Important Notice To Erasmus students:

The Department of Psychology does not offer courses in English. Instead, Erasmus students attend regular meetings with the course teacher working on individual/group projects.

Moreover, face-to-face tutorials operate during the semester. Tutorials aim to support personal understanding and the development of thinking paths that enable students to grasp the gist of the course content and reach the learning outcomes of each course.
COMPULSORY COURSES: 1ST SEMESTER (WINTER)
ΨΥΥ008 – DEVELOPMENTAL PSYCHOLOGY I: INFANCY AND EARLY CHILDHOOD
ΨΥΥ010 – COGNITIVE PSYCHOLOGY I
ΨΥΥ006 – HISTORY AND EPISODEMOLOGY OF PSYCHOLOGY
ΨΥΥ007 – RESEARCH METHODS IN PSYCHOLOGY: QUANTITATIVE METHODS

COMPULSORY COURSES: 2ND SEMESTER (SPRING)
ΨΥΥ013 – DEVELOPMENTAL PSYCHOLOGY II: CHILDHOOD AND ADOLESCENCE
ΨΥΥ012 – SOCIAL PSYCHOLOGY I
ΨΥΥ011 – STATISTICS I
ΨΥΥ001 – SCHOOL PSYCHOLOGY

COMPULSORY COURSES: 3ND SEMESTER (WINTER)
ΨΥΥ015 – EDUCATIONAL PSYCHOLOGY
ΨΥΥ016 – SOCIAL PSYCHOLOGY II

COMPULSORY COURSES: 4TH SEMESTER (SPRING)
ΨΥΥ017 – COGNITIVE PSYCHOLOGY II
ΨΥΥ002 – INTRODUCTION IN NEUROPSYCHOLOGY

COMPULSORY COURSES: 5TH SEMESTER (WINTER)
ΨΥΥ004 – THEORIES OF PERSONALITY
ΨΥΥ003 – STATISTICS II

COMPULSORY COURSES: 6TH SEMESTER (SPRING)
ΨΥΥ005 – POLITICAL PSYCHOLOGY

COMPULSORY ELECTIVE COURSES (PSYCHOLOGY) WINTER SEMESTER
ΨΥΕ011 – SPORT AND EXERCISE PSYCHOLOGY
ΨΥΕ002 – DEVELOPMENTAL COGNITIVE NEUROPSYCHOLOGY
ΨΥΕ029 – BIOPSYCHOLOGY
ΨΥΕ052 – INTERCULTURAL COMMUNICATION
ΨΥΕ037 – DEVELOPMENTAL PSYCHOPATHOLOGY
ΨΥΕ049 – LABORATORY OF QUALITATIVE RESEARCH AND DATA ANALYSIS
ΨΥΕ014 – ISSUES OF EDUCATIONAL PSYCHOLOGY II
ΨΥΕ040 – POSITIVE PSYCHOLOGY
ΨΥΕ047 – COMMUNITY CLINICAL PSYCHOLOGY
ΨΥΕ018 – DISCOURSE-ANALYTIC SOCIAL PSYCHOLOGY
ΨΥΕ048 – RESEARCH METHODS IN PSYCHOLOGY: QUALITATIVE METHODS OF RESEARCH AND ANALYSIS
ΨΥΕ001 – ORGANISATIONAL PSYCHOLOGY
ΨΥΕ006 – ADVANCED METHODS OF QUANTITATIVE DATA ANALYSIS
ΨΥΕ010 – SCHOOL COMMUNITY: COUNSELING AND CONSULTATION
ΨΥΕ004 – COUNSELING PSYCHOLOGY
ΨΥΕ034 – PSYCHODYNAMIC APPROACHES TO COUNSELLING AND PSYCHOTHERAPY
ΨΥΕ005 – PSYCHOLOGY OF COMMUNICATION AND MASS MEDIA
ΨΥΕ017 – HEALTH PSYCHOLOGY
ΨΥΕ009 – PSYCHOLOGICAL – NEUROPSYCHOLOGICAL ASSESSMENT
### COMPULSORY ELECTIVE COURSES (DEPT OF PSYCHOLOGY) (SPRING SEMESTER)

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<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
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<td>ΨΥΕ022</td>
<td>DEVELOPMENTAL PSYCHOLOGY AND SOCIAL CHANGE</td>
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<tr>
<td>ΨΥΕ053</td>
<td>LANGUAGE AND COMMUNICATION</td>
<td>84</td>
</tr>
<tr>
<td>ΨΥΕ008</td>
<td>COGNITIVE BEHAVIOURAL APPROACHES</td>
<td>86</td>
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<td>ΨΥΕ003</td>
<td>THEORY AND PRACTICE OF SCHOOL PSYCHOLOGY</td>
<td>88</td>
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<tr>
<td>ΨΥΕ020</td>
<td>SOCIAL PSYCHOLOGY OF INTERGROUP RELATIONS: PREJUDICE, RACISM</td>
<td>90</td>
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<tr>
<td>ΨΥΕ030</td>
<td>MIND and BRAIN</td>
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<td>ΨΥΕ021</td>
<td>EXPERIMENTAL INVESTIGATION OF COGNITIVE PROCESSES</td>
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<td>STATISTICAL METHODS WITH APPLICATIONS IN PSYCHOMETRY</td>
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<td>ΨΥΕ025</td>
<td>STRESS AND COPING STRATEGIES-STRESS AT SCHOOL</td>
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<td>ΨΥΕ023</td>
<td>WRITING SCIENTIFIC ARTICLES</td>
<td>101</td>
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<tr>
<td>ΨΥΕ024</td>
<td>EMOTION AND MOTIVATION</td>
<td>103</td>
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<td>ΨΥΕ026</td>
<td>PSYCHODYNAMIC APPROACHES TO HEALTH AND ILLNESS</td>
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<td>ΨΥΕ033</td>
<td>PSYCHOLOGY OF INDIVIDUAL DIFFERENCES</td>
<td>107</td>
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<td>ΨΥΕ050</td>
<td>PSYCHOLOGY IN MIDDLE AND LATE ADULTHOOD</td>
<td>109</td>
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<td>ΨΥΕ005</td>
<td>PSYCHOLOGY OF THOUGHT</td>
<td>112</td>
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<td>ΨΥΕ035</td>
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<td>ΨΥΕ036</td>
<td>PSYCHOPHYSIOLOGY II</td>
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### COMPULSORY COURSES: 1ST SEMESTER (Winter)

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<td><strong>LEVEL OF STUDIES</strong></td>
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<td><strong>SEMESTER</strong></td>
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<td><strong>COURSE TITLE</strong></td>
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#### INDEPENDENT TEACHING ACTIVITIES
- Lectures 3 credits

#### WEEKLY TEACHING HOURS

<table>
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<th>WEEKLY TEACHING HOURS</th>
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<td>Lectures</td>
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**Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).**

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<tr>
<th>COURSE TYPE</th>
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<tr>
<td>General</td>
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</table>

**PREREQUISITE COURSES:**
- LANGUAGE OF INSTRUCTION and EXAMINATIONS: Greek
- IS THE COURSE OFFERED TO ERASMUS STUDENTS: Yes
- **COURSE WEBSITE (URL)**

#### LEARNING OUTCOMES

**Learning outcomes**
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described. Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

The goal of this course is to present a comprehensive overview of contemporary developmental psychology and to familiarize the students with:

1. the history of the developmental study of infants and children,
2. the multiple ways of understanding development,
3. the formulation of developmental research questions and the design of methodological protocols,
4. the major issues, tasks and milestones of human development,
5. major developmental theories,
6. critical reflection and discussion of theoretical and research issues in the study of infant and early childhood development.

**General Competences**
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Adapting to new situations
- Decision-making
- Working independently
- Team work
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas
- Autonomous thinking
- Reflection and critical thinking
- Respect for diversity and cultural issues

**SYLLABUS**
This course explores developmental theory and research about biological, social and psychological issues in infancy and early childhood. This course describes the nature and context of development, from conception till the end of early childhood, focusing on the biological, cognitive, interpersonal, social, emotional, and moral aspects of development, focusing both on typical and atypical development. Various theoretical models will be discussed and accessed.

- Outline:
  - Human evolution
  - Genetics and epigenetics
- Prenatal development
- Neonatal development, perceptual, motor, cognitive, communicational and cultural issues
- Development of intersubjectivity, interaction, social referencing, play and humor
- Attachment
- Language development
- Development of play and imagination
- Self, gender, and identity understanding and development
- Family and social milieu
- Cognitive development, intelligence, socio-cultural scaffolding issues
- Theory of mind
- Moral reasoning
- Classic and contemporary development theories

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face-to-face, Distance learning, etc.</td>
<td>Use of ICT in teaching, communication with students</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TEACHING METHODS</th>
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</thead>
<tbody>
<tr>
<td>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</td>
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<table>
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<th>Activity</th>
<th>Semester workload</th>
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<td>Lectures</td>
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<td>Literature review</td>
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<td>Assignments</td>
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</tr>
<tr>
<td>Exercises</td>
<td>15</td>
</tr>
<tr>
<td>Total</td>
<td>125</td>
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</tbody>
</table>

STUDENT PERFORMANCE EVALUATION

- Written exams in Greek/English, short-answer questions

ATTACHED BIBLIOGRAPHY

- Suggested bibliography:

- Related academic journals:
  - Child Psychology
  - British Journal of Developmental Psychology
  - Developmental Psychology
  - European Journal of Developmental Psychology
  - Infant Behavior and Development
  - Journal of Applied Developmental Psychology
  - Journal of Child Psychology and Psychiatry and Allied Disciplines
LEARNING OUTCOMES

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

The course forms the basic course that covers concepts, theories and research findings from the discipline of Cognitive Psychology. More specifically, this course covers the cognitive processes of perception, attention, memory, reasoning, and problem solving.

Upon successful completion of the course, students will have acquired:

• basic knowledge in topics from the field of Cognitive Psychology and its relation to other fields of psychology,
• basic knowledge of understanding and critical analysis of empirical and theoretical data related to the above cognitive processes
• the ability to cooperate with their classmates in order to present a research paper in any of the above mentioned topics of Cognitive Psychology
• the ability to carry out literature review in journals and topics of Cognitive Psychology, by using the University Library as well as internet and electronic databases basic research skills
• the ability to work independently and in groups
• the ability to communicate their work to public audiences and
• knowledge acquisition skills required for continuing their studies with a high degree of autonomy

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Decision-making
Working independently
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

Project planning and management
Respect for difference and multiculturalism
Respect for the natural environment
Showing social, professional and ethical responsibility and sensitivity
to gender issues
Criticism and self-criticism
Production of free, creative and inductive thinking
Others...

Decision-making
Working independently
Team work
Criticism and self-criticism
Production of free, creative, and inductive thinking
Search for, analysis and synthesis of data and information, with the use of the necessary technology

SYLLABUS

Course content:
Cognitive Psychology
- History and Research methods of Cognitive Psychology

Perception
- Theories of perception
- Perception of depth and movement
- Perceptual constancies and perceptual illusions
- Object recognition

Attention
- Theories of attention
- Focused – divided attention
- Attention models

Memory
- Theories - memory models
- Working memory
- Semantic memory
- Explicit – implicit memory
- Forgetting theories
- Mnemonic strategies

Reasoning
- Problem solving

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Face-to face, Distance learning, etc.</th>
</tr>
</thead>
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<tr>
<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td>Support of the learning process through the electronic platform e-course</td>
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<tr>
<td></td>
<td>Power point presentation</td>
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<tr>
<td></td>
<td>Communication with students via email</td>
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</table>

<table>
<thead>
<tr>
<th>TEACHING METHODS</th>
<th>Activity</th>
<th>Semester workload</th>
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<tr>
<td>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.</td>
<td>Lectures</td>
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<td>Study and analysis of bibliography</td>
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<td></td>
<td>Writing and presentation of individual or group project</td>
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<td>Course total (25 workload hours per credit)</td>
<td>125</td>
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</table>

STUDENT PERFORMANCE EVALUATION

Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

I. Written exams (70%) that include:
- multiple choice questionnaire
- examples of applying the acquired conceptual and theoretical knowledge and skills in both everyday life and research
- comparative evaluation of theories

II. Oral presentation of projects (30%)

ATTACHED BIBLIOGRAPHY

- Suggested bibliography:

- Related academic journals:
  - Cognitive Psychology
  - Consciousness & Cognition
  - Memory & Cognition
  - Journal of Experimental Psychology: Learning, Memory & Cognition
  - Quarterly Journal of Experimental Psychology
  - Trends in Cognitive Sciences
Learning outcomes
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

In this course students will be able to:
1. understand and use various conceptualizations of the history of psychology,
2. identify and discuss major theoretical schools of psychology and of epistemology of psychology,
3. identify major social, political and economical factors that created the conditions of possibility for the emergence of scientific psychology,
4. to reflect critically and discuss scientific psychology as a social science and its role on subjectivization.

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Adapting to new situations
Decision-making
Working independently
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

Project planning and management
Respect for difference and multiculturalism
Respect for the natural environment
Showing social, professional and ethical responsibility and sensitivity
to gender issues
Criticism and self-criticism
Production of free, creative and inductive thinking

Autonomous thinking
Reflection and critical thinking
Respect for diversity and cultural issues

SYLLABUS
Outline:
- Historical development of scientific psychology during the 19th and 20th century,
- Economic, political, social and cultural conditions that formed the conditions for the evolution of scientific psychology,
- Epistemology of psychology (Positivism, hermeneutic approaches) and methodological approaches,
- Theoretic schools in psychology: functionalism, gestalt, structuralism, psychoanalysis, behaviorism, humanism, phenomenology, social constructionism,
- The social and cultural effects and applications of scientific psychology: biopolitics and subjectivization.

TEACHING and LEARNING METHODS - EVALUATION
DELIVERY
Face-to-face, Distance learning, etc.
Face to face

USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
Use of ICT in teaching, communication with students
Use of ICT in teaching, laboratory education, communication with students

**TEACHING METHODS**

The manner and methods of teaching are described in detail.
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

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<th>Activity</th>
<th>Semester workload</th>
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<td>Lectures</td>
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<td>Assignments</td>
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<td>Exercises</td>
<td>15</td>
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<td><strong>Total</strong></td>
<td><strong>125</strong></td>
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**STUDENT PERFORMANCE EVALUATION**

Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

Written exams in Greek/English, short-answer questions

**ATTACHED BIBLIOGRAPHY**

- Suggested bibliography:

- Related academic journals:
  - History of Psychology
  - History & Philosophy of Psychology
  - Philosophical Psychology
  - Theory & Psychology
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<td>if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits</td>
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<tr>
<td>WEEKLY TEACHING HOURS</td>
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Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

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| COURSE WEBSITE (URL) | http://ecourse.uoi.gr/course/view.php?id=638 |

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<th>LEARNING OUTCOMES</th>
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<th>Learning outcomes</th>
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The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

The course forms the basic course that covers the different quantitative research methods (observation, questionnaire, experiment, case studies) in the field of Psychology. In addition, it covers, in detail, the ethical standards in psychological research, and familiarizes students with rules of writing and presenting scientific research in a specialist and no specialist audience.

Upon successful completion of the course, students will have acquired:

- basic knowledge of methodological tools used in the different branches of Psychology
- basic knowledge of understanding, evaluation and critical analysis of empirical and theoretical issues from the field of Psychology and the broader field of Social Sciences
- the ability to cooperate with their classmates in order to present a research design from any field of Psychology
- the ability to carry out literature review, by using the University Library as well as internet and electronic databases
- problem solving and basic research skills
- the ability to work independently and in groups
- the ability to communicate their work to public audiences and
- knowledge acquisition skills required for continuing their studies with a high degree of autonomy

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology

- Project planning and management
- Respect for difference and multiculturalism
- Respect for the natural environment
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking
- Others...

Search for, analysis and synthesis of data and information, with the use of the necessary technology

- Decision-making
- Team work
- Working independently
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas

Search for, analysis and synthesis of data and information, with the use of the necessary technology

- Decision-making
- Working independently
- Team work
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking
- Respect for difference and multiculturalism
- Production of new research ideas
SYLLABUS
The course covers the basic quantitative research methods ways of studying human development, cognition, and behavior. The topics covered are:
- Quantitative research designs in psychology
- Ethical issues in research
- Sampling methods
- Validity and reliability
- Observation
- Questionnaires. Validity and reliability of questionnaires.
- Experiments: types of experimental designs (one-way, factorial, between-subjects, within-subjects, mixed)
- Analysis and manipulation of research data
- Writing up a scientific paper

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Face-to-face, Distance learning, etc.</th>
</tr>
</thead>
</table>
| USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY | Support of the learning process through the electronic platform e-course  
Power point presentation  
Communication with students via email |

TEACHING METHODS
The manner and methods of teaching are described in detail.
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
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<td>Lectures</td>
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<tr>
<td>Study and analysis of bibliography</td>
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<td>Writing and presentation of individual or group project</td>
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<td>Individual study time</td>
<td>26</td>
</tr>
<tr>
<td>Course total (25 workload hours per credit)</td>
<td>125</td>
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</table>

STUDENT PERFORMANCE EVALUATION
Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

I. Written exams (70%) that include:
- questions that involve describing, analysing, and producing specific research design examples
- open-ended questions
- examples of applying conceptual and theoretical knowledge and skills in both everyday life and research
- comparative evaluation of theories

II. Oral presentation of projects or written assignments (30%)

ATTACHED BIBLIOGRAPHY
- Suggested bibliography:
- Related academic journals:
  - Journal of Experimental Psychology: Learning, Memory & Cognition
  - Journal of Experimental Psychology: General
  - Quarterly Journal of Experimental Psychology
COMPULSORY COURSES: 2nd SEMESTER (Spring)

GENERAL

SCHOOL: SOCIAL SCIENCES
ACADEMIC UNIT: PSYCHOLOGY
LEVEL OF STUDIES: UNDERGRADUATE
COURSE CODE: ΨΥΥ013
SEMESTER: 2nd

COURSE TITLE: DEVELOPMENTAL PSYCHOLOGY II: CHILDHOOD AND ADOLESCENCE

INDEPENDENT TEACHING ACTIVITIES

| Lectures | 3 | 5 |

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail in (d).

COURSE TYPE

General background, special background, specialised general knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS: Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS: Yes


LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

The goal of this course is to present a comprehensive overview of contemporary developmental psychology and to familiarize the students with:

1. the history of the developmental study of children and adolescents,
2. the multiple ways of understanding development,
3. the formulation of developmental research questions and the design of methodological protocols,
4. the major issues, tasks and milestones of human development,
5. major developmental theories,
6. critical reflection and discussion of theoretical and research issues in the study of infant and early childhood development

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Adapting to new situations
Decision-making
Working independently
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

Autonomous thinking
Reflection and critical thinking
Respect for diversity and cultural issues

SYLLABUS

This course explores developmental theory and research about biological, social and psychological issues in middle childhood and adolescence. This course describes the nature and context of development, from 6 till 18 years of age, focusing on the biological, cognitive, interpersonal, social, emotional, gender and moral aspects of development, focusing both on typical and atypical development. Various theoretical models will be discussed and accessed.

