 30/06/2006

Licensed Practitioner Psychologist at the Centre for Diagnosis, Evaluation and Support of Learning Difficulties Ministry of Education Prefecture of Ilia (Pyrgos, Greece)

01/08/2005 – 30/09/2005

Clinical Psychologist at the Hellenic Centre for Mental Health and Research “Department of Adolescents” (Patras, Greece)

Research Interests

Attachment, interpersonal trauma and mental health/well-being; therapeutic aspects of close/interpersonal relationships; emotional regulation; cognitive, emotional and social aspects of mental health problems

Professional Memberships

Registered Practitioner Psychologist with the Health & Care Professions Council (HCPC)
Diplomate of the Academy of Cognitive Therapy

Fellow of Higher Education Academy
Founding member of the Hellenic Society of Cognitive Psychotherapies (H.S.C.P.)
Registered Member of the British Association of Counselling and Psychotherapy (BACP)
Accredited Schema Therapist/Trainer/Supervisor – International Society of Schema Therapy (ISST)
Hellenic Psychological Society

Academic Qualifications

October 2017 – October 2019 Manchester Metropolitan University Manchester, UK
MA in Higher Education

Grade: Distinction

February 2008 - July 2013 University of Crete Rethymnon, GR

PhD in Psychology

Grade: Distinction

Title: “Mental representations of adult attachment: cognitive, emotional and motivational factors”

It is worth noting that my PhD thesis was awarded the "2015 Maria Nasiakou award" for the best doctorate thesis in Greece by the Hellenic Psychological Society.

September 2000 - September 2001 University of Kent Canterbury, UK

Master of Science in Health Psychology (BPS accredited)

Grade: Merit

Dissertation : “The effects of information, locus of control and coping style on subjective pain and anxiety during gastrointestinal endoscopy”

June 2000 University of Northumbria Newcastle, UK

Bachelor of Science (Honours) in Psychology (BPS accredited)

Grade: Upper second class (2:1)

Final Year Project: “The effects of low-dose nicotine on broadened and focused attention and implicit memory”

Clinical Qualifications

17/10/2016 – 05/12/2016 **Mindfulness** Based Stress Reduction Course, Southampton Solent University

03/2013 – 02/2019 Professional Training in **Schema Therapy** (accredited by Schema therapy Institute, USA) Greek Association for Schema Therapy. I am an **accredited advanced schema therapist/trainer/supervisor**.

10/2007- 06/2011 Postgraduate Diploma in **Systemic Psychotherapy for Couples and Families**

National and Capodistrian University of Athens - University Mental Health Research Institute (accredited by the European Family Therapy Association)

11/2005 – 06/2007 Professional Training in **Cognitive Analytic Therapy (CAT)** (Hellenic Society for Cognitive Analytic Therapy)

10/2002 – 06/2006 Postgraduate Diploma in **Cognitive Psychotherapy**
Hellenic Centre for Mental Health and Research «Department of Cognitive Psychotherapies»

Diplomate of Academy of Cognitive Therapy, USA

11/2003 – 07/2005 Hellenic Centre for Mental Health and Research
(as a **trainee clinical psychologist** – 20 hours per week – supervised by a clinical psychologist and a psychiatrist) “Department of Adult Counselling”, Patras, Greece

09/2001 – 12/ 2001 Centre for Continuing Professional Training “Mentor”
«**Training in Counselling and Supportive Services**»
Duration: 400 Hours

Further Training / Workshops

05-07/09/2016 **An Introduction to Qualitative Research Methods**, Kings College London

17/02/2016 **Course Development Workshop** – Southampton Solent University

24/11/2015 & 13/06/2016 **Postgraduate research supervisors training** (Regulations and Standards, Styles of Supervision, Admissions, Induction, Training needs analysis, Project Proposal, Current Issues in Postgraduate Research Preparing the candidate Transfer and PhD examination) - Southampton Solent University

27/11/2014 **Dialectical Behavior Therapy: Is it for you and your clients?**
Dr Anthony DuBose - Behavioral Tech, USA

19-20-21/05/2010 **Autism – Basic Principles of structured education**
Dr Vagia Papageorgiou

15-16/05/2010 **Basic Training in Picture Exchange Communication System (PECS) for children and adults with autism and related disabilities**
Anna Plessa – Pyramid Hellas