Outline:

• Historical, cultural and social issues in the emergence of childhood and adolescence
• Theoretical and conceptual issues
Key Developmental Issues:

- Cognitive, affective, attentional and memory developments
- Family, siblings and peer interaction
- Schooling and educational issues
- Identity, gender and race
- Moral reasoning and development
- Cultural differences
- Puberty and romantic relations
- LGBTQI development
- Minorities issues, immigration experience, marginalization

**TEACHING and LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face-to-face, Distance learning, etc.</td>
<td>Use of ICT in teaching, communication with students</td>
</tr>
</tbody>
</table>

**TEACHING METHODS**

The manner and methods of teaching are described in detail.

Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.

The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

**STUDENT PERFORMANCE EVALUATION**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>35</td>
</tr>
<tr>
<td>Literature review</td>
<td>40</td>
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<tr>
<td>Assignments</td>
<td>35</td>
</tr>
<tr>
<td>Exercises</td>
<td>15</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>125</strong></td>
</tr>
</tbody>
</table>

Written exams in Greek/English, short-answer questions

**ATTACHED BIBLIOGRAPHY**

- **Suggested bibliography:**

- **Related academic journals:**
  - Child Psychology
  - British Journal of Developmental Psychology
  - Developmental Psychology
  - European Journal of Developmental Psychology
  - Journal of Applied Developmental Psychology
INDEPENDENT TEACHING ACTIVITIES
if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits

| Lectures | 3 | 5 |

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE
- General background
- special background, specialised general
- knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:
- Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS
- Yes

COURSE WEBSITE (URL)

(1) LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

This course offers a general introduction to the discipline of social psychology. It aims at (a) familiarising the students with landmark developments in the history of social psychology; (b) familiarising the students with the way in which social psychology defines its main and particular topics of research interests; (c) leading students to understand the more general logic that binds together these research topics as components of the same discipline; (d) leading students to understand the ways in which social psychologists, traditionally, frame their research questions; (e) leading students to understand the traditional methodological predilection of social psychologists for experimentation; and (f) familiarise, at an introductory level, the students with contemporary critical treatments of the topical and methodological choices that comprise the social psychological mainstream.

By the time that the course shall be completed, the students:
- Shall have an introductory knowledge of the historical roots of the discipline of social psychology;
- Shall be able to identify the main research topics in the discipline of social psychology;
- Shall comprehend the main developments in these research topics;
- Shall be able to recognise the social psychological way of thinking as a discrete disciplinary perspective, clearly distinctive to (generic) psychology and sociology;
- Shall comprehend the more general social importance of main social psychological findings;
- Shall be familiarised, at an introductory level, with critical, reflexive positions advanced by contemporary social psychologists regarding theoretical and methodological issues in social psychology.

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Project planning and management
- Respect for difference and multiculturalism
- Respect for the natural environment
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

SYLLABUS

The present course offers a general, historical and topical introduction to the discipline of social psychology. The
Lectures focus on six general social psychological topics of research and theorising. These lectures aim at familiarising students with traditional topics of research as well as familiarising them, at an introductory level, with the methodological and interpretative pluralism of modern social psychology.

**LECTURE TOPICS**

i. Defining social psychology. The diversity of traditions and epistemological perspectives in social psychology. Experimental social psychology and critical social psychology.

ii. Historiography of social psychology. The philosophical roots of social psychology. Psychological social psychology and sociological social psychology. Positivism. Proto-social psychologies: Volkerpsychologie and crowd psychology. Periods of development in the history of social psychology (from the late 19th C. to the present).


vi. Images of the person in social psychology: the self as a “naïve scientist”. The roots of the social cognition perspective. Attribution theories.

**TEACHING and LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>At the amphitheatre</th>
</tr>
</thead>
<tbody>
<tr>
<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td>Use of power-point</td>
</tr>
<tr>
<td>Use of e-course</td>
<td></td>
</tr>
<tr>
<td>TEACHING METHODS</td>
<td></td>
</tr>
<tr>
<td>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.</td>
<td></td>
</tr>
<tr>
<td>Activity</td>
<td>Semester workload</td>
</tr>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Practical Exercises</td>
<td>16</td>
</tr>
<tr>
<td>Study of bibliography</td>
<td>36</td>
</tr>
<tr>
<td>Independent study</td>
<td>34</td>
</tr>
<tr>
<td>Course total</td>
<td>125</td>
</tr>
</tbody>
</table>

**STUDENT PERFORMANCE EVALUATION**

Description of the evaluation procedure

Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other

Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

Written examination. Short questions and essay type of questions.

**ATTACHED BIBLIOGRAPHY**

- Suggested bibliography:

- Related academic journals:
  - British Journal of Social Psychology.
LEARNING OUTCOMES

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described. Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

This is a basic introductory course in the concepts of Statistics, Probability and Data Analysis. The course material helps students to understand the types of variables we encounter in a study, the basic tools of descriptive statistics (measures and diagrams), the concept of random experiment, probability and sampling. Also, by introducing the concepts of random variable and the distribution function, the Normal distribution, the Poisson distribution and other important distributions will be studied. Upon successful completion of the course students will be able to:

• Calculate and interpret the basic descriptive statistic measures
• Understand the concept of probability and calculate the probability of contingencies
• Comprehend the basic sampling methods
• Understand the meaning of the distribution of a random variable and calculate relative probabilities.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Project planning and management
Respect for difference and multiculturalism
Adapting to new situations
Showing social, professional and ethical responsibility and decision-making
sensitivities to gender issues
Working independently
Criticalism and self-criticism
Team work
Production of free, creative and inductive thinking
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

Others...

SYLLABUS

• Introduction to the use of statistical software (e.g., SPSS, R)
• Types of variables and measurement scales
• Descriptive Statistics: location measures or measures of central tendency, measures of variability or spread, measures of skewness, kurtosis, diagrams (histogram, boxplot, scatter plot etc)
• Probability Elements: Random Experiment, Sample Space, Contingencies, Actions Between Contingencies, Classic / Axiom Definition of Probability, Conditional Probability, Total Probability, Bayes, Stochastic Independence
• Random Variables: Definition, Function of distribution and probability / density of random variable
• Mean and variance of random variable
• Normal Distribution and other basic distributions
• Sampling: simple random sampling, stratified random sampling, systematic sampling, cluster sampling

**TEACHING and LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face-to-face, Distance learning, etc.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
</tr>
</tbody>
</table>

| Face-to-face |
| Use of .ppt slides |
| Use of teaching platform |
| Laboratory education |

<table>
<thead>
<tr>
<th>TEACHING METHODS</th>
</tr>
</thead>
<tbody>
<tr>
<td>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student’s study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</td>
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<table>
<thead>
<tr>
<th>Activity</th>
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<tbody>
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<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Laboratory practices</td>
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<tr>
<td>Study of bibliography</td>
<td>26</td>
</tr>
<tr>
<td>Independent study</td>
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<td>Course total</td>
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</table>

<table>
<thead>
<tr>
<th>STUDENT PERFORMANCE EVALUATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description of the evaluation procedure Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other Specifically-defined evaluation criteria are given, and if and where they are accessible to students.</td>
</tr>
</tbody>
</table>

| Written final examination (multiple choice questions and exercises) |

**ATTACHED BIBLIOGRAPHY**


SCHOOL | SOCIAL SCIENCES
ACADEMIC UNIT | PSYCHOLOGY
LEVEL OF STUDIES | UNDERGRADUATE
COURSE CODE | ΨΥΥ001
SEMESTER | 2nd
COURSE TITLE | SCHOOL PSYCHOLOGY

INDEPENDENT TEACHING ACTIVITIES

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc., the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
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</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>5</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE

General background, special background, specialised general knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:

GREGK

IS THE COURSE OFFERED TO ERASMUS STUDENTS

NO

COURSE WEBSITE (URL)

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

Upon successful completion and attendance of the course students are expected to:

- be able to understand the role of school psychology.
- know the institutional and legislative framework for the exercise of the duties of a school psychologist.
- understand the ways of managing school crisis.
- discuss the importance of counseling and learning support interventions.
- refer to mental health and child and adolescent care services.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology. Project planning and management. Respect for difference and multiculturalism.

Adapting to new situations. Respect for the natural environment.

Decision-making. Showing social, professional and ethical responsibility and anxiety. Sensitivity to gender issues.

Working independently: Criticism and self-criticism.

Team work: Production of free, creative and inductive thinking.

Working in an international environment: ……

Working in an interdisciplinary environment: Others…

Production of new research ideas: ……

- Individual work.
- Teamwork (students discuss in groups during the 3-hour course).
- Exercising criticism and self-criticism (in the context of discussion and related thematic issues related to students’ prior knowledge and experience).
- Decision-making (in situations presented as examples in any theoretical approach. Decision-making and presentation of intervention or behavior related to the role of the school psychologist).

SYLLABUS

The main themes of the course include:

- School Psychology: defining role and specialization.
- School psychology: education and training, institutional and legislative framework.
- Psychodiagnostic evaluation of children and adolescents.
- Counseling: process, stages and skills.
- School consultation.
- Crisis management in the school environment.
- Mental health interventions for children and adolescents.
- Learning support interventions.
- Intervention programs in the school environment.
- Mental health care services for children and adolescents.
• Linking theory, research, education and counseling at school.

### SYLLABUS

<table>
<thead>
<tr>
<th>DELIVERY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face-to-face, Distance learning, etc.</td>
</tr>
</tbody>
</table>

**USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY**

- IT in teaching (educational platform e-course, power point presentations, visuo-acoustic material).
- IT in student communication (e-mail).

**TEACHING METHODS**

The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student’s study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
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</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Study and analysis of bibliography</td>
<td>30</td>
</tr>
<tr>
<td>Writing and presentation of individual or group project</td>
<td>13</td>
</tr>
<tr>
<td>Individual study time</td>
<td>40</td>
</tr>
<tr>
<td>Examination</td>
<td>3</td>
</tr>
<tr>
<td>Course total workload</td>
<td>125</td>
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</table>

**STUDENT PERFORMANCE EVALUATION**

Description of the evaluation procedure

Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other

Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

1. Final exam (80%-100% of total score): Student evaluation via multiple choice questions.
2. Optional essay (up to 20%): Essay can be individual or team work (up to three students). The work will focus on the study and presentation of a subject from the contemporary international literature, following the course objectives. The scientific articles and book chapters the scientific text will be chosen by the student based on his / her interests and his / her subject will follow the subject of his / her course.

### ΣΥΝΙΣΤΩΜΕΝΗ ΒΙΒΛΙΟΓΡΑΦΙΑ


- Relevant Scientific Journals:
  - Journal of School Psychology
  - Journal of Applied School Psychology
  - School Psychology International
  - School Psychology Review
  - Hellenic Journal of Psychology [Psychologia]
COMPULSORY COURSES: 3RD SEMESTER (Spring)

GENERAL

<table>
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<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
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<td>PSYCHOLOGY</td>
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<td>LEVEL OF STUDIES</td>
<td>UNDERGRADUATE</td>
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<tr>
<td>COURSE CODE</td>
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<tr>
<td>COURSE TITLE</td>
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<tr>
<td>SEMESTER</td>
<td>3RD</td>
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</table>

INDEPENDENT TEACHING ACTIVITIES

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures and presentation of assignments – group discussion in the classroom (personal contribution).</td>
<td>3</td>
</tr>
</tbody>
</table>

WEEKLY TEACHING HOURS: 3
CREDITS: 5

COURSE TYPE: General Background

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS: Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS: Yes

COURSE WEBSITE (URL):

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area

Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B

• Guidelines for writing Learning Outcomes

The course is compulsory for students of the Department of Psychology and is a course that provides general knowledge in educational psychology.

The teaching material aims at introducing students to the basic thematic areas of educational psychology and at comprehension of the fundamental theoretical approaches and concepts of this field of psychology.

The course initially focuses on definition issues and the presentation of the basic contemporary perspectives of the field of educational psychology, especially in relation to teaching and learning.

The basic theories of cognitive, psychosocial and ethical development are presented. Obtaining an understanding of the process of development of the individual with an emphasis on the stages up to adolescence will provide students with a theoretical background for understanding the behaviour of school students, for adopting intervention measures and for the adaptation of teaching depending on the students’ cognitive level, as well as on the stage of psychosocial and ethical development.

In addition, the teaching material covers the issue of students with special educational needs, familiarizing students with the most common disorders (developmental disorders) and speech difficulties at school. The material provides information concerning dealing with these students and providing support. Moreover, the teaching material focuses on the presentation of the impact of individual (gender) and social factors in learning and the role of self (Harter theory).

Apart from the above, fundamental learning theories are presented, so that students acquire a general idea of the learning methods in the classroom and the acquisition of certain behaviour forms (behaviourism and social cognitive theory).

In addition, the basic principles of cognitive psychology are briefly presented, with an emphasis on constructivism and its applications in learning. Finally, students become familiar with the issue of motivation, concentrating on fundamental theories as well as the factors impacting on student motivation (e.g. stress, learned helplessness, etc.)

After completion of the course, students will:

- Have grasped the subject matter of Educational Psychology and be able to distinguish it from other branches of Psychology.
- Have understood the basic concepts and theoretical approaches in the field of educational psychology
- Be able to present, develop and identify the development stages in different theoretical approaches and to identify school students’ age making use of specific achievements and also to describe ways though which a school teacher can adapt teaching to account for the characteristics of each stage.
- Be able to identify students with special educational needs and discuss educational issues related to intervention.
- Be able to understand the significance of social variables in learning and their impact on the effectiveness of teaching, as well as student performance (on the basis of their personal experience and through the experiences of others)
- Be able to analyse and compose the elements of learning theories, constructivism, social and cognitive theory, constructivism with reference to specific examples and to discuss the relevant advantages and shortcomings, as well as ways for reinforcing specific learning types (on the basis of their personal experience and through the experiences of others).
- Be able to critically compare and contrast learning theories and the theories presented in the course and to evaluate
their contribution to learning on the basis of the total experience of the world of the student (on the basis of their personal experience and through the experiences of others).
- Be able to identify and modify the motivation theories and use them appropriately in specific cases in the framework of teaching and be able to discuss factors impacting on motivation and their significance in learning (individual and environmental factors).

**General competences**

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology

Adapting to new situations Decision-making

Working independently Team work

Working in an international environment Working in an interdisciplinary environment Production of new research ideas, Project planning and management Respect for difference and multiculturalism Respect for the natural environment Showing social, professional and ethical responsibility and sensitivity to gender issues

Criticism and self-criticism

Production of free, creative and inductive thinking

----------

- Autonomous work
- Team work (students cooperate in group activities and presentations during lectures)
- Criticism and self-criticism (on the basis of discussions and issues related to their knowledge and experiences, but also in relation to scientific texts they have studied. Also, students are asked to reflect on their behaviour and attitude in the framework of theories that relate to past and contemporary situations and attitudes)
- Decision making (in the framework of cases presented as case studies/examples in each theoretical approach. Decision and presentation as regards intervention or behaviour regarding the teacher as a whole)
- Production of free, creative and inductive thinking- argumentation (through the development of thinking paths that link theories to real world experiences)

**COURSE CONTENT**

The course is designed around the following thematical units:

- Definition and content of educational Psychology
- Cognitive development
- Psychosocial and ethical development
- Gender and cultural dimensions in learning
- Students with special educational needs
- Learning theories and practical applications (Behaviourism, social cognitive learning, behavioural theories and teaching)
- Motivation and learning

**TEACHING METHODS - ASSESSMENT**

**DELIVERY**

Face-to-face, Distance learning, etc.

**USE OF ICT**

Use of ICT in teaching, laboratory education, communication with students

**TEACHING METHODS**

The manner and methods of teaching are described in detail.

Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.

The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

**STUDENT PERFORMANCE EVALUATION**

Description of the evaluation procedure

Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short- answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other.

Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

Student evaluation is based on:

1. Final written examination, 80%-100% of the total marks. Students who write an assignment are awarded 20% of the total grade. The final written examination covers the whole teaching material (student assessment comprises multiple choice questions and questions requiring a short answer)
2. Optional written assignment (up to 20% of the total grade). The assignment may be individual or group (up to three students). It involves the study and presentation of a scientific article or book chapter from the contemporary bibliography. The students choose the scientific text, on the basis of their interests and the subject has to be related to those covered in the course.

**SUGGESTED BIBLIOGRAPHY**


Λογισμικό Γνωστικής Αποκατάστασης: 
GENERAL

SCHOOL: SOCIAL SCIENCES
ACADEMIC UNIT: PSYCHOLOGY
LEVEL OF STUDIES: UNDERGRADUATE
COURSE CODE: ΨΥΥ016  SEMESTER: 3rd
COURSE TITLE: SOCIAL PSYCHOLOGY II

INDEPENDENT TEACHING ACTIVITIES

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>3</td>
</tr>
<tr>
<td>5</td>
<td></td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE

General background,
special background, specialised general knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:

IS THE COURSE OFFERED TO ERASMUS STUDENTS

COURSE WEBSITE (URL)

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

This course offers an advanced introduction to the discipline of social psychology. Its aim is twofold: On the one hand, to increase “quantitatively” the introductory knowledge of the students in the discipline of social psychology; on the other hand, it aims at familiarizing the students with more recent developments in this discipline in terms of epistemological differentiations, theoretical criticism and empirical / analytic documentation. By the time that the course shall be completed, the students:

- Shall be able to acknowledge the conceptual, epistemological limits of the ‘traditional’ thematic areas and approaches in social psychology;
- Shall have an introductory knowledge of alternative approaches in the discipline of social psychology;
- Shall be able to identify theoretical and methodological problems in forming research questions that presuppose, unproblematically, intra-individual, psychological entities.
- Shall be able to articulate basic research questions within the conceptual frame of social constructionism.
- Shall be able to propose, basic, research designs in this direction.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Adapting to new situations
Decision-making
Working independently
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

- Project planning and management
- Respect for difference and multiculturalism
- Sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

SYLLABUS

The present course concludes the general, introductory familiarization of the students with the discipline of social psychology. The lectures focus on four general social psychological topics of research and theorising.

LECTURE TOPICS

vii. The diversity in social psychology: the concept of “approaches”. The four main approaches in contemporary social psychology: (a) social cognition; (b) social identity; (c) social representations; (d) discursive psychology.
viii. Social perception: (a) from a social cognition perspective; (b) from a social identity perspective; (c) from a social representations perspective; (d) from a discursive psychology perspective.

ix. Attitudes: (a) from a social cognition perspective; (b) from a social identity perspective; (c) from a social representations perspective; (d) from a discursive psychology perspective.

x. Self and identity: (a) from a social cognition perspective; (b) from a social identity perspective; (c) from a social representations perspective; (d) from a discursive psychology perspective.

**TEACHING and LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>At the amphitheatre</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</strong></td>
<td>Use of power-point</td>
</tr>
<tr>
<td></td>
<td>Use of e-course</td>
</tr>
</tbody>
</table>

**TEACHING METHODS**

The manner and methods of teaching are described in detail.

Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.

The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Practical Exercises</td>
<td>16</td>
</tr>
<tr>
<td>Study of bibliography</td>
<td>36</td>
</tr>
<tr>
<td>Independent study</td>
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</tr>
<tr>
<td><strong>Course total</strong></td>
<td><strong>125</strong></td>
</tr>
</tbody>
</table>

**STUDENT PERFORMANCE EVALUATION**

Description of the evaluation procedure

Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other

Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

Written examination. Short questions and essay type of questions.

**ATTACHED BIBLIOGRAPHY** - Suggested bibliography:


- British Journal of Social Psychology
- Discourse and Society
- European Journal of Social Psychology
- Theory and Psychology
COMPULSORY COURSES: 4TH SEMESTER (Winter)

GENERAL

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>PSYCHOLOGY</td>
</tr>
<tr>
<td>LEVEL OF STUDIES</td>
<td>UNDERGRADUATE</td>
</tr>
<tr>
<td>COURSE CODE</td>
<td>ΨΥΥ017</td>
</tr>
<tr>
<td>SEMESTER</td>
<td>4th</td>
</tr>
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</table>

INDEPENDENT TEACHING ACTIVITIES

<table>
<thead>
<tr>
<th>Activity Description</th>
<th>Weekly Teaching Hours</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures and oral presentation assignments</td>
<td>3</td>
<td>5</td>
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</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE

<table>
<thead>
<tr>
<th>Type</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Special background</td>
<td>general background, special background, specialised general knowledge, skills development</td>
</tr>
</tbody>
</table>

PREREQUISITE COURSES:

GENERAL SCHOOL SOCIAL SCIENCES

LANGUAGE OF INSTRUCTION and EXAMINATIONS:

| Greek (English is used for instruction and examination for Erasmus students) |

IS THE COURSE OFFERED TO ERASMUS STUDENTS

Yes

COURSE WEBSITE (URL)


LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

The course forms a basic course that covers concepts, theories, and research findings from the discipline of Cognitive Psychology. More specifically, this course covers the cognitive processes of implicit (unconscious) learning, concept acquisition-categorization, language production and understanding, judgment and decision making.

Upon successful completion of the course, students will have acquired:

- basic knowledge in topics from the field of Cognitive Psychology and its relation to other fields of psychology,
- basic knowledge of understanding and critical analysis of empirical and theoretical data related to the above cognitive processes
- the ability to cooperate with their classmates in order to present a research paper in any of the above mentioned topics of Cognitive Psychology
- the ability to carry out literature review in journals and topics of Cognitive Psychology, by using the University Library as well as internet and electronic databases problem solving and basic research skills
- the ability to work independently and in groups
- the ability to communicate their work to public audiences and
- knowledge acquisition skills required for continuing their studies with a high degree of autonomy

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology

Project planning and management

Respect for difference and multiculturalism

Respect for the natural environment

Adapting to new situations

Showing social, professional and ethical responsibility and sensitivity to gender issues

Decision-making

Criticism and self-criticism

Working independently

Production of free, creative and inductive thinking

Team work

Others...

Working in an international environment

Production of new research ideas

Decision-making

Working independently

Team work

Cultural competence

Showing social, professional, and ethical responsibility and sensitivity to gender issues

Production of free, creative, and inductive thinking

Search for, analysis and synthesis of data and information, with the use of the necessary technology
The course of Cognitive Psychology II covers the following topics:

**Implicit learning – Unconscious learning**
- Conceptual definition
- Measurement of implicit learning
- Implicit learning experimental tasks
- Representation of implicit knowledge
- Properties of implicit learning-distinguishing implicit from explicit learning

**Concept acquisition-categorization**
- Theories of concept acquisition-Evaluation of theories

**Language**
- Language development – Theories of language development
- Relationship of language and thought

**Judgement and Decision making**

### Teaching and Learning Methods - Evaluation

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Face-to-face, Distance learning, etc.</th>
</tr>
</thead>
</table>

**USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY**
Use of ICT in teaching, laboratory education, communication with students

**TEACHING METHODS**
The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
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</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Study and analysis of bibliography</td>
<td>26</td>
</tr>
<tr>
<td>Writing and presentation of individual project</td>
<td>30</td>
</tr>
<tr>
<td>Individual study time</td>
<td>30</td>
</tr>
<tr>
<td>Course total (25 workload hours per credit)</td>
<td>125</td>
</tr>
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</table>

**STUDENT PERFORMANCE EVALUATION**

Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

I. Written exams (70%) that include:
- multiple choice questionnaire
- examples of applying the acquired conceptual and theoretical knowledge and skills in both everyday life and research
- comparative evaluation of theories

II. Oral presentation of projects (30%)

### Attached Bibliography

- Suggested bibliography:
  - Πόθος Ε., & Οικονόμου Η. (2010). Θέματα Γνωσιακής Ψυχολογίας. Αθήνα, Gutenberg.

- Related academic journals:
  - Cognitive Psychology
  - Consciousness & Cognition
  - Journal of Experimental Psychology: Learning, Memory & Cognition
  - Memory & Cognition
  - Quarterly Journal of Experimental Psychology
  - Trends In Cognitive Sciences
GENERAL

<table>
<thead>
<tr>
<th>SCHOOL</th>
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</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>PSYCHOLOGY</td>
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<td>LEVEL OF STUDIES</td>
<td>UNDERGRADUATE</td>
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<td>COURSE CODE</td>
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</tr>
<tr>
<td>SEMESTER</td>
<td>4TH</td>
</tr>
</tbody>
</table>

INDEPENDENT TEACHING ACTIVITIES

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>GROUP ORAL PRESENTATIONS</td>
<td>1 POINTS</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE

| general background, special background, specialised general knowledge, skills development |

PREREQUISITAE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:

IS THE COURSE OFFERED TO ERASMUS STUDENTS

COURSE WEBSITE (URL)

LEARNING OUTCOMES

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

The field of Neuropsychology belongs in Biopsychology and focuses on the study of cognitive functions in people with neurological disorders, such as neurodegenerative diseases, strokes, multiple sclerosis, epilepsy, and Parkinson's disease. In this context, an important goal of the course of Introduction in Neuropsychology is the presentation of the nervous system's anatomy, the basic neuropathology and neuropsychological profile of the aforementioned diseases, basic methods of rehabilitation, as well as the neurobiological basis of cognition. The course will focus on ways in which Neuropsychology detects cognitive impairment in people who have been diagnosed with the aforementioned neurological diseases or are in the process of differential diagnosis, and also provide patients' case studies that are indicative of each neurological disease. Particular emphasis will be given on the psychologist's role in rehabilitation centers, day care centers, and hospitals (memory clinics, regular outpatient neurological and psychiatric clinics).

After course's completion students will have been taught the following modules:

✓ The basic knowledge of nervous system's anatomy
✓ Cognitive functions and basic theoretical models that explain patients' deficits in the context of neurological diseases
✓ Neurobiological background of cognitive functions
✓ Neuropsychological profile that characterizes the basic neurological diseases
✓ Case studies, indicative of patients with neurological diseases (namely neurodegenerative diseases, strokes, multiple sclerosis, epilepsy, Parkinson's disease and traumatic brain injuries)
✓ Basic principles of cognitive rehabilitation and cognitive training, and preparation of therapeutic protocols implemented in neurological patients

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Adapting to new situations
Decision-making
Working independently
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

Project planning and management
Respect for difference and multiculturalism
Showing social, professional and ethical responsibility and sensitivity to gender issues
Criticism and self-criticism
Production of free, creative and inductive thinking
Others...

The current course aims at providing basic theoretical knowledge about Neuropsychology, insert new pathways in this scientific field and identify the role of a neuropsychologist in Greek clinical care settings and research centers.

SYLLABUS

Table 1 presents courses' topics per week. Each weekly session will consist 1) a 2-hour theoretical lecture and 2) a
laboratory session where case studies about psychological and neuropsychological assessment in adulthood will be presented.

Week  Topics
1th  Introduction to Neuropsychology: History, Assessment Methods
2nd  Brain: Basic neuroanatomy (basic terms of neuroanatomy, neurotransmitters, brain functional organization)
3rd  Cognitive functions I: perception, memory, attention
4th  Cognitive functions II: language, executive functions, visual-spatial abilities
5th  Neurobiological basis of cognitive functions
6th  Introduction to neurological diseases (dementia, stroke, multiple sclerosis, epilepsy, Parkinson's disease, traumatic brain injury)
7th  Movement disorders-Speech disorders-Agnosias
8th  Cognitive deficits in dementia and strokes
9th  Cognitive deficits in multiple sclerosis and epilepsy
10th Cognitive deficits in Parkinson's disease and traumatic brain injury
11th  Presentation of the basic neuropsychological assessment tools in common neurological diseases
12th  Theories of cognitive rehabilitation plan formation
13th  The role of neuropsychologist in the rehabilitation team which belong in neurological settings

**TEACHING and LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Face-to-face, Distance learning, etc.</th>
</tr>
</thead>
<tbody>
<tr>
<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
</tr>
<tr>
<td>The course includes lectures that will be displayed through PowerPoint, case studies, video use as well as the use of the Kahoot application (online quiz presentation, online selection of the answer that is considered correct, presentation of the selected answers in the form of diagrams and presentation of the correct answer) in order to increase the active participation of students in lectures.</td>
<td></td>
</tr>
</tbody>
</table>

**TEACHING METHODS**

The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>3</td>
</tr>
<tr>
<td>Students’ oral presentations</td>
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</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Course total</td>
<td></td>
</tr>
</tbody>
</table>

**STUDENT PERFORMANCE EVALUATION**

Students will be assessed through a written multiple-choice exam. The written exam will include 20 multiple choice questions (4 answers, one of them correct), whereas each question is graded with 5 points. During the workshop there will be a group work (presentation of a published paper from the Greek or English language literature). The assignment (consisting of 2 or 3 people) is optional and will receive +1 grade which will be added to the final grade of the written exam. Each assignment will include a PowerPoint presentation which includes 12-15 slides lasting 20-minutes duration.

**ATTACHED BIBLIOGRAPHY**

### General

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>SOCIAL SCIENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>PSYCHOLOGY</td>
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<tr>
<td>LEVEL OF STUDIES</td>
<td>UNDERGRADUATE</td>
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<td>COURSE CODE</td>
<td>ΨΥΥ004</td>
</tr>
<tr>
<td>SEMESTER</td>
<td>5th</td>
</tr>
</tbody>
</table>

### COMPULSORY COURSES: 4TH SEMESTER (Spring)

#### Independent Teaching Activities
- **COURSE TITLE**: THEORIES OF PERSONALITY
- **WEEKLY TEACHING HOURS**: 3
- **CREDITS**: 5

| LECTURES AND ASSIGNMENTS | 3 | 5 |

#### Course Title

**Theories of Personality**

- **Course Code**: ΨΥΥ004
- **Semester**: 5th
- **School**: Social Science
- **Academic Unit**: Psychology
- **Level of Studies**: Undergraduate

#### Course Type

- **General Knowledge**

#### Language of Instruction and Examinations

- **Language of Instruction and Examinations**: Greek

#### Prerequisite Courses

#### Course Website (URL)

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### Learning Outcomes

#### Learning Outcomes

The course learning outcomes, specific knowledge, skills and competencies of an appropriate level, which the students will acquire with the successful completion of the course, are described.

Consult Appendix A

- **Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area**
- **Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B**
- **Guidelines for writing Learning Outcomes**

Upon successful completion of the course, students are expected to:

- Understand personality through the prism of the main theories in psychology.
- Recognize the role of genetic, social and cultural factors in the formation and development of personality.
- Interpret individual differences in thought, emotion, motivation and behaviour.
- To know the applications of personality theories in personality assessment and clinical practice.

### General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis data and information with the use of necessary technologies, autonomous work, group work, promotion of free, creative and inductive thinking, the practice of critical thinking and self-criticism, respect for diversity and multiculturalism, demonstration of social, professional and moral responsibility and gender sensitivity.

### Syllabus

The course aims to introduce the study of personality. In particular, the classical and modern theories for the formation and development of personality are presented, which interpret the individual differences in thought, emotion, motivation and behaviour. In addition, the applications of the main theories in personality assessment and clinical practice are examined. The main topics of the course include:

- **Introduction to the study of personality: Theoretical concepts and historical context.**
- **Personality theories**: Psychoanalytic and psychodynamic, phenomenological, characteristic theories, behavioural, cognitive and sociocognitive approaches.
- **Research methodology and evaluation tools for the study of personality.**
- **Genetic, social and cultural factors in the formation and development of personality.**
- **Personality, physical and mental health.**

### Teaching and Learning Methods - Evaluation
DELIVERY
Face-to-face, Distance learning, etc.

IN-PERSON

USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
Use of ICT in teaching, laboratory education, communication with students
Use power-point for teaching.
Use the video for teaching.
Use of the Ecourse to provide educational material to students

TEACHING METHODS
The manner and methods of teaching are described in detail.
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student’s study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance of lectures</td>
<td>39</td>
</tr>
<tr>
<td>Study and analysis of books and articles</td>
<td>26</td>
</tr>
<tr>
<td>Writing and Presenting an assignment</td>
<td>20</td>
</tr>
<tr>
<td>Personal Study</td>
<td>40</td>
</tr>
<tr>
<td>Course total</td>
<td>125</td>
</tr>
</tbody>
</table>

STUDENT PERFORMANCE EVALUATION
Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

Evaluation Methods:
1. Final Written exam (70%) (Multiple choice test, short development questions using examples of application of concepts and theories)
2. Preparation and Oral Presentation of Optional Assignment (30%)

ATTACHED BIBLIOGRAPHY
Bibliography

Journals
1. Personality and Individual Differences
2. Journal of Personality and Social Psychology
3. Individual Differences
4. Journal of Personality Assessment
LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described. Consult Appendix A:

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

This course is an introductory course in the concepts of Inferential Statistics and Data Analysis. The course material will help students to comprehend the basic techniques of inferential statistics, the concept of hypothesis testing and parameter estimation. The theory of confidence intervals will be studied, the basic criteria for hypothesis testing for the mean and the variance of random variables. Also, the concept of linear correlation coefficient, the techniques of regression analysis and analysis of variance, and the contingency table analysis will be studied. Upon successful completion of the course students are expected to be able to:

- Comprehend the utility of the inferential statistics methods
- Perform hypothesis tests for the mean and the variance of random variables
- Perform hypothesis tests regarding the dependence between two distinct random variables
- Perform data analysis using linear regression and analysis of variance.

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Project planning and management
- Respect for difference and multiculturalism
- Respect for the natural environment
- Adapting to new situations
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Decision-making
- Sensitivity to gender issues
- Critical thinking and self-criticism
- Team work
- Production of free, creative and inductive thinking
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas
- Others...

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Decision-making
- Working independently
- Team work

SYLLABUS

- Introduction to the use of statistical software (e.g., SPSS, R)
- Basic concepts of inferential statistics.
- Point estimate of the mean and the variance
- Confidence intervals: known / unknown distribution, with known / unknown dispersion
- Hypothesis testing, level of statistical significance, critical value.
- Compare means of one population: 3 cases.
- Compare means of two populations: independent samples, dependent samples.
• Chi square, contingency tables
• The concept of correlation. Calculation of correlation coefficients.
• Regression analysis (simple linear regression).
• One-way Analysis of Variance (ANOVA).

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Face-to-face, Distance learning, etc.</th>
</tr>
</thead>
<tbody>
<tr>
<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td></td>
</tr>
<tr>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
<td></td>
</tr>
<tr>
<td>DELIVERY</td>
<td>Use of .ppt slides</td>
</tr>
<tr>
<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td>Use of teaching platform</td>
</tr>
<tr>
<td>Laboratory education</td>
<td></td>
</tr>
</tbody>
</table>

TEACHING METHODS

The manner and methods of teaching are described in detail.
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Laboratory practices</td>
<td>26</td>
</tr>
<tr>
<td>Study of bibliography</td>
<td>26</td>
</tr>
<tr>
<td>Independent study</td>
<td>39</td>
</tr>
<tr>
<td>Course total</td>
<td>130</td>
</tr>
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</table>

STUDENT PERFORMANCE EVALUATION

Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

Written final examination (multiple choice questions and exercises)

ATTACHED BIBLIOGRAPHY

COMPULSORY COURSES: 6TH SEMESTER (Spring)

GENERAL

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>PSYCHOLOGY</td>
</tr>
<tr>
<td>LEVEL OF STUDIES</td>
<td>UNDERGRADUATE</td>
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<td>COURSE CODE</td>
<td>ΨΥΥ005</td>
</tr>
<tr>
<td>SEMESTER</td>
<td>6th</td>
</tr>
</tbody>
</table>

INDEPENDENT TEACHING ACTIVITIES

If credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>5</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE

General background, special background, specialised general knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:

Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS

Yes

COURSE WEBSITE (URL)

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

This course offers a general introduction to the discipline of political psychology. It aims at (a) familiarising the students with landmark developments in the history of political psychology; (b) familiarising the students with the way in which political psychology defines its main and particular topics of research interests; (c) leading students to understand the more general logic that binds together these research topics as components of the same discipline; (d) leading students to understand the ways in which political psychologists, traditionally, frame their research questions; (e) leading students to understand the methodological options available to political psychologists for answering these questions; and (f) familiarise the students, at an introductory level, with contemporary critical treatments of the topical and methodological choices that comprise the mainstream in the discipline of political psychology.

By the time that the course shall be completed, the students:

- Shall have an introductory knowledge of the historical roots of the discipline of political psychology.
- Shall be able to identify the main research topics in the discipline of political psychology.
- Shall comprehend the main developments in these research topics.
- Shall be able to recognise the political psychology way of thinking as a discrete disciplinary perspective, clearly distinctive to (generic) psychology and political science.
- Shall comprehend the more general social importance of main political psychology findings.
- Shall be familiarised, at an introductory level, with critical, reflexive positions advanced by contemporary political psychologists regarding theoretical and methodological issues in political psychology.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology

- Project planning and management
- Respect for difference and multiculturalism
- Respect for the natural environment
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

- Working independently
- Respect for difference and multiculturalism
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

Production of new research ideas

- Working in an international environment
- Production of free, creative and inductive thinking

Others...
SYLLABUS
The present course offers a general introduction to the discipline of political psychology. In its context, political psychology is defined vis-à-vis related sub-disciplines of psychology and disciplines beyond psychology and are discussed nodal points of theory and research.