13/11/2009 **Schema Therapy: The Basic Model**
Dr Jeffrey Young – International Society of Schema Therapy

16/10/2009 **Individual Systemic Psychotherapy**
Dr Paolo Bertrando - Hellenic Systemic Thinking and Family Therapy Association

04-05/04/2009 **Cognitive Models and Cognitive Therapy for Personality Disorders, Cognitive Therapy of Borderline Personality Disorder, Cognitive Therapy of Bipolar Disorder and Cognitive Model of Anger**
Dr Leslie Sokol – Beck Institute for Cognitive Therapy And Research

13/02/2009 **Shame and Humiliation in Family Therapy**
Professor Carlos Sluzki - Hellenic Systemic Thinking and Family Therapy Association

03/11/2007 **Applications of Cognitive Analytic Therapy**
Dr Ian Kerr - NHS Lancashire, Department of Psychotherapy

02/11/2007 **Cognitive Behavioural Therapy of OCD: Beyond the Basics**
Dr David A. Clark & Dr Gregoris Simos - University of New Brunswick

19-20/05/2007 **Cognitive Behavioural Therapy for Children and Adolescents**
The Institute of Behaviour Research and Therapy

24/09/2005 **Understanding & Treating Emotional Problems in Youth**
Dr Philip C. Kendall, Professor of Psychology at Temple University, USA

23/09/2005 **Schema Therapy for Resistant Personality Disorders**
Dr Jeffrey Young - International Society of Schema Therapy

21/09/2005 **Cognitive Behavioural Strategies with Couples
& Families**
Dr Frank Dattillio –Academy of Cognitive Therapy

Voluntary Work

10/1999 – 05/2000 St Nicholas's Hospital Newcastle, UK
(as a student)
Rehabilitation of Psychiatric Patients. Participation in groups concerning the empowerment of the patients (The Rowan Project)

Funded Research Projects

2019 Nuffield Health + Manchester Metropolitan University (MMU) – Clinical Communication Scales for deaf people, Co-applicant, ~£10,000

2019 PhD Studentship - MMU, The Impact of Listening to Trauma Stories, Co-applicant, ~ £12,780

2018 Undergraduate Research and Knowledge Exchange Internship Scheme (URKEIS), MMU, The Impact of Listening to Trauma Stories, Co-applicant, £4,000

2016-17 RIKE Research Awards - Southampton Solent University, The effects of experimentally induced attachment and self-compassion on shame, self-criticism, self-forgiveness and well-being. Principal Investigator, £4,480

2015-16 RIKE Research Awards - Southampton Solent University, Does attachment security activation reduce people's defensiveness to threatening health information? Principal Investigator, £4,500

Book Chapters

Andriopoulou P. (2019). Brief Family Therapy. In: S. Parry (Ed.) *The Handbook of Brief Therapies: a practical guide*, Sage

Andriopoulou P. & Parry, S. (2019). Solution-focused therapy. In: S. Parry (Ed.) *The Handbook of Brief Therapies: a practical guide*, Sage

Publications in peer-reviewed scientific journals

Sangeorzan, I., **Andriopoulou, P.**, Davies, B., & McNair, A. (under review). The information needs of people with degenerative cervical myelopathy: a qualitative study to inform patient education in clinical practice

Pichi, M., & **Andriopoulou, P.** (under review). Understanding the experiences of Mental Health Support Workers in Independent/Supported Living Facilities: a Thematic Analysis. *Health & Social Care in the Community*

Curry, E.E., & **Andriopoulou, P.** (under review). ‘Dual-Experiences’ of Treatment for Anorexia Nervosa: An interpretative phenomenological analysis of experiences of treatment by service providers who are recovered service users. *Mental Health Review Journal*.

Monks-Woods, A. & **Andriopoulou, P.** (under review). Exploring the Experiences of People who use YouTube to access Support for Borderline Personality Disorder: An Interpretative Phenomenological Analysis. *Psychological Studies*.

Leece, S., Wilson, H., & **Andriopoulou, P.** (in press). Experience of online, text-based, anonymous mental health support for young people previously at risk of suicide.

Vassiou, A., & **Andriopoulou, P.** (in press). Social support and inclusion of others in the self during COVID-19 pandemic. *Psychology: the Journal of the Hellenic Psychological Society*

Andriopoulou, P. & Prowse, A. (in press). The role of secure-base supervision and dispositional attachment in predicting supervisees’ research self-efficacy, curiosity, and satisfaction, *International Journal of Multidisciplinary Perspectives in Higher Education*.