LECTURE TOPICS
xi. The foundations of political psychology
xii. The history of political psychology
xiii. Situational explanations of political action / behaviour and decision making in groups
xiv. Individualistic explanations of political action / behaviour: personality, beliefs, cognitive processes
xv. Emotion, affect, politics and biopolitics
xvi. Electoral behaviour
xvii. Collective movements
xviii. The psychology of political communication, mass media and political rhetoric
xix. Political psychology, nation-state, nationalism

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>At the amphitheatre</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</th>
<th>Use of power-point</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
<td>Use of e-course</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TEACHING METHODS</th>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</td>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td></td>
<td>Practical Exercises</td>
<td>16</td>
</tr>
<tr>
<td></td>
<td>Study of bibliography</td>
<td>36</td>
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<td></td>
<td>Independent study</td>
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<tr>
<td></td>
<td>Course total</td>
<td>125</td>
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</table>

<table>
<thead>
<tr>
<th>STUDENT PERFORMANCE EVALUATION</th>
<th>Written examination. Short questions and essay type of questions.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description of the evaluation procedure</td>
<td>Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other Specifically-defined evaluation criteria are given, and if and where they are accessible to students.</td>
</tr>
</tbody>
</table>

ATTACHED BIBLIOGRAPHY
- Suggested bibliography:
- Related academic journals:
  • Journal of Social and Political Psychology
  • Political Psychology
COMPULSORY ELECTIVE COURSES – Winter semester

GENERAL

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>SCHOOL OF SOCIAL SCIENCES</th>
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</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>DEPARTMENT OF PSYCHOLOGY</td>
</tr>
<tr>
<td>LEVEL OF STUDIES</td>
<td>UNDERGRADUATE</td>
</tr>
<tr>
<td>COURSE CODE</td>
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<tr>
<td>SEMESTER</td>
<td>3rd-5th-7th</td>
</tr>
</tbody>
</table>

COURSE TITLE: SPORT AND EXERCISE PSYCHOLOGY

INDEPENDENT TEACHING ACTIVITIES

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>LECTURES, ESSAYS</td>
<td>3</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE

| Special background |

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:

IS THE COURSE OFFERED TO ERASMUS STUDENTS: No

COURSE WEBSITE (URL):

http://ecourse.uoi.gr

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

Sport and Exercise Psychology focuses on the study of people and their behaviors in the context of sport and exercise, as well as on the practical application of this knowledge. The course content aims to introduce students to the basic topics of Sport and Exercise Psychology and to understand the basic theoretical approaches and concepts of this field of psychology.

Initially the course presents an introduction to the field of sports psychology, history, directions, future orientation as well as the role of the sports psychologist. Basic theories about personality and sport, motivation within sport as well as stress and coping in sports are presented. Psychological theories - socio-cognitive theory, stages of change model, health belief model, the role of attitudes, self-determination theory are also presented, together with theoretical concepts that contribute to the choice of individuals to engage in exercise and physical activity, to control athletic behavior, and to maximize athletic effort.

Upon completion of the course the students will be able to:

- Describe the basic concepts of Sport and Exercise Psychology.
- Know how psychological factors affect peoples' performance in sports and exercise.
- Discuss how sport and exercise participation affects one's psychological health and well-being.
- Referring to basic theoretical approaches, theoretical models as well as psychological factors / mechanisms that influence peoples' choice for engaging in exercise and physical activity.
- Can apply psychological techniques to enhance athletic performance.

General Capabilities

Taking into account the general competencies that the graduate must have acquired (as listed in the Diploma Supplement and listed below) in which of them is the course intended?

<table>
<thead>
<tr>
<th>Search, analyze and synthesize data and information, using the necessary technologies</th>
<th>Project design and management</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adapt to new situations</td>
<td>Demonstration of social, professional and moral responsibility and gender sensitivity</td>
</tr>
<tr>
<td>Autonomous work</td>
<td>Exercise of criticism and self-criticism</td>
</tr>
<tr>
<td>Teamwork</td>
<td>Promote free, creative and inductive thinking</td>
</tr>
<tr>
<td>Work in an international environment</td>
<td>Other ...</td>
</tr>
<tr>
<td>Working in an interdisciplinary environment</td>
<td>Other ...</td>
</tr>
</tbody>
</table>

Autonomous work, teamwork (students in groups undertake to study and discuss on scientific texts from the field of sport and exercise psychology), criticism (students critically approach groups of scientific articles from the field of sport and exercise psychology), promoting free, creative and inductive thinking.

SYLLABUS

The main themes of the course include:
• Sport psychology — history, future directions — the role of the sport psychologist.
• Personality and sport
• Applying the theory of motivation to sport.
• Sports and exercise-stress and anxiety
• Introduction of psychological skills - stimulation regulation, mental imagination, self-confidence, purposefulness, concentration.
• Exercise and psychological well-being.
• Exercise, self-esteem and body image (self-esteem, body image, body image and social influences, body image and mental health).
• Children and sports psychology.
• Aggression in sport.

**TEACHING AND LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY METHOD</th>
<th>Face-to-face teaching</th>
</tr>
</thead>
</table>
| USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES | • Use of ICT in teaching (e-course educational platform, power point presentations, audiovisual material).  
• Use of ICT in Student Communication (e-mail). |

**TEACHING ORGANIZATION**

Describe in detail the way and methods of teaching. Lectures, Seminars, Laboratory Exercise, Field Exercise, Study & Analysis of Bibliography, Tutorial, Practice (Placement), Clinical Exercise, Art Workshop, Interactive Teaching, Educational Visits, Project Work, It; / RTI & gt; 

The student’s study hours for each learning activity and the hours of non-guided study according to the ECTS principles

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester Workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Study and analysis of bibliography</td>
<td>23</td>
</tr>
<tr>
<td>Writing and presenting individual or group work</td>
<td>20</td>
</tr>
<tr>
<td>Self-study</td>
<td>40</td>
</tr>
<tr>
<td>Examination</td>
<td>3</td>
</tr>
<tr>
<td>Total Course</td>
<td>125</td>
</tr>
</tbody>
</table>

**EVALUATION OF STUDENTS**

Description of the evaluation process

Assessment Language, Assessment Methods, Formulation or Conclusion, Multiple Choice Test, Short Response Questions, Test Questions, Problem Solving, Written Work, Reporting / Reporting, Oral Examination, Public Presentation, Laboratory Work, Clinical Patient Examination, Artistic Interpretation, Other

Certainly identified evaluation criteria are stated and if and where they are accessible by the students.

Evaluation methods:
1. Final Written Examination (80%-100%): At the end of the course, examinations will be given on the whole subject of the lesson (Multiple Choice Test, Short Growth Questions Using Examples of Concepts and Theories)
2. Preparation and Oral Presentation of Optional Work (20%): The work can be individual or group (up to two students). The work will concern the study and presentation of a foreign language article, which will be chosen by the student, based on his / her interests and according to the themes presented during the course.

**SUGGESTED BIBLIOGRAPHY**

- Suggested Bibliography:

- Relevant scientific journals:
  - Journal of Sport and Exercise Psychology
  - Sport Psychologist
  - Journal of Applied Sport Psychology
  - International Journal of Sport and Exercise Psychology
LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

Among a wide range of topics, the field of Neuropsychology focuses on nervous system development at both prenatal and perinatal level, while focusing on the plasticity of the developing brain, and cerebral asymmetry. In this context, an important goal of this course is to focus on brain development at prenata l level, as well as early stages of infants’ development. In parallel, important factors that play an important role on this process will be also mentioned. In addition, the development of cognitive functions, social behaviour, and emotional functionality will be analysed.

After course’s completion students will have been taught the following modules:
✓ Factors which affect brain function, as well as those which promote neuroplasticity and neural regeneration after brain damage
✓ Basic knowledge about central nervous system and neurons’ function- neurotransmitters and their role in human behaviour
✓ Basic theories about cognitive functions: memory, attention, language, perception and visuospatial ability
✓ Development of emotions and social behaviour
✓ Basic neurological disorders and neuropsychological deficits in childhood and adolescence
✓ Principles of neuropsychological assessment in childhood and adolescence

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?
Search for, analysis and synthesis of data and information, with the use of the necessary technology
Adapting to new situations
Decision-making
Working independently
Team work
Working in an international environment
Production of new research ideas
✓ Project planning and management
✓ Respect for difference and multiculturalism
✓ Respect for the natural environment
✓ Showing social, professional and ethical responsibility and sensitivity to gender issues
✓ Criticism and self-criticism
✓ Production of free, creative and inductive thinking
✓ Others…

The current course aims at providing basic theoretical knowledge through the use of clinical paradigms, case studies and practical hands-on training with students during lectures.

SYLLABUS

Table 1 presents courses’ topics per week. Each weekly session will consist 1) a 2-hour theoretical lecture and 2) a laboratory session where case studies about neurodevelopmental disorders in childhood and adolescence will be presented.

Week  Topics
1st  Introduction in Neuropsychology: Historic background, Research methods
2nd  Brain: basic structure of the nervous system-neurons’ function-the role of neurotransmitters
3rd  Prenatal and postnatal brain development: factors which affect brain development-neuroplasticity mechanisms
4th  Brain asymmetry- brain’s functional organization
5th  Cognitive functions: Memory, Attention, Language, Executive functions, Visuospatial function
6th  Bilingualism and its role in brain re-organization
7th  Emotional function and social behaviour: their role in childhood and adolescence
8th  Neuroaesthetics: a new approach in brain’s development
9th  Introduction in Child’s Neuropsychology
10th Neuropsychological disorders in childhood and adolescence I
11th Neuropsychological disorders in childhood and adolescence II
12th Basic neuropsychological assessment in children and adolescents
13th Basic principles of early intervention in neurodevelopmental disorders

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Face-to-face, Distance learning, etc.</th>
</tr>
</thead>
<tbody>
<tr>
<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
</tr>
</tbody>
</table>
| TEACHING METHODS | The manner and methods of teaching are described in detail.
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS |
| STUDENT PERFORMANCE EVALUATION | Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students. |

Students will be assessed through a written multiple-choice exam. The written exam will include 20 multiple choice questions (4 answers, one of them correct), whereas each question is graded with 5 points. During the workshop there will be a group work (presentation of a published paper from the Greek or English language literature). The assignment (consisting of 2 or 3 people) is optional and will receive +1 grade which will be added to the final grade of the written exam. Each assignment will include a PowerPoint presentation which includes 12-15 slides lasting 20-minutes duration.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>3</td>
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<tr>
<td>Students’ oral presentations</td>
<td>1</td>
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<tr>
<td>Course total</td>
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</tr>
</tbody>
</table>

ATTACHED BIBLIOGRAPHY

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

After the end of the courses students will have acquired knowledge and understanding of the following:

➢ the basic physiology and anatomy of the nerve cell,
➢ the way in which the brain is organized anatomically and functionally,
➢ the stages of brain development from embryonic to adult life,
➢ the biological substrate of common mental functions
➢ the role of biological risk factors for the development of mental disorders,
➢ the relationship of brain function to other systems
➢ the basic techniques of imaging brain function and their usefulness in diagnostic practice and research,
➢ the neurobiological background of common mental disorders (Schizophrenia, Emotional disorders, Obsessive Compulsive Disorder, Post Traumatic Stress, Dementia - Organic Psycho-syndrome, Addiction),
➢ the operation of the basic categories of psychiatric drugs and non-pharmaceutical biological treatments
➢ the biological substrate of psychotherapy.

Also after the end of the courses the students should have developed the following skills:

➢ be able to read and understand new research data on brain function
➢ be able to explain to non-specialists the function of the brain, the neurobiology of mental functions and mental disorders and the role of biological agents of human behavior and psychopathology
➢ to recognize the usefulness and applications of the basic imaging methods of brain function and to assess which patients need further biological investigation of the brain function
➢ to be able to interpret the symptoms of common mental disorders based on their underlying neurobiological substrate and assess which patients are likely to be benefited by the application of biologic therapy
➢ to be able to explain to the non-specialist the effects of the most common psychiatric drugs and to evaluate the presence of possible side effects of pharmacotherapy.

Finally, students after the end of the courses should have adopted a documented critical attitude towards biological component of human behavior and psychopathology through the biopsychosocial model.

Specifically, the understanding of mental functions changes as biological phenomenon due to biopsychosocial parameters will contribute to the formation of an attitude that on the one hand will reward /not stigmatize the psychopathology of the mental ill people, however at the same time will recognize the possibility of modifying the brain biological function through the change of the behavior and systemic discussion (psychotherapy).

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Adapting to new situations
Decision-making

Project planning and management
Respect for difference and multiculturalism
Respect for the natural environment
Showing social, professional and ethical responsibility and sensitivity to gender issues
Working independently
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

- Investigate, analyze and synthesize data and information related to brain function and human behavior - psychopathology in order to acquire greater autonomy in their work as psychologists and to create innovative research ideas.
- Decision making and interdisciplinary collaboration with other specialists, as psychiatrists, neurobiologists, etc.
- Autonomous work
- Demonstration of social, professional and moral responsibility and sensitivity
- Express of criticism and self-criticism
- Promotion of free, creative and inductive thinking

SYLLABUS

- What is biopsychology. Historical background of the theories for the relationship between the biological and the psychological substrate of human behavior.
- Brain and evolution of the species. Brain development and the role of environmental factors.
- Brain interaction with the environment.
- Biological substrate of brain functions
  - Sensory functions, movement
  - Regulation of basic functions of the organization
  - Speech
  - Memory - learning
  - Judgment / Mind
  - Feelings
- The relationship of the brain with the other systems of the human body - the role of the brain in survival
- The neurobiological background of common mental disorders
- Introduction to the mechanism of the main biological therapies of mental disorders
- Methods of recording brain function

TEACHING and LEARNING METHODS - EVALUATION

DELIVERY
Face-to-face, Distance learning, etc.

USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
Use of ICT in teaching, laboratory education, communication with students

TEACHING METHODS
The manner and methods of teaching are described in detail.
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

STUDENT PERFORMANCE EVALUATION
Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

ATTACHED BIBLIOGRAPHY
GENERAL

SCHOOL: SOCIAL SCIENCES
ACADEMIC UNIT: PSYCHOLOGY
LEVEL OF STUDIES: UNDERGRADUATE
COURSE CODE: ΨΥΕ052
SEMESTER: 3rd, 5th, 7th

COURSE TITLE: INTERCULTURAL COMMUNICATION

INDEPENDENT TEACHING ACTIVITIES

If credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>3</td>
</tr>
<tr>
<td>Add rows if necessary.</td>
<td></td>
</tr>
</tbody>
</table>

The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE: Special background

PREREQUISITE COURSES: No

LANGUAGE OF INSTRUCTION and EXAMINATIONS: Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS: Yes

COURSE WEBSITE (URL): ecourse

LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

The aim of the course is that students should be able to understand that contemporary societies include different cultures and social groups which coexist sharing cultural differences and elements of diversity that affect the communication process; on the other hand, students should manage to develop the necessary attitudes, skills and knowledge that contribute to intercultural competence in everyday professional practice. Upon completion of the course students will be able to:

a) understand the fundamental concepts and principles of communication between people of different social and cultural backgrounds,
b) distinguish social, cultural and historical characteristics of cultures and cultural subgroups around the world,
c) analyze and compare the communicative behavior (verbal and non-verbal) of different cultural groups
d) identify cultural values and sociocultural diversity of structures and of identities as tools to improve intercultural communication
e) cultivate strategies to break down stereotypes and invest in cultural diversity,
f) interact in a professional and social environment building intercultural understanding of the traditions, customs, behaviors, laws and practices, beliefs that designate each culture in order to adapt across cultures
g) develop intercultural skills in order to manage challenges and conflicts while communicating with people from other cultures (migrants, immigrants, refugees) and to practice self-criticism in the way they see themselves and others
h) apply knowledge and skills for a responsible, effective and ethical communication adapted to diverse cultural backgrounds

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Adapting to new situations
- Decision-making
- Working independently
- Team work
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas
- Respect for difference and multiculturalism
- Project planning and management
- Respect for the natural environment
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking
- Others...

...
Showing social, professional and ethical responsibility and sensitivity to gender issues
Criticism and self-criticism
Production of free, creative and inductive thinking

SYLLABUS

1) Communicating in a culturally diverse society. Definition of terms and concepts related to interculturalism, intercultural competence, intercultural understanding and intercultural communication. Multiculturalism, Globalization, mass migration.
2) The multifaceted nature of communication. Components and characteristics of communication, Communication models.
4) Cultural and value orientations. Stereotypes, prejudice, racism.
5) Verbal communication and culture.
6) Non-verbal communication and culture.
7) Migration, cultural diversity and intercultural adaptation.
8) Translation and interpreting. Questions of interlinguistic and intercultural mediation between foreigners.
9) Intercultural relations. Mental health and mental vulnerability in culturally diverse communities.
10) Management of intercultural contradictions and conflicts.
11) Digital age, information and cultural change.
12) Strategies for developing intercultural competence.
13) Case studies.

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</th>
<th>TEACHING METHODS</th>
<th>STUDENT PERFORMANCE EVALUATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>In Classroom</td>
<td>Use of slides, audiovisual material. Support of the learning process through electronic e-class platform Email Course Website</td>
<td>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.. The student’s study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</td>
<td>Description of the evaluation procedure Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other Specifically-defined evaluation criteria are given, and if and where they are accessible to students.</td>
</tr>
<tr>
<td>Face-to-face, Distance learning, etc.</td>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
<td>Activity</td>
<td>Semester workload</td>
</tr>
<tr>
<td>Lectures</td>
<td>39</td>
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<tr>
<td>Team/Individual assignments</td>
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<td>Study and analysis of bibliography</td>
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<tr>
<td>Personal Study</td>
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<tr>
<td>Exams</td>
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<td></td>
</tr>
<tr>
<td>Course total</td>
<td>125</td>
<td></td>
<td></td>
</tr>
<tr>
<td>I. Final Examination (60%) consisting of:</td>
<td>- Multiple choice questions - Short-answer questions - Open-ended questions - Essay / problem solving questions</td>
<td></td>
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</tr>
<tr>
<td>II. Presentation of Group / Personal project (40%) Specifically-defined evaluation criteria are given, and they are accessible to students in ecourse</td>
<td></td>
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<td></td>
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</table>

ATTACHED BIBLIOGRAPHY

- Suggested bibliography:


- Related academic journals:
  International Journal of Intercultural Relations
  Journal of Intercultural Communication Research
## GENERAL

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>PSYCHOLOGY</td>
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<tr>
<td>LEVEL OF STUDIES</td>
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<tr>
<td>SEMESTER</td>
<td>3rd, 5th, 7th</td>
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</table>

### COURSE TITLE
DEVELOPMENTAL PSYCHOPATHOLOGY

### INDEPENDENT TEACHING ACTIVITIES

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>LECTURES</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>4</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

### COURSE TYPE
General background, special background, specialised general knowledge, skills development

### PREREQUISITE COURSES:

<table>
<thead>
<tr>
<th>LANGUAGE OF INSTRUCTION and EXAMINATIONS:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Greek</td>
</tr>
</tbody>
</table>

IS THE COURSE OFFERED TO ERASMUS STUDENTS
YES (with independent study and handing in of essay written in English)

### COURSE WEBSITE (URL)

## LEARNING OUTCOMES

### Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A:
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

The course, Developmental Psychopathology II, focuses on the study of traditional and contemporary theories regarding behavioral and emotional disorders during the development period from infancy to the adolescence. The course emphasizes the examination of systems of relationships and interactions. The aim of this course is to familiarize students with the basic principles and concepts concerning the causal approaches and to present the major conditions of developmental psychopathology in addition to their presentation.

After the completion of the course, students have knowledge of several parameters:

1. In theory:
   - the clinical picture, diagnostic criteria, basic etio-pathological theories, prognosis, available therapeutic approaches, and the most important mental health problems encountered in childhood and adolescence
   - the procedures and methods (tools) of psychopathology examinations during the developmental period
   - the continuity of child and adult psychopathology into adulthood

2. In practice:
   - be able to perform a basic mental function examination in a child /adolescent
   - to differentiate between different psychopathological conditions during the developmental period
   - to propose a treatment plan in special psychopathological conditions during the developmental period
   - to educate parents and teachers on the nature of basic psychopathological syndromes during the development period
   - 3. have developed an attitude that will help the destigmatization of the child or adolescent with developmental disorders and exoneration of his environment

### General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Adapting to new situations
- Decision-making
- Working independently
- Team work
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas
- Project planning and management
- Respect for difference and multiculturalism
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking
- Others...

- Search, analyze, and synthesize data and information with the use of suitable technology
- Teamwork
- Sensitivity to diversity and gender issues
- Respect for difference and multiculturalism
Production of new research ideas

SYLLABUS

- Introduction to Developmental Psychopathology
- Risk factors/etio-pathological model of developmental disorders (biological, environmental, epigenetics)
- Continuity of child and adolescent psychopathology into adulthood
- Presentation (Diagnostic criteria–differential diagnosis, etiological approaches, comorbidity, prognosis –interventions) of the following conditions of developmental psychopathology:
  - Bonding Disorders
  - Autism Spectrum Disorders (ASD)
  - Attention Deficit Hyperactivity Disorder (ADHD)
  - Oppositional Defiant Disorder (ODD)
  - Conduct Disorder
  - Mood Disorders in Children and Adolescents
  - Anxiety Disorders
  - Obsessive Compulsive Disorder (OCD)
  - Childhood and Adolescent Schizophrenia
  - Food Disorders
  - Gaming Disorder

TEACHING and LEARNING METHODS - EVALUATION

DELIVERY
Face-to-face, Distance learning, etc.

USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
Use of ICT in teaching
Presentation of case studies and discussion with students
View videos on assessment methods for children during different developmental periods
Learning process will be supported through the electronic platform of the UoI (e-class/e-course).
Face-to-face communication with students can be arranged by appointment, and/or students can be communicating with the lecturer via e-mail.

TEACHING METHODS
The manner and methods of teaching are described in detail.
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

STUDENT PERFORMANCE EVALUATION

Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students

ATTACHED BIBLIOGRAPHY

- Suggested bibliography:
2. Related Academic Journals

- Development and Psychopathology
- Brain Sciences
- Children
- International Journal of Developmental Disabilities
- Child Care in Practice
**GENERAL**

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
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<tr>
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<td>PSYCHOLOGY</td>
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<td>SEMESTER</td>
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| COURSE TITLE | LABORATORY OF QUALITATIVE RESEARCH AND DATA ANALYSIS |

| INDEPENDENT TEACHING ACTIVITIES | | |
|----------------------------------|-------------------|
| if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits |

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
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<td>Lectures</td>
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Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

<table>
<thead>
<tr>
<th>COURSE TYPE</th>
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<td></td>
<td>Skills development</td>
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<table>
<thead>
<tr>
<th>PREREQUISITE COURSES:</th>
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<table>
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<tr>
<th>LANGUAGE OF INSTRUCTION and EXAMINATIONS:</th>
<th>Greek</th>
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</thead>
</table>

<table>
<thead>
<tr>
<th>IS THE COURSE OFFERED TO ERASMUS STUDENTS</th>
<th>Yes</th>
</tr>
</thead>
</table>

| COURSE WEBSITE (URL) | |

**LEARNING OUTCOMES**

**Learning outcomes**
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

*Consult Appendix A*
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

This laboratory course offers the students the opportunity of furthering knowledge and practical exercising in qualitative methods of research and analysis in psychology. At a broader level, it aims at: (a) familiarising the students with the distinctive epistemological assumptions underlying qualitative research in social sciences, in general, and in psychology in particular; (b) acquiring skills in producing qualitative data, such as in conducting interviews, focus groups and eliciting narratives; (c) familiarising the students, at a practical level, with the different methods of analysing qualitative data in psychological research; (d) practical training of the students in the skills of writing a qualitative research report in psychology.

By the time that the course shall be completed, the students:
- Shall have an operational understanding of the epistemological positions informing the qualitative research methods in psychology.
- Shall have exposed to adequate training in formulating relevant research questions.
- Shall have been trained in designing a qualitative research in psychology.
- Shall have acquired practical skills in producing qualitative research data (interviews, narratives, visual material).
- Shall have acquired practical skills in analysing qualitative data through the use of different analytic approaches deployed in research in psychology.
- Shall have acquired skills in writing a scientific report of a qualitative research in psychology.

**General Competences**

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

**Search for, analysis and synthesis of data and information, with the use of the necessary technology**
- Project planning and management
- Respect for difference and multiculturalism
- Respect for the natural environment
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

**Adapting to new situations**
- Working independently
- Criticism and self-criticism
- Production of free, creative and inductive thinking
- Production of new research ideas
- Production of new research ideas
- Adapting to new situations
- Decision-making
- Teamwork
- Project planning and management
SYLLABUS

This laboratory course aims at developing the students' skills in using, theorising, in producing and analysing qualitative data in psychology. Specifically, during the course, the students shall form working groups, comprising 4-7 persons, and shall conduct a small-scale qualitative research through interviews.

LECTURE AND WORKSHOP TOPICS

xx. Introduction to the aims, the demands and the content of the course.
xxi. Methods of producing qualitative data:
  - Introduction to the production of qualitative data.
  - Interviews as a tool of producing qualitative data in psychology.
  - Focus groups as a tool in producing research data in psychology.
xxii. Thematic Analysis:
  - Introduction to the method of thematic analysis
  - Epistemology, theory and applications
xxiii. Interpretative Phenomenological Analysis
  - Introduction of Phenomenology / Hermeneutics
  - Theory and key scholars
xxiv. Biographical and Narrative Analysis: Main themes
  - Introduction to these methods
  - Theoretical and epistemological differences
  - Interview methods
  - Contributions to psychology
xxv. Grounded Theory
  - Introduction and theoretical background
  - Method of analysis
  - A step-by-step guide to the analysis
xxvi. Ethnographic Research – Participatory Action Research
  - Introduction – theoretical issues
  - Data collection
  - Data presentation
xxvii. Multimodal methods of research: Key issues
  - Introduction to the concept of multimodal research and of integrating approaches to data production
  - Theoretical and epistemological differences
  - Novel methods in producing data
  - Applications to psychological research
xxviii. Workshop exercises
xxix. Unfolding analyses
xxx. Closing: Discussing research projects

TEACHING and LEARNING METHODS - EVALUATION

DELIVERY

Face-to-face, Distance learning, etc.

USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY

Use of ICT in teaching, laboratory education, communication with students

At the classroom / laboratory

USE OF POWER POINT

Use of power-point

of PC

Use of e-course

TEACHING METHODS

The manner and methods of teaching are described in detail:

Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.

The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
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<tr>
<td>Lectures</td>
<td>13</td>
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<tr>
<td>Workshops</td>
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</tr>
<tr>
<td>Practical exercises</td>
<td>26</td>
</tr>
<tr>
<td>Project</td>
<td>31</td>
</tr>
<tr>
<td>Study of bibliography and course material</td>
<td>24</td>
</tr>
<tr>
<td>Course total</td>
<td>120</td>
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</table>

STUDENT PERFORMANCE EVALUATION

Description of the evaluation procedure

Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other

Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

- Group project (60% of the total mark): conducting a qualitative research, deploying methods presented in the course
- Written examination (40% of the total mark)

ATTACHED BIBLIOGRAPHY

- Suggested bibliography:
• Τσιώλης, Γ. (2014). Μέθοδοι και Τεχνικές Ανάλυσης στην Ποιοτική Έρευνα. Αθήνα: Κριτική.
• Ίσαρη, Φ. & Πουρκός, Μ.Α. (2016). Ποιοτική Μεθοδολογία Έρευνας. Εφαρμογές στην Ψυχολογία και στην Εκπαίδευση. Αθήνα: Ελληνικά Ακαδημαϊκά Ηλεκτρονικά Συγγράμματα & Βοηθήματα.

- Related academic journals:
  • Qualitative Research in Psychology
  • Qualitative Psychology
  • International Journal of Qualitative Methods
  • Forum Qualitative Social Research
  • The Qualitative Report
**GENERAL**

<table>
<thead>
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<th>SCHOOL OF SOCIAL SCIENCES</th>
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<tr>
<td>ACADEMIC UNIT</td>
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<td>COURSE TITLE</td>
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**INDEPENDENT TEACHING ACTIVITIES**
if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
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</tr>
<tr>
<td></td>
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</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

**COURSE TYPE**

- general background,
- special background, specialised general knowledge, skills development

**Special background**

**PREREQUISITE COURSES:**

**LANGUAGE OF INSTRUCTION and EXAMINATIONS:** Greek

**IS THE COURSE OFFERED TO ERASMUS STUDENTS** No

**COURSE WEBSITE (URL)** http://ecourse.uoi.gr

**LEARNING OUTCOMES**

**Learning outcomes**
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

The purpose of the course is to familiarize students with specific subjects of psychology that are of greater practical value for the school context. Initially the course introduces the student to the concept of anger, which is one of the most common emotions and is considered inextricably intertwined with human nature. Subsequently the course focuses with the concept of aggression, the understanding of which has become an ever-growing field of interest. The term aggression and its dimensions, forms, types and functions are described, as well as its interpretations, based on current theoretical models. What follows is the phenomenon of school bullying. Current research and coping policies in EU member states are discussed, and up-to-date research data on both bullying in Greek schools and cyber-bullying are presented. Subsequent to the course, topics related to classroom management, including response to behavioral and disciplinary problems, as well as preventive planning for acceptable social behavior of students are presented. The course also addresses issues of diversity at school, in terms of culture, class, gender, and discusses their impact on student behavior and performance.

Upon completion of the course the students will be able to:
- Be aware of existing theoretical approaches of anger, aggression and bullying in the school context, the consequences of these behaviors, and practices to deal with them effectively.
- Analyze how pupils ‘differences due to social class, gender and / or cultural background can influence pupils’ behavior and performance.
- Evaluate relationships within the classroom based on cultural context, social class, and gender.
- Recognize methods that contribute to productive classroom control and management, as well as to social interaction and teacher-student and student-student relationships.

**General Capabilities**
Taking into account the general competencies that the graduate must have acquired (as listed in the Diploma Supplement and listed below) in which of them is the course intended?

- Search, analyze and synthesize data and information, using the necessary technologies
- Adapt to new situations
- Decision making
- Autonomous work
- Teamwork
- Work in an international environment
- Working in an interdisciplinary environment
- Producing new research ideas

Autonomous work, team work (students in groups undertake to study and discuss on scientific texts from the fields of the course), criticism (students critically approach groups of scientific articles from all fields of the course), promoting free, creative and inductive thinking.
SYLLABUS
The main themes of the course include:
• Anger, aggression, school bullying
• Classroom management - developing an effective learning environment.
• Diversity in learning, individual needs of students.

TEACHING AND LEARNING METHODS - EVALUATION

| DELIVERY METHOD | Face-to-face, Distance Learning, etc. |
| USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES | Face-to-face teaching (e-course educational platform, power point presentations, audiovisual material). |
| | Use of ICT in Student Communication (e-mail). |

TEACHING ORGANIZATION
Describe in detail the way and methods of teaching.
- Lectures, Seminars, Laboratory Exercise, Field Exercise, Study & Analysis of Bibliography, Tutorial, Practice (Placement), Clinical Exercise, Art Workshop, Interactive Teaching, Educational Visits, Project Work, It; / RTI & gt;
- The student's study hours for each learning activity and the hours of non-guided study according to the ECTS principles.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester Workload</th>
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<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Study and analysis of bibliography</td>
<td>23</td>
</tr>
<tr>
<td>Writing and presenting individual or group work</td>
<td>20</td>
</tr>
<tr>
<td>Self-study</td>
<td>40</td>
</tr>
<tr>
<td>Examination</td>
<td>3</td>
</tr>
<tr>
<td>Total Course</td>
<td>125</td>
</tr>
</tbody>
</table>

EVALUATION OF STUDENTS
Description of the evaluation process
- Assessment Language, Assessment Methods, Formulation or Conclusion, Multiple Choice Test, Short Response Questions, Test Questions, Problem Solving, Written Work, Reporting / Reporting, Oral Examination, Public Presentation, Laboratory Work, Clinical Patient Examination, Artistic Interpretation, Other
- Evaluation methods:
  1. Final Written Examination (80%-100%): At the end of the course, examinations will be given on the whole subject of the lesson (Multiple Choice Test, Short Growth Questions Using Examples of Concepts and Theories)
  2. Preparation and Oral Presentation of Optional Work (20%): The work can be individual or group (up to two students). The work will concern the study and presentation of a foreign language article, which will be chosen by the student, based on his / her interests and according to the themes presented during the course.

SUGGESTED BIBLIOGRAPHY
- Σuggested Bibliography:

- Relevant scientific journals:
  • Educational Psychology
  • School Psychology review
  • British Journal of Educational Psychology
  • Journal of Adolescence
  • Επετηρίδα της Ψυχολογικής Εταιρείας Βορείου Ελλάδος
  • Ψυχολογία (Το περιοδικό της Ελληνικής Ψυχολογικής Εταιρείας)
**GENERAL**

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<thead>
<tr>
<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>PSYCHOLOGY</td>
</tr>
<tr>
<td>LEVEL OF STUDIES</td>
<td>UNDERGRADUATE</td>
</tr>
<tr>
<td>COURSE CODE</td>
<td>ΨΥΕ040</td>
</tr>
<tr>
<td>SEMESTER</td>
<td>3rd, 5th, 7th</td>
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</tbody>
</table>

**INDEPENDENT TEACHING ACTIVITIES**

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>LECTURES AND ASSIGNMENTS</th>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

**COURSE TYPE**

- SPECIAL BACKGROUND
  - general background,
  - special background, specialised general knowledge, skills development

**PREREQUISITE COURSES:**

**LANGUAGE OF INSTRUCTION and EXAMINATIONS:**

- GREEK

**IS THE COURSE OFFERED TO ERASMUS STUDENTS**

- No

**COURSE WEBSITE (URL)**

- [http://ecourse.uoi.gr](http://ecourse.uoi.gr)

**LEARNING OUTCOMES**

*Learning outcomes*

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

*Consult Appendix A*

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

Positive Psychology comprises a new and developing field of psychology. Positive psychology examines and investigates concepts such as positive thinking, positive attitudes and approaches, positive emotions, psychological resilience, the sense of subjective happiness and wellbeing, life satisfaction, hope and optimism. The goal of this course is to introduce to the students the basic principles, theory and methodology of positive psychology and to present various research findings in the specific subject matter of positive psychology. After the successful class attendance and completion of this course, students will be able to:

- Understand the basic concepts of positive psychology
- Discuss about the roles of positive emotions, thoughts, cognitions and attitudes in education, learning, occupational burn-out and mental health.
- Acknowledge the scientific approach adopted in the field of positive psychology
- recognize the role and importance of positive psychological interventions

**General Competences**

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Adapting to new situations
- Decision-making
- Working independently
- Team work
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas

Independent assignment, group assignment (students in teams study scientific papers and articles from the field of positive psychology and discuss about them), practicing critical analysis (students in teams critically approach and discuss scientific papers in the field of positive psychology), production of new research ideas.

**SYLLABUS**

The basic thematic content of the course includes:

- Introduction to positive psychology
- The philosophical and historical roots of Positive Psychology
- Basic concepts of Positive Psychology (happiness, hope, optimism, psychological flow, psychological resilience etc.)
- Positive emotions
- Applications of positive psychology
- Positive psychology in education: Positive psychological interventions in schools
- Positive Psychology in organizations: Organizational Positive Psychology: Positive emotions in work.
**TEACHING and LEARNING METHODS - EVALUATION**

**DELIVERY**
- Face-to-face, Distance learning, etc.

**USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY**
- Use of ICT in teaching, laboratory education, communication with students
  - Use of Information Communication Technology in education (educational platform e-course, power-point presentations, audiovisual material)
  - Use of ICT in communicating with students (e-mail)

**TEACHING METHODS**
The manner and methods of teaching are described in detail.
- Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
- The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Study and analysis of positive psychology</td>
<td>23</td>
</tr>
<tr>
<td>Study and write-up of independent or team</td>
<td>20</td>
</tr>
<tr>
<td>Independent study</td>
<td>35</td>
</tr>
<tr>
<td>Final Exam</td>
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</tr>
<tr>
<td>Course total</td>
<td>120</td>
</tr>
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</table>

**STUDENT PERFORMANCE EVALUATION**
Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

Methods of Assessment:
1. Final written exam (80%-100%): In the end of this course, the final administered exam will cover the total amount of taught material (multiple choice test, questions demanding brief elaborations and use of examples covering concepts and theories)
2. Completion of optional assignment (up to 20%): Assignment can be independent (single student) or team (up to two students). The assignment will contain the study and presentation of an English scientific article, chosen by the student herself/himself depending on her/his interests and in accordance to the thematic content covered during the course.
Criteria of assessment can be found in the “e-course web-page”.