Kaptan, S. K., Varese, F., Yilmaz, B., **Andriopoulou, P.**, & Husain, N. (2022). “Online delivery gave me privacy and distance from others”: feasibility trial and qualitative evaluation of an online intervention for refugees and asylum seekers; LTP+ EMDR G-TEP. *Counselling and Psychotherapy Research*, 22,876–888.

Parry, S.L., Cox, N., **Andriopoulou, P.**, Oldfield, J, Roscoe, S., Palumbo-Haswell, J., & Collins, S. (2022). Mechanisms to Enhance Resilience and Post-traumatic Growth in Residential Care: a Narrative Review. *Adversity and Resilience Science*
<https://doi.org/10.1007/s42844-022-00074-w>

Phillips, L. & **Andriopoulou, P.** (2022). An exploratory study of South Asian women’s experiences of mental health services in England: A thematic analysis of cultural sensitivity. *Mental Health Review Journal*, <https://doi.org/10.1108/MHRJ-06-2021-0049>

Chaudhry, N., Farooque, S., Kiran, T., Eylem-van Bergeijk, O., Chaudhry, I. B., Memon, R., Husain, M., **Andriopoulou, P.**, Hussain Rana, M., Naeem, F., & Husain, N. (2022). Building Resilience Against Violence (BRAVE): protocol of a parenting intervention for

mothers and fathers with post-traumatic stress disorder in Pakistan. *Global Mental Health, 1-8*.

Kaptan, S.F., Yilmaz, B., Husain, N., Varese, F., & **Andriopoulou, P.** (2022). What works? Lessons from a pre-trial qualitative study to inform a parenting intervention for refugees and asylum seekers: Learning Through Play and EMDR Group Traumatic Episode Protocol. *Journal of Community Psychology, 1-21*.

Andriopoulou, P. (2022). Healing attachment trauma in adult psychotherapy: the role of limited reparenting. *European Journal of Psychotherapy & Counselling*.
<https://www.tandfonline.com/action/showCitFormats?doi=10.1080/13642537.2021.2000465>

Kaptan, S.F., Varese, F., Yilmaz, B., **Andriopoulou, P.**, & Husain, N. (2021). Protocol of a feasibility trial for an online group parenting intervention with an integrated mental health component for parent refugees and asylum seekers in the UK (LTP+ EMDR G-TEP). *SAGE Open Medicine, 9*, 1-11.

Chatzidamianos, C., Burns, D., **Andriopoulou, P.**, & Archer, D. (2021). The barriers and facilitators to successful adaptation of written psychometric measures into native sign languages: a systematic review. *Psychological Assessment, 33*(11), 1100–1124.

Liddell, S. & **Andriopoulou, P.** (2021). Exploring Public Attitudes towards Men with Depression – A Thematic Analysis. *British Journal of Mental Health Nursing*. <https://doi.org/10.12968/bjmh.2020.0016>

Andriopoulou, P. & Servina, N. P. S. (2021). Exploring the experiences of people vlogging about their mental health during the COVID-19 lockdown: A thematic analysis. *Journal of Psychology & Psychotherapy Research, 8*, 1-10.

Andriopoulou, P. & Prowse, A. (2020). Towards an effective supervisory relationship in research degree supervision: insights from attachment theory. *Teaching in Higher Education: Critical Perspectives*. <https://doi.org/10.1080/13562517.2020.1731449>

Harvey, R., **Andriopoulou, P.**, & Grogan, S. (2020). Perceived mechanisms of change in therapeutic yoga targeting psychological distress. *Journal of Bodywork and Movement Therapies, 24*(1), 274-280

Sangeorzan, I., **Andriopoulou, P.** & Livanou, M. (2019). Exploring the experiences of people vlogging about severe mental illness on YouTube: An Interpretative Phenomenological Analysis. *Journal of Affective Disorders, 246*, 422-428.

Andriopoulos, P. & Kafetsios, K. (2015). Subliminal priming of the secure attachment schema: Effects for information processing. *Psychological Topics, 24* (1), 71-89.

Andriopoulos, P. & Kafetsios, K. (2015). Avoidant Attachment and the Processing of Emotion Information: Selective Attention or Cognitive Avoidance? *Journal for Relationships Research, 6*, 1-12.