**ATTACHED BIBLIOGRAPHY**
- Suggested Bibliography:
**GENERAL**

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>PSYCHOLOGY</td>
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<tr>
<td>LEVEL OF STUDIES</td>
<td>UNDERGRADUATE</td>
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<td>COURSE CODE</td>
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</tr>
<tr>
<td>SEMESTER</td>
<td>3rd, 5th, 7th</td>
</tr>
</tbody>
</table>

**INDEPENDENT TEACHING ACTIVITIES**

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>LECTURES AND ASSIGNMENTS</th>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**COURSE TITLE**

COMMUNITY CLINICAL PSYCHOLOGY

**INDEPENDENT TEACHING ACTIVITIES**

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>LECTURES AND ASSIGNMENTS</th>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**COURSE TYPE**

SPECIAL BACKGROUND

**PREREQUISITE COURSES:**

**LANGUAGE OF INSTRUCTION and EXAMINATIONS:**

GREEK

**IS THE COURSE OFFERED TO ERASMUS STUDENTS:**

YES

**COURSE WEBSITE (URL):**

---

**LEARNING OUTCOMES**

**Learning outcomes**

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

With the successful completion of the course:

1. Students will acknowledge the history of community clinical psychology
2. The basic theoretical and methodological approaches of community clinical psychology
3. Students will acquire a critical understanding of the “community” and its’ role in mental health wellbeing and in the treatment of psychological and social problems.
4. Students will understand the basic principles and practices of community work and of the design, organization and assessment of community mental health prevention services.

**General Competences**

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and Project planning and management
- Technology
- Decision-making
- Working independently
- Team work
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas

**Independent Assignment**

- Application of critical and self-critical thinking skills
- Respecting cultural differences and multiculturalism
- Promotion of free, creative and inductive thinking

**SYLLABUS**

The goal of the current course is on the introduction of basic principles and practices of the field of community clinical psychology, acquainting students with the basic theoretical and methodological approaches of community clinical psychology and in the critical application of community clinical psychology in managing social issues, mental-health matters and in the improvement of the quality of life of persons and communities:

- History, theories and methods of community clinical psychology
- An understanding of the “community” and its’ role in the quality of life and mental health
- An understanding of power social relations, social relations of suppression and marginalization
- Understanding the role of the Psychologist as a professional and the approach of participatory action research
- Basic principles and practices of community work and design, of the organization and assessment of community work and of the organization and assessment of community services and treatment of mental health matters.
**TEACHING and LEARNING METHODS - EVALUATION**

**DELIVERY**

<table>
<thead>
<tr>
<th>Method</th>
<th>Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face-to-face, Distance learning, etc.</td>
<td>Use of power-point in teaching Use of “e-course” for supplying educational material to students</td>
</tr>
</tbody>
</table>

**USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY**

<table>
<thead>
<tr>
<th>Technology</th>
<th>Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
<td>Use of power-point in teaching Use of “e-course” for supplying educational material to students</td>
</tr>
</tbody>
</table>

**TEACHING METHODS**

The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Study and analysis of literature</td>
<td>55</td>
</tr>
<tr>
<td>Study and write-up of assignment</td>
<td>11</td>
</tr>
<tr>
<td>Practical exercises</td>
<td>15</td>
</tr>
<tr>
<td><strong>Course total</strong></td>
<td><strong>120</strong></td>
</tr>
</tbody>
</table>

**STUDENT PERFORMANCE EVALUATION**

Description of the evaluation procedure

Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, etc. Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

Final written exam that includes:

- Questions of written elaboration
- Questions of comparison
- Questions of critical assessment

**ATTACHED BIBLIOGRAPHY**

- Suggested Bibliography:

Journals:

- American Journal of Community Psychology
- Australian Community Psychologist
GENERAL

SCHOOL | SOCIAL SCIENCES
---|---
ACADEMIC UNIT | PSYCHOLOGY
LEVEL OF STUDIES | UNDERGRADUATE
COURSE CODE | ΨΥΕ018
SEMESTER | 3o, 5o, 7o

COURSE TITLE | DISCOURSE-ANALYTIC SOCIAL PSYCHOLOGY

INDEPENDENT TEACHING ACTIVITIES
if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>3</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE
- Specialised general knowledge

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:
- Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS:
- Yes

COURSE WEBSITE (URL):

LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

This course aims at familiarising students with important theoretical and empirical perspectives that have developed within social psychology and which are often referred to as ‘the discursive turn in social psychology’. The familiarisation of the students with these perspectives, by default, encourages students to think critically about the traditional theories of social psychology and psychology in general. By the time the course shall be completed, the students:
- Shall have grasped the theoretical dimensions of the taught approaches.
- Shall have comprehended the theoretical and analytic differences between these approaches.
- Shall be in a position to form tentative social psychological research question articulated within the frame of reference of these theoretical / methodological approaches.
- Shall have acquired some initial, basic skills in discourse analysis through different perspectives.

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Project planning and management
- Respect for difference and multiculturalism
- Respect for the natural environment
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

- Team work
- Production of new research ideas
- Others...

SYLLABUS

In this course the following theoretical approaches are presented and discussed in detail:
- Speech Act Theory
- Ethnomethodology and Membership Categorisation Analysis
- Conversation Analysis
- Discourse Analysis in Social Psychology (the Potter and Wetherell approach)
- Discursive psychology
- Rhetorical psychology and Ideological Dilemmas
- Critical Discursive Social Psychology
### DELIVERY

<table>
<thead>
<tr>
<th>Method</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face-to-face, Distance learning, etc.</td>
<td>At a classroom</td>
</tr>
</tbody>
</table>

### USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY

Use of ICT in teaching, laboratory education, communication with students

Use of power-point

Use of e-course

### TEACHING METHODS

The manner and methods of teaching are described in detail.

Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.

The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

### Activity | Semester workload
---|---
Lectures | 39
Study of bibliography | 13
Practical exercises | 13
Independent study | 29
Essay writing | 26
Course total | 120

### STUDENT PERFORMANCE EVALUATION

Description of the evaluation procedure

Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, etc.

Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

- Written examination: Short questions, essay type of questions, empirical analysis questions. (60% of the total mark)
- Essay / Report (40% of the total mark)

### ATTACHED BIBLIOGRAPHY

- Suggested bibliography:
  1. Οστιν, Τζ.Λ. (2003) «Διάλεξη Πρώτη: Επιτελεστικές και Διαπιστωτικές Εκφορές». Στο «Πώς Να Κάνουμε Πράγματα Με Τις Λέξεις».
  3. Harold Garfinkel: Τι είναι η εθνομεθοδολογία; Στο Κ.Θ. Καλφόπουλος (Επιμ.) «Η Ποιοτική παράδοση στις κοινωνικές επιστήμες»
  5. Harold Garfinkel: Τι είναι η εθνομεθοδολογία; Στο Κ.Θ. Καλφόπουλος (Επιμ.) «Η Ποιοτική παράδοση στις κοινωνικές επιστήμες»
  9. Νίκος Μποζατζής «Λογοψυχολογία και ψυχικές καταστάσεις». Στο Μποζατζής, Ν. & Δραγώνα, Θ. (Επιμ.): «Κοινωνική Ψυχολογία: Η στροφή στον λόγο».
  10. «Από τις αναπαραστάσεις στα ρεπερτόρια» (Κεφ. 7 ) Στο Ποτέρ, J. & Δραγώνα, Θ.: «Κοινωνική Ψυχολογία» (σελ. 235-244).
- Critical Discourse Studies
- Discourse and Society
- Qualitative Research in Psychology
- Research on Language and Social Interaction
LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

This course offers a general introduction to the qualitative methods of research and data analysis in psychology. It aims (a) at familiarising the students with the distinctive epistemological assumptions underlying qualitative research in social sciences, in general, and in psychology in particular; (b) at familiarising the students with the ways in which research questions are formulated in qualitative research in psychology; (c) at familiarising students with the ‘technology’ of the diverse qualitative methods of collecting data in psychology; (d) at the theoretical familiarisation of the students with the different methods of analysing qualitative data in psychological research.

By the time that the course shall be completed, the students:
- Shall have an adequate knowledge of the epistemological positions informing the qualitative research methods in psychology.
- Shall have adequate skills in formulating research questions for qualitative research in psychology.
- Shall have an introductory, theoretical, understanding of the methodological ‘tool-kits’ of the distinctive qualitative methods of research in psychology.
- Shall have acquired introductory skills in understanding and analysing qualitative data by means of the different analytic approaches used in psychology.

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Adapting to new situations
Decision-making
Working independently
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

- Project planning and management
- Respect for difference and multiculturalism
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking
- Others...

SYLLABUS
The present course aims at an introductory familiarisation of the students with the theoretical background, the design and the main analytic logics underpinning the qualitative methods of research in psychology.

LECTURE TOPICS
The epistemological foundations of the qualitative methods of research in psychology: (a) realism; (b) phenomenology; (c) social constructionism; and (d) methodological pluralism.

Designing qualitative research in psychology: Main principles, ethics, reflexivity, formulating research questions.

Collecting qualitative data in psychology: Interviews, participant observation, Diaries, Focus Groups.

Content Analysis

Thematic Analysis

Grounded Theory

Interpretative phenomenological analysis

Narrative analysis

TEACHING and LEARNING METHODS - EVALUATION

DELIVERY
Face-to-face, Distance learning, etc.

USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
Use of ICT in teaching, laboratory education, communication with students

TEACHING METHODS
The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

STUDENT PERFORMANCE EVALUATION
Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

ATTACHED BIBLIOGRAPHY
- Suggested bibliography:
  • Ιωσηφίδης, Θ. & Σπυριδάκης, Μ. (Επιμ.). Ποιοτική Κοινωνική Έρευνα: Μεθοδολογικές προσεγγίσεις και ανάλυση δεδομένων. Αθήνα: Κριτική.
  • Τσιώλης, Γ. (2014). Μέθοδοι και Τεχνικές Ανάλυσης στην Ποιοτική Έρευνα. Αθήνα: Κριτική.

- Related academic journals:
  • Qualitative Research in Psychology
This course offers to the students a comprehensive overview of Organisational Psychology. Its broader aims include: (a) familiarising the students with landmark developments in the history of organisational psychology; (b) familiarising the students with the way in which organisational psychology defines its main and particular topics of research interests; (c) leading students to understand the more general logic that binds together these research topics as components of the same discipline; (d) leading students to understand the ways in which social psychologists, traditionally, frame their research questions; (e) leading students to understand the basic methodological choices available to organisational psychologists for addressing these questions; (f) familiarise, at an introductory level, the students with contemporary critical treatments of the topical and methodological choices that comprise the organisational psychology mainstream; (g) familiarise, at an introductory level, the students, with environments and organisational processes through case studies. Upon the completion of the course the students:

- Shall have an introductory knowledge of the historical roots of the discipline of organisational psychology.
- Shall be able to identify the main research topics in the discipline of organisational psychology.
- Shall comprehend the more general social and political importance of main organisational psychological findings.
- Shall be familiarised, at an introductory level, with critical, reflexive positions advanced by contemporary organisational psychologists regarding theoretical and methodological issues in organisational psychology.

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Working independently
- Respect for difference and multiculturalism
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Respect for the natural environment
- Criticism and self-criticism
- Production of free, creative and inductive thinking

SYLLABUS
LECTURE TOPICS
- Theory in organisational psychology: A historical perspective
- The concepts of “structure” and “culture” of organisation’s as nodal points in theory and empirical research within organisational psychology.
- Types of leadership, types of consensus and productivity of organisations.
- Processes of change and resistance to change within organisations: Theory and research.
- Issues of justice, participation and socio-political context of organisations.
- Case studies.

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face-to-face, Distance learning, etc.</td>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td></td>
<td>Practical Exercises</td>
<td>16</td>
</tr>
<tr>
<td></td>
<td>Study of bibliography</td>
<td>36</td>
</tr>
<tr>
<td></td>
<td>Independent study</td>
<td>34</td>
</tr>
<tr>
<td></td>
<td>Course total</td>
<td>125</td>
</tr>
</tbody>
</table>

USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
- Use of power-point
- Use of e-course

TEACHING METHODS
The manner and methods of teaching are described in detail.
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

STUDENT PERFORMANCE EVALUATION
Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.
Written examination. Short questions and essay type of questions.

ATTACHED BIBLIOGRAPHY
- Suggested bibliography:
- Related academic journals:
  - European Journal of Work & Organizational Psychology
GENERAL

<table>
<thead>
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<th>SCHOOL</th>
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<tr>
<td>COURSE CODE</td>
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<td>SEMESTER</td>
<td>3rd, 5th, 7th</td>
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<table>
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<tr>
<th>COURSE TITLE</th>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADVANCED METHODS OF QUANTITATIVE DATA ANALYSIS</td>
<td>Lectures</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Laboratory practices</td>
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<table>
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<tr>
<th>INDEPENDENT TEACHING ACTIVITIES</th>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
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<tbody>
<tr>
<td>if credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits</td>
<td>Lectures</td>
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Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

<table>
<thead>
<tr>
<th>COURSE TYPE</th>
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<tbody>
<tr>
<td>general background, special background, specialised general knowledge, skills development</td>
<td>Specialised general knowledge</td>
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<table>
<thead>
<tr>
<th>PREREQUISITE COURSES:</th>
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<table>
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<tr>
<th>LANGUAGE OF INSTRUCTION and EXAMINATIONS:</th>
<th>Greek</th>
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</table>

IS THE COURSE OFFERED TO ERASMUS STUDENTS

COURSE WEBSITE (URL)

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described. Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

In this course students are expected to become familiar with the use of statistical methods and packages, that are useful in psychometrics and in the analysis of data that are derived from the field of social sciences.

Upon successful completion of the course, students will be able to:

- Use statistical software such as SPSS and R
- Perform statistical analysis using regression analysis methods (multiple linear regression), analysis of variance (one-way, two-way), decision trees, generalized linear models and survival analysis.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Adapting to new situations
- Decision-making
- Working independently
- Team work
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas
- Project planning and management
- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Decision-making
- Working independently
- Team work
- Respect for difference and multiculturalism
- Respect for the natural environment
- Showing social, professional and ethical responsibility and
- Sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

SYLLABUS

- Introduction to the use of statistical software (e.g., SPSS, R)
- Regression analysis (Multiple Linear Regression)
- One-way Analysis Of Variance (one-way ANOVA)
- Two-way Analysis Of Variance (two-way ANOVA)
- Decision trees
- Generalized Linear Models
- Survival Analysis

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>USE OF INFORMATION AND COMMUNICATIONS</th>
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</thead>
<tbody>
<tr>
<td>Face-to-face, Distance learning, etc.</td>
<td>Use of .ppt slides and PC</td>
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65
TECHNOLOGY
Use of ICT in teaching, laboratory education, communication with students

TEACHING METHODS
The manner and methods of teaching are described in detail.
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
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<tr>
<td>Lectures</td>
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<td>Laboratory practices</td>
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<tr>
<td>Study of bibliography</td>
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<td>Course total</td>
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STUDENT PERFORMANCE EVALUATION
Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

ATTACHED BIBLIOGRAPHY
Γναρδέλλης, Χ. (2009). Ανάλυση δεδομένων με το PASW Statistics 17.0. Παπαζήσης, ΑΘΗΝΑ.
Δαφέρμος, Β. (2011). Κοινωνική Στατιστική και Μεθοδολογία Έρευνας με το SPSS (2η έκδοση). Ζήτη, ΘΕΣ/ΚΗ.
## GENERAL

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<th>SCHOOL</th>
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<td>3-5-7th</td>
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<td>COURSE TITLE</td>
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### INDEPENDENT TEACHING ACTIVITIES

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

| ΔΙΑΛΕΞΕΙΣ ΚΑΙ ΕΡΓΑΣΙΕΣ | 3 | 5 |

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

### COURSE TYPE
- general background, special background, specialised general knowledge, skills development

### LANGUAGE OF INSTRUCTION and EXAMINATIONS:
- ΕΙΔΙΚΟΥ ΥΠΟΒΑΘΡΟΥ

### PREREQUISITE COURSES:

### IS THE COURSE OFFERED TO ERASMUS STUDENTS?
- Όχι

### COURSE WEBSITE (URL)
- http://ecourse.uoi.gr

## LEARNING OUTCOMES

### Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

### General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Adapting to new situations
- Decision-making
- Working independently
- Team work
- Working in an international environment
- Production of new research ideas
- Project planning and management
- Respect for difference and multiculturalism
- Respect for the natural environment
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

### SYLLABUS

Οι κύριοι θεματικοί άξονες του μαθήματος περιλαμβάνουν:

- Σύγχρονες εξελίξεις στη Σχολική Ψυχολογία και στη συμβουλευτική στη σχολική κοινότητα: ο ρόλος του σχολικού ψυχολόγου
- Μέθοδοι συμβουλευτικής. Επίπεδα συμβουλευτικής παρέμβασης: Ατομικό, ομάδα, σύστημα
- Συμβουλευτική διαδικασία: Στάδια, δεξιότητες, θέματα πρακτικής εφαρμογής
- Ορισμός και εννοιολογικές προσεγγίσεις της ψυχολογικής διαλεκτικής συμβουλευτικής στη σχολική κοινότητα
- Θεωρητικές προσεγγίσεις και μοντέλα διαλεκτικής συμβουλευτικής στο σχολικό περιβάλλον

### Αυτόνομη εργασία.
- Ομαδική εργασία (οι φοιτητές συζητούν σε ομάδες στο πλαίσιο της 3ης ομάδας στο πλαίσιο της παράδοσης, ώρα φροντιστηρίου σχετικά επιστημονικά κείμενα).
- Άσκηση κριτικής και αυτοκριτικής (στο πλαίσιο της συζήτησης και των σχετικών, κατά θεματική, ζητημάτων σε σχέση με την προηγούμενη γνώση και την εμπειρία των φοιτητών αλλά και στο πλαίσιο των επιστημονικών κειμένων που έχουν μελετήσει).
- Λήψη αποφάσεων (στο πλαίσιο καταστάσεων που παρουσιάζονται ως παραδείγματα σε κάθε θεωρητική προσέγγιση. Λήψη απόφασης και παρουσίαση της όσον αφορά στην παρεμβάσεις ιδίως στη συμπεριφορά που αφορά στο ρόλο του σχολικού ψυχολόγου)
• Διαλεκτική συμβουλευτική: Διαστάσεις, χαρακτηριστικά και στάδια
• Η Εκπαίδευση επαγγελματιών συμβούλων.
• Ομαδική συμβουλευτική με παιδιά και εφήβους
• Ο ρόλος της συμβουλευτικής στη διαχείρισης κρίσεων: Στόχοι, γενικές αρχές και παρέμβασης σε καταστάσεις κρίσεων. Ο ρόλος του σχολικού ψυχολόγου.
• Η ελληνική εμπειρία από την εφαρμογή σχολικών συμβουλευτικών υπηρεσιών στο σχολείο.

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
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<th>Delivery METHODS</th>
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<td>Use of ICT in teaching, laboratory education, communication with students</td>
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<th>Δραστηριότητα</th>
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<td>Specifically-defined evaluation criteria are given, and if and where they are accessible to students.</td>
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<td>Χατζηχρήστου, Χ (2014). Συμβουλευτική στη Σχολική Κοινότητα. Εκδόσεις Τυπωθήτω, Αθήνα</td>
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<tr>
<td>Journal of Applied School Psychology</td>
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GENERAL

SCHOOL: SOCIAL SCIENCE
ACADEMIC UNIT: PSYCHOLOGY
LEVEL OF STUDIES: UNDERGRADUATE
COURSE CODE: ΨΥΕ004
SEMESTER: 3rd, 5th, 7th

COURSE TITLE: COUNSELING PSYCHOLOGY

INDEPENDENT TEACHING ACTIVITIES:
If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
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Add rows if necessary. The organization of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE: GENERAL KNOWLEDGE

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS: GREEK

IS THE COURSE OFFERED TO ERASMUS STUDENTS: YES

COURSE WEBSITE (URL)

LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competencies of an appropriate level, which the students will acquire with the successful completion of the course, are described.

Consult Appendix A
• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes PERSOA

Upon successful completion of the course, students are expected to:
• To know the subject, scope, objectives and relationship of Counseling Psychology with related disciplines.
• Recognize the types and stages of counseling work, understand and apply the basic skills of counseling in communication.
• Understand the importance of the counseling-therapeutic relationship and the factors that underlie it.
• Have basic knowledge related to the main psychotherapeutic approaches in counseling.
• Understand the role of the personal development of the counseling psychologist and the supervision in the counseling work.

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?
Search for, analysis and synthesis data and information using the necessary technologies, application of knowledge in practice, decision making, autonomous work, group work, work in an interdisciplinary environment, promotion of free, creative and inductive thinking, the practice of critical thinking and self-criticism, respect for diversity and multiculturalism, demonstration of social, professional and moral responsibility and sensitivity to gender issues.

SYLLABUS

The course aims to introduce the scientific field of Counseling Psychology and work and the acquaintance with the leading schools of psychotherapy. Emphasis is placed on the meaning and significance of the counseling relationship, the role and function of empathy, as well as the factors that act as aids. Examples of counseling and experiential exercises are used to connect the theoretical concepts with the counseling practice. The main topics of the course include:
• Introduction to Counseling Psychology: Historical development, subject and scope, similarities and differences with related disciplines, types of counseling.
• Personal development, self-knowledge and interpersonal relationships.
• Basic counselling skills in therapeutic communication.
• Counselor-client relationship: Characteristics of counsellor, honest and transfer relationship, therapeutic alliance.
• Psychotherapeutic approaches to counselling work: Existential-humanistic, psychodynamic-psychoanalytic, cognitive-behavioural, systemic-family and modern schools of psychotherapy.
• Objectives, stages and supervision of counselling
• The role of the Counseling Psychologist: Prevention and promotion of mental health, interventions and ethics of the profession, research perspectives.

### TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>IN-PERSON</th>
</tr>
</thead>
<tbody>
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<td>Face-to-face, Distance learning, etc.</td>
<td>Use power-point for teaching. Use the video for teaching. Use of the Ecourse to provide educational material to students</td>
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</tbody>
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<table>
<thead>
<tr>
<th>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
</tr>
</tbody>
</table>

<table>
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<tr>
<th>TEACHING METHODS</th>
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<tbody>
<tr>
<td>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</td>
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<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
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<tr>
<td>Attendance of lectures</td>
<td>39</td>
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<tr>
<td>Study and analysis of books and articles</td>
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<td>Course total</td>
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### ATTACHED BIBLIOGRAPHY

**Bibliography**

**Journals**
4. Journal of Counseling Psychology
5. European Journal of Counselling and Psychotherapy
6. Counseling Psychology Quarterly
7. Psychology and Psychotherapy: Theory, Research and Practice
8. The Counseling Psychologist
GENERAL

SCHOOL  SOCIAL SCIENCES
ACADEMIC UNIT  PSYCHOLOGY
LEVEL OF STUDIES  UNDERGRADUATE

COURSE CODE ΨΥΕ034  SEMESTER  3rd, 5th or 7th

INDEPENDENT TEACHING ACTIVITIES

if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits

LECTURES AND ESSAYS  3  4

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE

SPECIAL BACKGROUND

general background, special background, specialised general knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:

GREEK

IS THE COURSE OFFERED TO ERASMUS STUDENTS

NO

COURSE WEBSITE (URL)

https://ecourse.uoi.gr

LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

Following the successful completion of the course, students are expected:

• To be familiar with the main principles and procedures of psychodynamic psychotherapy.
• To understand main concepts of psychoanalytic theory in clinical practice.
• To recognize the factors involved in symptom (neurotic) formation and therapeutic change.
• To be able to create a psychodynamic case formulation.

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Adapting to new situations
Decision-making
Working independently
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

Respect for difference and multiculturalism
Showing social, professional and ethical responsibility and sensitivity to gender issues
Criticism and self-criticism
Production of free, creative and inductive thinking

SYLLABUS

The course aims to introduce students to theoretical concepts and applications of psychodynamic psychotherapy. Therapeutic procedures are described, main therapeutic techniques are presented and the factors involved in psychic change are examined. Emphasis is given on the therapeutic relationship, the psychodynamic understanding of personality and the psychological processes involved in the neurotic symptom formation. Clinical cases are discussed to enhance understanding of theory applications in practice. The main topics covered include:

• Counselling, psychotherapy and psychoanalysis.
• Psychoanalysis as a personality theory: Development, structure and functions of the psychic apparatus.
• Psychoanalysis as an intervention: Basic principles and clinical findings of outcome studies.
• Therapeutic context and relationship, empathy, transference and countertransference.
• Diagnostic interview, psychodynamic understanding and case formulation.
• therapist stages, psychological processing and therapeutic techniques.
• Topics of special interest, research prospects and applications.

TEACHING and LEARNING METHODS - EVALUATION
DELIVERY
Face-to-face, Distance learning, etc.

USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
Use of ICT in teaching, laboratory education, communication with students

TEACHING METHODS
The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student’s study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
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</thead>
<tbody>
<tr>
<td>Lectures</td>
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<tr>
<td>Study &amp; analysis of bibliography</td>
<td>26</td>
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<tr>
<td>Essay writing &amp; presenting</td>
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<tr>
<td>Study independently</td>
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<td><strong>Course total</strong></td>
<td><strong>125</strong></td>
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EVALUATION OF STUDENTS
Description of the evaluation process
Assessment Language, Assessment Methods, Formulation or Conclusion, Multiple Choice Test, Short Response Questions, Test Questions, Problem Solving, Written Work, Reporting / Reporting, Oral Examination, Public Presentation, Laboratory Work, Clinical Patient Examination, Artistic Interpretation, Other
Certainly identified evaluation criteria are stated and if and where they are accessible by the students.

Evaluation methods:
1. Final written examination (70%) (multiple choice questionnaires, short-answer questions, open-ended questions)
2. Written Assignment (optional) and Oral Presentation (30%)
Assessment language: Greek
Evaluation criteria are stated at the first lecture. They are also available at the course website.

ATTACHED BIBLIOGRAPHY

- Suggested bibliography:

- Related academic journals:
  1. Psychoanalytic Psychotherapy
  2. International Journal of Psychoanalysis
  3. Journal of the American Psychoanalytic Association
  4. Psychodynamic Practice
GENERAL

SCHOOL | SOCIAL SCIENCES
---|---
ACADEMIC UNIT | PSYCHOLOGY
LEVEL OF STUDIES | UNDERGRADUATE
COURSE CODE | ΨΥΕ005
SEMESTER | 4th, 6th, 8th

COURSE TITLE | PSYCHOLOGY OF COMMUNICATION AND MASS MEDIA

INDEPENDENT TEACHING ACTIVITIES
If credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
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<tr>
<td>Lectures</td>
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<tr>
<td></td>
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Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE
- general background,
- special background, specialised general knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:
- Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS
- Yes

COURSE WEBSITE (URL)

LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

This course offers to the students a comprehensive overview of Psychology of Communication and Mass Media. Upon completion, the students:
- Shall have comprehended and be in a position to reflect and discuss basic approaches to the Psychology of communication and mass media.
- Shall be in a position to juxtapose critically these different perspectives
- Shall be in a position to articulate, using such theories, tentative frames of theoretical explanations of contemporary and common events pertaining to communication phenomena and mass media.

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), which of the following does the course aim?

Information, with the use of the necessary technology
- Search for, analysis and synthesis of data and Project planning and management
- Adapting to new situations
- Decision-making
- Working independently
- Team work
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas

Respect for difference and multiculturalism
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

- Working independently
- Respect for difference and multiculturalism
- Criticism and self-criticism
- Production of free, creative and inductive thinking

SYLLABUS

- This course offers to the students an introductory orientation in the discipline of the Psychology of Communication with an emphasis on mass media. It provides a context, this discipline is defined in conjunction with relevant sub-disciplines of psychology, sociology, systemic theory, linguistics as well as cultural studies.
- Nodal themes of theoretical and empirical advances are discussed. The lectures present and discuss critically the following topics:
  - Relevant psychological theories.
  - Psychological processes involved and used to explain the influence exerted by mass media to their audiences.
  - Contemporary research in these fields.

TEACHING and LEARNING METHODS - EVALUATION

DELIVERY
- At the amphitheatre

Face-to-face, Distance learning, etc.
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
Use of ICT in teaching, laboratory education, communication with students

TEACHING METHODS
The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student’s study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Practical Exercises</td>
<td>16</td>
</tr>
<tr>
<td>Study of bibliography</td>
<td>36</td>
</tr>
<tr>
<td>Independent study</td>
<td>34</td>
</tr>
<tr>
<td>Course total</td>
<td>125</td>
</tr>
</tbody>
</table>

STUDENT PERFORMANCE EVALUATION
Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

ATTACHED BIBLIOGRAPHY
- Suggested bibliography:

- Related academic journals:
  - Discourse, Context and Media
  - International Journal of Communication
  - Journal of Media Psychology
  - Media Psychology
GENERAL

SCHOOL | SOCIAL SCIENCES
---|---
ACADEMIC UNIT | PSYCHOLOGY
LEVEL OF STUDIES | UNDERGRADUATE
COURSE CODE | Ψ7Ε017
SEMESTER | 3th, 5th or 7th

COURSE TITLE | HEALTH PSYCHOLOGY

INDEPENDENT TEACHING ACTIVITIES

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>LECTURES AND ESSAYS</td>
<td>3</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE

| GENERAL BACKGROUND |
|---|---|
| general background, special background, specialised general knowledge, skills development |

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS: GREEK

IS THE COURSE OFFERED TO ERASMUS STUDENTS: YES

COURSE WEBSITE (URL): https://ecourse.uoi.gr

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

Following the successful completion of the course, students are expected:

- To determine the relationship between biological, psychological and social factors in health and illness.
- To comprehend the psychological processes and social factors involved in health as well as in the manifestation and course of illness.
- To recognize salient psychosocial needs of patients with chronic and/or terminal disease as well as forms of psychological interventions.
- To obtain basic knowledge on topics of special interest, including the relationship among patient, family and health professionals, caregiving emotional burden, mourning, grief and loss, promotion of health and health-related quality of life, research in the field of health psychology.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology, working independently, team work, working in an interdisciplinary environment, respect for difference and multiculturalism, criticism and self-criticism, production of free, creative and inductive thinking.

SYLLABUS

The course aims to introduce students to the field of health psychology and get them familiar with the interconnection of biological, psychological and social factors in health and illness. Emphasis is given on health prevention and promotion as well as on issues concerning chronic and terminal illness, communication and relationship among patient, family and health professionals. Clinical cases are discussed to enhance understanding of theory applications in practice. The main topics covered include:

- Health and illness: Cartesian dualism and the biopsychosocial model of health.
- Health psychology: Objectives and applications.
- Social-cognitive models of health: Health beliefs and behaviours.
- Personality, emotions and health: emotion regulation, coping strategies, defense mechanisms, social support, main issues of psychoneuroimmunology.
- Psychological issues in chronic and terminal illness care.
The role of the Health Psychologist: Prevention and promotion of health, assessment, counseling and support, research prospects.

**TEACHING and LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Face-to-face (in class)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</strong></td>
<td>Use of ICT in teaching (e-course, power point presentations, audiovisual material) and communication with students.</td>
</tr>
<tr>
<td>The manner and methods of teaching are detailed. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Study &amp; analysis of bibliography</td>
<td>26</td>
</tr>
<tr>
<td>Essay writing &amp; presenting</td>
<td>20</td>
</tr>
<tr>
<td>Study independently</td>
<td>40</td>
</tr>
<tr>
<td>Course total</td>
<td>125</td>
</tr>
</tbody>
</table>

**EVALUATION OF STUDENTS**

Description of the evaluation process: Assessment Language, Assessment Methods, Formulation or Conclusion, Multiple Choice Test, Short Response Questions, Test Questions, Problem Solving, Written Work, Reporting / Reporting, Oral Examination, Public Presentation, Laboratory Work, Clinical Patient Examination, Artistic Interpretation, Other. Certainly identified evaluation criteria are stated and if and where they are accessible by the students.

Evaluation methods:
1. Final written examination (70%) (multiple choice questionnaires, short-answer questions, open-ended questions)
2. Written Assignment (optional) and Oral Presentation (30%)

Assessment language: Greek. Evaluation criteria are stated at the first lecture. They are also available at the course website.

**ATTACHED BIBLIOGRAPHY**

- Suggested bibliography:
  3. Ogden J. (2016). Health Psychology. Publisher: PARISIANOU.

- Related academic journals:
  4. International Journal of Clinical and Health Psychology
  5. Health Psychology
  6. Health Psychology Bulletin
  7. Behavioral Neuroscience
  8. Health Psychology and Behavioral Medicine
Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
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- Guidelines for writing Learning Outcomes

Neuropsychological assessment is an integral part of the neurological diagnosis, while at the same time establishes the basic principles about the rehabilitation protocols implemented in neurological patients. In addition, through psychological as well as neuropsychological assessment a clinician can monitor the course of the disease, and therefore, the interdisciplinary team can appropriately formulate the treatment plan tailored to patients’ needs. The course will focus on diagnostic methods applied in both clinical context and research protocols. In addition, the basic tools for assessing patients with neurological diseases will be presented, with a special focus on those that have been adapted to Greek population.

After course’s completion students will have been taught the following modules:
✓ The basic principles of neuropsychological evaluation
✓ The framework of the neuropsychological evaluation, ethics and basic principles of psychometry
✓ The basic tools of neuropsychological assessment and cognitive functions being measured
✓ Training in the administration of neuropsychological tests, especially those that have been adapted in Greek population
✓ Training in neuropsychological tests’ adaptation to the Greek population

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Adapting to new situations
Decision-making
Working independently
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

The current course aims at providing basic theoretical knowledge through the use of psychometric tools adapted in Greek population as well as hands-on training with students during lectures.

SYLLABUS

Table 1 presents courses’ topics per week. Each weekly session will consist 1) a 2-hour theoretical lecture and 2) a laboratory session where case studies about psychological and neuropsychological assessment in adulthood will be presented.

Week   Topics
1th   Basic principles of psychometry: use and limitations
2nd   Objectives of neuropsychological assessment: Clinical settings in which they are administered – ethics standards
<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>3</td>
</tr>
<tr>
<td>Students’ oral presentations</td>
<td>1</td>
</tr>
<tr>
<td>Course total</td>
<td></td>
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</tbody>
</table>

**STUDENT PERFORMANCE EVALUATION**

- Description of the evaluation procedure
- Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
- Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

Students will be assessed through a written multiple-choice exam. The written exam will include 20 multiple choice questions (4 answers, one of them correct), whereas each question is graded with 5 points. During the workshop there will be a group work (presentation of a published paper from the Greek or English language literature). The assignment (consisting of 2 or 3 people) is optional and will receive +1 grade which will be added to the final grade of the written exam. Each assignment will include a PowerPoint presentation which includes 12-15 slides lasting 20-minutes duration.

**ATTACHED BIBLIOGRAPHY**

COMPULSORY ELECTIVE COURSES (Spring Semester)

GENERAL

SCHOOL: SOCIAL SCIENCES
ACADEMIC UNIT: PSYCHOLOGY
LEVEL OF STUDIES: UNDERGRADUATE
COURSE CODE: ΨΥΕ022
SEMESTER: 4th, 6th, 8th

COURSE TITLE: DEVELOPMENTAL PSYCHOLOGY AND SOCIAL CHANGE

INDEPENDENT TEACHING ACTIVITIES

Lectures: 3 hours per week, 5 credits

COURSE TYPE: special background

PREREQUISITE COURSES: 

LANGUAGE OF INSTRUCTION and EXAMINATIONS: Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS: Yes


LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

In this course students will be able to:

• understand and discuss the history, major approaches and concepts of post-colonial, decolonial and feminist theory,
• use and implement critically the above approaches on issues pertaining to epistemic violence, silencing, social marginalization and exclusion,
• reflect and discuss on the historical and theoretical formulations of development, the figure of the child and their ideological uses,
• formulate developmental questions, methodological and applied approaches regarding unequal power relations, marginalization, exclusion and social change.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

• Search for, analysis and synthesis of data and information, with the use of the necessary technology
• Adapting to new situations
• Decision-making
• Working independently
• Team work
• Working in an international environment
• Working in an interdisciplinary environment
• Production of new research ideas

Autonomous thinking
Reflection and critical thinking
Respect for diversity and cultural issues

SYLLABUS

Outline:

• Decolonial theories and practice
• Feminist theories and approaches (black, intersectional, and third-world approaches)
• Critical discussion of eurocentrism
• Epistemic silencing
• Critique of development
• History and ideological uses of the figure of the child
• Social marginalization, inequality and racism
• Working towards social change
## TEACHING and LEARNING METHODS - EVALUATION

### DELIVERY

<table>
<thead>
<tr>
<th>Method</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face-to-face, Distance learning, etc.</td>
</tr>
</tbody>
</table>

### USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY

Use of ICT in teaching, laboratory education, communication with students

### TEACHING METHODS

The manner and methods of teaching are described in detail.

- Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.