Andriopoulos, P. & Kafetsios, K. (2014). Adult Attachment and Social Perception of Emotion: The role of Social Goals. *Psychologia, 21*(3):242. Invited contribution to a

special issue on ‘Interpersonal and Intergroup Relationships in Greece: Current Socio-psychological Approaches’.

Theodoratou, M., **Andriopoulou, P.** & Manousaki, M. (2014). Exams Anxiety: Case Study. *Journal of Psychology & Clinical Psychiatry*, 1(4): 00021.

Kafetsios, K. **Andriopoulos, P.** & Papachiou, A. (2013). Relationship status moderates avoidant attachment differences in positive emotion decoding accuracy. *Personal Relationships*, 21, 191-205.

Theodoratou-Bekou, M., **Andriopoulou, P.**, Andreopoulou, O., & Wood, B. (2012). Stress-related asthma and family therapy: Case study. *Annals of General Psychiatry*, 28.

Theodoratou, M., **Andriopoulou, P.**, Bekos, V., Kountzouni, V. & Plati, M. (2007) Asthma and Depressive Atmosphere in Family: A case study, *Nosileftiki (Nursing)*, 46 (2), 169-175.

Theodoratou M., **Andriopoulou P.** (2006) Studentenberatung gegen Prüfungsangst: Eine Fallstudie, *Unser Weg*, 4, 149-152.

Refereed Conference Presentations

1. Vasiou, A., Andriopoulou, P., & Papandreou, A. (2022, October). Mental Health and support of students during the COVID19 pandemic, *18th PanHellenic Congress of Psychological Research*, Athens, 5-9 October 2022.
2. Tsioumas N., Chatzidamianos G., **Andriopoulou P.**, & Jung, T. (2020, June) Psychological Preparedness for wildfires: A thematic analysis on the views of therapists and members of the public. Oral presentation at: *The 1st Conference of the Association of European Qualitative Researchers in Psychology (EQuiP)*, Thessaloniki, Greece, 18-20 June 2020.
3. Tsioumas N., Chatzidamianos G., **Andriopoulou P.**, & Jung, T. (2019, June) Psychological Preparedness to face Wildfires: A Multi-Phase Study Employing a Virtual Reality Setting. Poster presentation at: *The 5th International AR VR Conference Changing Realities in a Dynamic World*, Munich, Germany, 12-14 June 2019.
4. Tsioumas N, Chatzidamianos G, **Andriopoulou P**, Jung T. (2018, June). A Virtual Reality Environment for testing Psychological Preparedness’ effect on the individual when facing a Traumatic Event. *The 4th International AR and VR Conference*, Manchester, UK, 2 - 22 June 2018.
5. Sangeorzan, I. & **Andriopoulou, P.** (2018, May). The impact of vlogging about severe mental illness: An Interpretative Phenomenological Analysis. *The British Psychological Society’s Annual Conference 2018*, Nottingham, UK, 2–4 May.

6. Liddell, S. & **Andriopoulou, P.** (2018, May). Exploring Public Attitudes towards Men with Depression – A Thematic Analysis. *The British Psychological Society's Annual Conference 2018*, Nottingham, UK, 2–4 May.
7. **Andriopoulou, P.** (2017, November). Compassion-focused therapy. *5th Panhellenic Congress of Cognitive Psychotherapies*, Patras, Greece, 10-12 November, 2017.
8. Tzovara, A. & **Andriopoulou, P.** (2017, November). Clinical case study: Generalised Anxiety Disorder; the role of prospective and retrospective mismatch. *5th Panhellenic Congress of Cognitive Psychotherapies*, Patras, Greece, 10-12 November, 2017.
9. **Andriopoulou, P.** Doyle, M. & Livanou, M. (2017, July). Attachment, self-compassion and mental-health: the mediation role of shame and self-criticism. *The 2017 BPS DCoP Annual Conference*, Stratford Upon Avon, 7-8 July, 2017.
10. Doyle, M., **Andriopoulou, P.**, Neil, G., Hampton, N., & Wink, B. (2017, March). Utilising Virtual Reality to Explore Child Trauma's Effects on Adult Stress Response Systems. *9th Annual UK Psychological Trauma Society Conference "Trauma, Conflict and Resolution"*, Belfast, Northern Ireland, 20-21 March, 2017.
11. Doyle, M., Hampton, N., **Andriopoulou, P.**, Neil, G. & Wink, B. (2016, July). Stress Responses to Horror based Video Game Experiences: Exploring Immersion levels, Context and Virtual Reality. *37th Conference of the Stress and Anxiety Research Society*, Zagreb, Croatia, 6-8 July, 2016.
12. Doyle, M., Hampton, N., **Andriopoulou, P.** (2016, July). An Exploration of the Relationship between Coping Mechanisms, Video-games and Mental Health: A Mediation Analysis. *37th Conference of the Stress and Anxiety Research Society*, Zagreb, Croatia, 6-8 July, 2016.
13. **Andriopoulou, P.**, Doyle, M. & Asmussen, R. (2016, July). Effects of Attachment Security Activation on Defensiveness to Threatening Health Information and Blood Pressure Reactivity. *The European Conference on Psychology & the Behavioral Sciences*, Brighton, UK, 4 – 6 July, 2016.
14. Tzovara, A. & **Andriopoulou, P.** (2014, November). A case study of hypochondriasis: the role of socratic questioning and cognitive dissonance. *4th Panhellenic Congress of Cognitive Psychotherapies*, Athens, Greece, 28-30 November, 2014.
15. **Andriopoulou, P.** & Kafetsios, K. (2014, November). Cognitive and Emotional Aspects of Adult Attachment: Avoidant attachment and the processing of emotional and attachment related information. *4th Panhellenic Congress of Cognitive Psychotherapies*, Athens, Greece, 28-30 November, 2014.
16. Kafetsios, K., **Andriopoulos, P.**, & Papachiou, A. (2014, March). Relationship status moderates avoidant attachment differences in positive emotion decoding accuracy. *Consortium of European Research on Emotion Conference 2014*, Berlin, Germany 27-28 March, 2014.

17. **Andriopoulos, P.,** & Kokorikou, D. (2014, March). Adult attachment and facial emotion decoding accuracy: The moderating role of social goals. *Consortium of European Research on Emotion Conference 2014*, Berlin, Germany 27-28 March, 2014.
18. **Andriopoulou, P.** & Kafetsios, K. (2013, May). The subliminal activation of the secure base schema: The effects on information processing. *14th PanHellenic Congress of Psychological Research*, 15-19 May, 2013.
19. Kafetsios, K. & **Andriopoulou, P.** (2012, November). A 25 year view of adult attachment research in personality and social psychology: from inflexible traits to the automaticity of change. *European Congress of Dramatherapy and Playtherapy*, Athens, 23-25 November, 2012.
20. **Andriopoulou, P.** & Kafetsios, K. (2012, November). Selective processing of emotional information: the effects of attachment system activation on attention. *European Congress of Dramatherapy and Playtherapy*, Athens, 23-25 November, 2012.
21. Theodoratou, M., **Andriopoulou, P.,** Andreopoulou, O., Bekos, V. & Wood, B. (2011, November). Applying Biobehavioral Model in a young asthmatic patient: Case Study. *2nd International Congress on Neurobiology, Psychopharmacology & Treatment Guidance*, Thessaloniki, 24-27 November, 2011.
22. **Andriopoulou, P.** & Kafetsios, K. (2011, May). The activation of attachment system and biases in attention towards emotional stimuli. *13th PanHellenic Congress of Psychological Research*, Athens, 25-29 May 2011.
23. **Andriopoulou P.** (2010, July). Attachment system activation and attention biases to emotion stimuli. *International Association for Relationship Research Conference*, Herzliya, Israel, 22-26 July 2010.
24. **Andriopoulou, P.** (2009, November). The Cognitive Therapy of somato-dysmorphic disorder. *2nd Panhellenic Congress of Cognitive Psychotherapies*, Athens, 13-15 November.
25. **Andriopoulou, P.,** Koulis, S. & Athanasopoulou, K. (2008, May). The Cognitive perspective of somato-dysmorphic disorder. *20th Panhellenic Congress of Psychiatry*, Chersonisos Crete, 14-18 May.
26. Vasileiadou, S., Zagla N., **Andriopoulou P.,** Koulis S. (2008, May). The experience from the three years of the Adolescent Counseling Unit in the Hellenic Centre for Mental Health and Research: Problems and Perspectives. *20th Panhellenic Congress of Psychiatry*, Chersonisos Crete, 14-18 May.
27. **Andriopoulou, P.** (2007, November). Cognitive therapy of Chronic Pain. *1st Panhellenic Congress of Cognitive Psychotherapy*, Patras, 2-4 November.
28. **Andriopoulou, P.** (2007, November). Separation Anxiety: A case study, Poster presented at the *1st Panhellenic Congress of Cognitive Psychotherapy*, Patras, 2-4 November.
29. Theodoratou M., Dimopoulou A., Tassakopoulou D., Paraskouli E., Zefkili A., Pargana M., Bekos V., **Andriopoulou P.,** & Andreopoulou O. (2006, October).

Coping Strategies Used By Unemployed People, *IX World Congress of Psychosocial Rehabilitation*, Athens, 12-15 October.

30. Athanasopoulou K., Athanasopoulou V., **Andriopoulou P.**, & Koulis, S. (2006, May). The developmental course of an educational programme of group supervision in cognitive psychotherapy, Poster presented at the *19^o Pan-Hellenic Congress of Psychiatry*, Athens, 4-8 May.
31. Theodoratou, M., **Andriopoulou, P.**, Fotiadou, S., & Plaskasoviti, A. (2006, March). Exams Anxiety: Case Study, Poster presented at the *XI Annual Conference of the European Association for Counselling*, Athens, 30 March- 2 April.
32. **Andriopoulou, P.**, & Scholey, A.B. (2005, November). Effects of low dose nicotine on attention and incidental learning in smokers and never smokers, Poster presented at the *2nd International Congress on Brain and Behaviour*, Thessaloniki, 17-20 November.
33. Theodoratou M., **Andriopoulou P.**, & Plati, M. (2005, September). Exams Anxiety: Case study, Poster presented at the *XXXV Annual Congress of the EABCT*, Thessaloniki, 21-24 September.
34. **Andriopoulou P.**, Athanasopoulou, V., Athanasopoulou, K., & Koulis, S. (2005, September). The developmental course of an educational programme of group supervision in cognitive psychotherapy, *XXXV Annual Congress of the EABCT*, Thessaloniki, 21-24 September.

Invited talks

1. **Andriopoulou, P.** (September, 2022). Emotional attachment: the forgotten foundation of mental health. *2nd Panhellenic Conference of Cognitive Analytic Psychotherapy*, Athens, 24-25 September 2022.
2. **Andriopoulou, P.** (2022, May). An attachment perspective on emotion regulation and mental health. *Global LTP Conference*, Online, 9-10 May 2022.
3. **Andriopoulou, P.** (2019, September). Attachment & culture: Universality vs Uniformity, Invited talk at the: *9th Cultural and International Mental Health Conference*, London, UK, 12th September 2019.
4. Kafetsios, K. & **Andriopoulou, P.** (2014, May). Avoidant attachment and perception of emotion: the role of social goals, *Two-day Conference of Social Psychology*, Komotini, Greece, 9-10 May 2014.
5. **Andriopoulou, P.** (2008, December). Chronic Pain, *Conference for the Somatoform Disorders and Cognitive Therapy* (Hellenic Centre for Mental Health and Research and Aeginition Hospital), Athens, 5 December.

6. **Andriopoulou, P.** (2006, May). ADHD: Characteristics and Principles of Intervention, *Scientific Conference for Learning Difficulties in Secondary Education*, Pyrgos, 8 May.
7. **Andriopoulou, P.** (2005, October). Anthropological and Sociological Evidence of Somatoform Disorders, *2nd Scientific Symposium of H.C.M.H.R.*, Patra, 15-16 October.
8. **Andriopoulou, P.** (2000, May). The effects of low-dose nicotine on broadened and focused attention and implicit memory, *Undergraduate Project Conference of Northumbria University*, Newcastle, UK, 30 May.

Other Research

02/2005 – 11/2005 Participation in the research of the pharmaceutical company

Lundbeck, titled:

“An open, multicentre prospective clinical trial evaluating the efficacy and safety and treatment compliance of escitalopram (20mg daily) in adult outpatients suffering from moderate to severe Major Depressive Disorder”

Languages

Greek	Native Speaker
English	Proficiency in English Cambridge University
French	Sorbonne 1 (C1 level)

Computing Skills

European Computing Driving License (ECDL) (Concepts of Information Technology, Using the Computer and Managing Files, Word, Excel, PowerPoint, Access, Internet)

SPSS