  The student’s study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

<table>
<thead>
<tr>
<th>Δραστηριότητα</th>
<th>Φόρτος Εργασίας Εξαμήνου</th>
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<tbody>
<tr>
<td>Lectures</td>
<td>25</td>
</tr>
<tr>
<td>Literature review</td>
<td>30</td>
</tr>
<tr>
<td>Assignments</td>
<td>50</td>
</tr>
<tr>
<td>Exercises</td>
<td>20</td>
</tr>
</tbody>
</table>

**Total**: 125

### STUDENT PERFORMANCE EVALUATION

Description of the evaluation procedure

- Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other

Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

Written exams in Greek/English, short-answer questions

### ATTACHED BIBLIOGRAPHY

- **Suggested bibliography:**
  

- **Related academic journals:**
  - *Feminism & Psychology*
  - *South African Journal of Psychology*
## GENERAL

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>PSYCHOLOGY</td>
</tr>
<tr>
<td>LEVEL OF STUDIES</td>
<td>UNDERGRADUATE</td>
</tr>
<tr>
<td>COURSE CODE</td>
<td>ΨΥΕ053</td>
</tr>
<tr>
<td>SEMESTER</td>
<td>4th, 6th, 8th</td>
</tr>
</tbody>
</table>

### INDEPENDENT TEACHING ACTIVITIES

- If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

### WEEKLY TEACHING HOURS

<table>
<thead>
<tr>
<th>Lectures</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
</table>

### OPTIONAL COMPULSORY

### COURSE TYPE

- general background,
- special background,
- specialised general knowledge,
- skills development

### PREREQUISITE COURSES:

- LANGUAGE OF INSTRUCTION and EXAMINATIONS: Greek

### IS THE COURSE OFFERED TO ERASMUS STUDENTS

- No

### COURSE WEBSITE (URL)

- ecourse

## LEARNING OUTCOMES

### Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

The course aims to present a variety of methodological approaches (related to pragmatics, sociolinguistics, text linguistics and discourse analysis) to researching the relationship between language and communication. This course will help students understand communication problems that might occur so that they will be able to:

- Distinguish and analyze specific aspects of human communication in relation to other communication systems and codes.
- Perceive communication both as an exchange of information and messages, and as a social action.
- Understand the importance of communication settings (contextual, cultural and interpersonal knowledge) to conceptualize, understand and manage situations of communication.
- Consciously use sociopragmatic techniques (speech acts, conversational implicatures, linguistic politeness) to improve communication effectiveness.
- Critically examine and analyze the structure and function of text genres as means of understanding and constructing meaning via specific forms of communication such as spontaneous conversations, narratives, advertisements, texts of mass culture, political and journalistic discourse.
- Evaluate the importance of collecting spontaneous and authentic speech data for experimental research and analysis.
- Understand the ways in which the use of language in everyday communication situations contributes to the identity construction.

### General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Decision-making
- Working independently
- Team work
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas
- Project planning and management
- Respect for difference and multiculturalism
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

- Adapting to new situations
- Working independently
- Team work
- Working in an international environment
- Respect for difference and multiculturalism
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Search for, analysis and synthesis of data and information, with the use of the necessary technology
SYLLABUS

4) Oral and written speech. Standards of textuality (cohesion, coherence, intentionality, acceptability, informativity, situationality and intertextuality).
5) Identity Construction in Conversational Narratives. Representations of sociolinguistic diversity (e.g. gender, age, social class, ethnicity) in mass culture texts and the reproduction of (language) ideologies.
6) Communication in healthcare (Linguistic / cultural barriers, Communication Skills, Behavior, Therapeutic communication, Time Management, Relationship Formation, Empathy)
7) Language and social relations, linguistic diversity, bilingual conversations, interlanguage and identities.
8) Language and identity. Language attitudes/stereotypes and prejudices. Taboo words and sociolinguistic identities.
9) Child and adolescent language.
11) Speech of the media: Press, television, advertising.
12) Corpora and speech acts.
13) Language ideology.

TEACHING and LEARNING METHODS - EVALUATION

DELIVERY

In Classroom

USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY

Use of slides, audiovisual material. Support of the learning process through electronic e-class platform. Email. Course Website.

TEACHING METHODS

The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

STUDENT PERFORMANCE EVALUATION

Description of the evaluation procedure. Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other. Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

ATTACHED BIBLIOGRAPHY


- Related academic journals:
GENERAL

SCHOOL: SOCIAL SCIENCE
ACADEMIC UNIT: PSYCHOLOGY
LEVEL OF STUDIES: UNDERGRADUATE

COURSE CODE: [COURSE_CODE]
SEMESTER: 4th, 6th, 8th

COURSE TITLE: COGNITIVE BEHAVIOURAL APPROACHES

INDEPENDENT TEACHING ACTIVITIES

if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>LECTURES</td>
<td>3</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organization of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE: SPECIALIZATION: GENERAL KNOWLEDGE

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS: GREEK

IS THE COURSE OFFERED TO ERASMUS STUDENTS: YES

COURSE WEBSITE (URL):

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competencies of an appropriate level, which the students will acquire with the successful completion of the course, are described.

Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

This course enables students to develop the following skills:

• To delve into issues related to the behavioural and cognitive approach, to their historical development and the present
• To prepare literature reviews in the field of Cognitive-Behavioral Psychology
• To get acquainted with the methodological approaches of behaviourism and the cognitive view of normal and pathological behaviour
• To use theoretical principles of the cognitive-behavioural approach of psychology for the understanding and interpretation of pathological behaviours and to understand the appropriate methods of dealing with them with this approach.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Project planning and management
Respect for difference and multiculturalism
Respect for the natural environment
Showing social, professional and ethical responsibility and sensitivity to gender issues
Criticism and self-criticism
Production of free, creative and inductive thinking

1. Application of theoretical knowledge in practice
2. Search, analysis and synthesis of data and information, using the necessary technologies
3. Autonomous work
4. Teamwork
5. Respect for diversity and multiculturalism
6. Demonstration of social, professional and moral responsibility and sensitivity to gender issues
7. Exercise of critical thinking and self-criticism
8. Promotion of free, creative and inductive thinking

SYLLABUS

In this module, students will become familiar with the study of behaviour through models developed by precursors (Ivan Pavlov) and proponents of the behavioural approach (Watson, Skinner) and mental disorders' therapeutic approaches.

The cognitive approaches of mental disorders and modifying dysfunctional cognitive patterns will also be developed. The convergence of behaviourism with cognitive researchers-therapists that led to modern cognitive-behavioural approaches to health and mental disorders will also be covered.
At the same time, students will become acquainted with key concepts of the currents covered in the course, such as factor learning, desensitization, reinforcement, social learning, learned helplessness and the stages of Piaget’s cognitive development.

**TEACHING and LEARNING METHODS - EVALUATION**

**DELIVERY**
- Face-to-face, Distance learning, etc.

**USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY**
- Use of ICT in teaching, laboratory education, communication with students

**TEACHING METHODS**
The manner and methods of teaching are described in detail.
- Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
- The student’s study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

**Activity** | **Semester workload**
--- | ---
Attendance of lectures | 39
Study and analysis of books and articles | 31
Design – assignment preparation (research project) | 52
Examination | 3
Course total | **125**

**STUDENT PERFORMANCE EVALUATION**

**Language of evaluation, methods of evaluation, summative or conclusive, multiple-choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other**

1. Written final examination which includes:
   - Development questions
   - Multiple choice questions
   - Critical evaluation questions

2. Assignment design and preparation (research project)

**ATTACHED BIBLIOGRAPHY**

GENERAL SCHOOL: SOCIAL SCIENCE
ACADEMIC UNIT: PSYCHOLOGY
LEVEL OF STUDIES: UNDERGRADUATE
COURSE CODE: ΨΥΕ003
SEMESTER: 3-5-7th
COURSE TITLE: THEORY AND PRACTICE OF SCHOOL PSYCHOLOGY

INDEPENDENT TEACHING ACTIVITIES
if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits

<table>
<thead>
<tr>
<th>LECTURES AND ESSAYS</th>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Add rows if necessary. The organization of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE: SPECIALIZATION: GENERAL KNOWLEDGE

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS: GREEK

IS THE COURSE OFFERED TO ERASMUS STUDENTS: Όχι


LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competencies of an appropriate level, which the students will acquire with the successful completion of the course, are described.
Consult Appendix A
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

Upon successful completion and attendance of the course, students are expected to:
- understand the content of the field of school psychology and the role of the school psychologist.
- refer to system-wide intervention programs, in order to deal with crises and promote students' mental health.
- be able to discuss the importance of social and emotional education programs at school.

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Technology
- Adapting to new situations
- Decision-making
- Working independently
- Team work
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas
- Project planning and management
- Respect for difference and multiculturalism
- Respect for the natural environment
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking
- Production of research ideas
- Production of new research ideas

- Individual work.
- Teamwork (students discuss in groups during the 3-hour course).
- Exercising criticism and self-criticism (in the context of discussion and related thematic issues related to students' prior knowledge and experience).
- Decision-making (in situations presented as examples in any theoretical approach. Decision-making and presentation of intervention or behavior related to the role of the school psychologist)

SYLLABUS
The main themes of the course include:
- The field of school psychology and the specialization of school psychologist.
- The role of the school psychologist.
- School intervention programs: design, structure, implementation and evaluation.
- System level intervention programs.
- Crisis intervention programs.
- Intervention programs to promote students' mental health.
- Social and emotional education in school (communication skills; recognition, expression and management of emotions; self-perception; anxiety management; social competence-social skills; conflict resolution process; acceptance of diversity).

TEACHING and LEARNING METHODS - EVALUATION

DELIVERY: Πρόσωπο με πρόσωπο διδασκαλία
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
Use of ICT in teaching, laboratory education, communication with students

• IT in teaching (educational platform e-course, power point presentations, visuo-acoustic material).
• IT in student communication (e-mail).

TEACHING METHODS
The manner and methods of teaching are described in detail.
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Διαλέξεις</td>
<td>39</td>
</tr>
<tr>
<td>Μελέτη και ανάλυση της bibliογραφίας</td>
<td>30</td>
</tr>
<tr>
<td>Ομαδική εργασία στην τάξη</td>
<td>13</td>
</tr>
<tr>
<td>Αυτοτελής μελέτη</td>
<td>40</td>
</tr>
<tr>
<td>Εξετάσεις</td>
<td>3</td>
</tr>
<tr>
<td>Σύνολο Μαθήματος</td>
<td>125</td>
</tr>
</tbody>
</table>

STUDENT PERFORMANCE EVALUATION
Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple-choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

1. Final exam (80%-100% of total score): Student evaluation via multiple choice questions.
2. Optional essay (up to 20%): Essay can be individual or team work (up to three students). The work will focus on the study and presentation of a subject from the contemporary international literature, following the course objectives. The scientific articles and book chapters the scientific text will be chosen by the student based on his / her interests and his / her subject will follow the subject of his / her course.

ATTACHED BIBLIOGRAPHY
-Suggested Bibliography:

-Relevant Scientific Journals:
• Journal of School Psychology
• Journal of Applied School Psychology
• School Psychology International
• School Psychology
• School Psychology Review
• Hellenic Journal of Psychology [Psychologia]
### GENERAL

**SCHOOL** | SOCIAL SCIENCES  
**ACADEMIC UNIT** | PSYCHOLOGY  
**LEVEL OF STUDIES** | UNDERGRADUATE  
**COURSE CODE** | ΨΥΕ020  
**COURSE TITLE** | SOCIAL PSYCHOLOGY OF INTERGROUP RELATIONS: PREJUDICE, RACISM  
**SEMESTER** | 4th, 6th, 8th

### INDEPENDENT TEACHING ACTIVITIES
If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>5</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

### COURSE TYPE
- General background, special background, specialised general knowledge, skills development
- Specialised general knowledge

### PREREQUISITE COURSES:

### LANGUAGE OF INSTRUCTION and EXAMINATIONS:
- Greek

### IS THE COURSE OFFERED TO ERASMUS STUDENTS
- Yes

### COURSE WEBSITE (URL)

### LEARNING OUTCOMES

**Learning outcomes**
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
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- Guidelines for writing Learning Outcomes

His course offers to the students a comprehensive overview of the social psychological approaches to intergroup relations, focusing, specifically, on prejudice and racism. Its aim is twofold: (a) to offer relevant to these perspectives knowledge on their theoretical and empirical dimensions; (b) to train the students in critical scientific thinking through the comparative presentation of these perspectives and through the examination of the social and political context within which they were articulated. By the time that the course shall be completed, the students:
- Shall have a conceptual understanding of these different social psychological perspectives.
- Shall be able to compare and reflect on the advantages and disadvantages of these perspectives.
- Shall be able to locate these perspectives in their wider, political and social context.
- Shall be able to formulate tentative interpretations of relevant, contemporary events, aligning them with these theoretical frames of reference.

### General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?
- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Project planning and management  
- Respect for difference and multiculturalism  
- Respect for the natural environment  
- Showing social, professional and ethical responsibility and sensitivity to gender issues  
- Criticism and self-criticism  
- Production of free, creative and inductive thinking
- Working independently  
- Team work  
- Production of free, creative and inductive thinking

### SYLLABUS
- Psychodynamic perspectives or itineraries in the ‘psychological depths’ of prejudice: Freud, Le Bon, Heirs to Freud: Reich, Fromm. The concept of ‘authoritarian personality’ (Adorno et al.) The concept of ‘unconscious pleasure’ (Melanie Klein). Critical appraisal of the psychodynamic approaches to prejudice and racism.
- Gordon Allport’s classic approach to the “Nature of Prejudice”. The ‘contact hypothesis’.
- Social cognition: Categorisation, stereotypes and prejudice.
- Social Identity Theory.
- Self-categorisation Theory.
- The rhetorical / ideological approach to prejudice.
- Discourse analytic perspectives on prejudice and racism.

**TEACHING and LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>At the amphitheatre</th>
</tr>
</thead>
<tbody>
<tr>
<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td>Use of power-point Use of e-course</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TEACHING METHODS</th>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td></td>
<td>39</td>
</tr>
<tr>
<td>Practical Exercises</td>
<td></td>
<td>16</td>
</tr>
<tr>
<td>Study of bibliography</td>
<td></td>
<td>36</td>
</tr>
<tr>
<td>Independent study</td>
<td></td>
<td>34</td>
</tr>
</tbody>
</table>

| COURSE TOTAL | 125 |

| STUDENT PERFORMANCE EVALUATION | Written examination. Short questions and essay type of questions. |

**ATTACHED BIBLIOGRAPHY**

- Related academic journals:
  - British Journal of Social Psychology
  - Group Processes and Intergroup Relations
  - Journal of Community and Applied Social Psychology

- Suggested bibliography:

- Related academic journals:
  - British Journal of Social Psychology
  - Group Processes and Intergroup Relations
  - Journal of Community and Applied Social Psychology
GENERAL

SCHOOL: SOCIAL SCIENCES
ACADEMIC UNIT: PSYCHOLOGY
LEVEL OF STUDIES: Undergraduate
COURSE CODE: ΨΥΕ030
SEMESTER: 4th, 6th, 8th

INDEPENDENT TEACHING ACTIVITIES

| Lectures | 3 | 4 |

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE: Special background

COURSE TITLE: MIND and BRAIN

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS: Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS: YES

COURSE WEBSITE (URL):

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

After the end of the courses students will have acquired knowledge and understanding of the following:

➢ what is the mind and what is the brain, what is consciousness, which are the levels of consciousness and its disorders (drowsiness, blurring of consciousness, coma) and how it is evaluated
➢ the cognitive function and in which areas of the brain it takes place and in particular for the associative cortex, the prefrontal associative cortex, the parietal-temporal-occipital cortical cortex, the coronary associative cortex, the frontal associative cortex and their deficits
➢ the neuroanatomy and neurobiology of perception, attention and consciousness and their role in decision making
➢ neuroanatomy of the language, language development from infancy to old age and language disorders (types of aphasia)
➢ the plasticity of the brain, the degeneration of neurons, the neural regeneration and reorganization and the recovery of the mind function after brain damage
➢ the neuroanatomy of memory, the synaptic mechanisms of learning and memory and the various types of amnesia and memory disorders, reversible and irreversible
➢ brain disorders (types of agnosia, apraxia and dementia) and mental disorders (schizophrenia, depression, addiction, obsessive-compulsive disorder, personality disorders)
➢ biological and psychological basis of Social Perception (Autism Spectrum Disorders, the theory of Mind, Emotions and Face Recognition).

Also after the end of the courses the students should have developed the following skills:

• be able to read and understand new research data on brain function
• be able to explain to the non-specialists the brain function, the neuroanatomy and the neurobiology of cognitive functions and their disorders
• know the neurobiology of mental functions and their disorders and the most effective interventions for their management
• be able to recognize the usefulness of diagnostic tools, such as neuropsychological tests in combination with basic imaging methods of brain function
• be able to interpret the symptoms of brain and mental disorders based on their underlying neuroanatomical and neurobiological background and evaluate the effectiveness of pharmacological and non-pharmacological interventions for the brain damages and mental disorders of the lesson.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Adapting to new situations
Decision-making
Working independently

Project planning and management
Respect for difference and multiculturalism
Respect for the natural environment
Showing social, professional and ethical responsibility and sensitivity to gender issues
Criticism and self-criticism
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

- Investigate, analyze and synthesize data and information related to brain function and human behavior - psychopathology in order to acquire greater autonomy in their work as psychologists and to the create innovative research ideas
- Decision making and interdisciplinary collaboration with other specialists, as psychiatrists, neurobiologists, speech therapists, occupational therapists etch
- Autonomous work
- Demonstration of social, professional and moral responsibility and sensitivity
- Express of criticism and self-criticism
- Promotion of free, creative and inductive thinking

SYLLABUS

- Brain and behavior, neuroscience, historical background, areas of the brain specialized for different functions
- Cognitive function and in which areas of the brain it takes place, specifically the function of the: associative cortex, prefrontal associative cortex, parietal-temporal-occipital associative cortex, coronary associative cortex, frontal associative cortex
- What is the mind and which are its functions (thought, imagination, memory, will, feeling) and how responsible they are for the cognitive and mental processes such as perception, experience of pain, beliefs, desire, feeling, intention. What is consciousness and which are its disorders (drowsiness, blurred consciousness, coma)
- Neuroanatomy and neurobiology of perception, attention (types of attention) and consciousness and their role in decision making, the scales for the assessment of attention and consciousness (Glasgow scale, scale of drug suppression)
- Neuroanatomy of the language, pleurisy, language development from infancy to old age, language disorders (types of aphasia: Broca, Wernicke, naming, conductivity, universal), causes of language disorders, diagnosis, scales of assessment (Boston Diagnostic Aphasia Examination, Boston Naming, interventions)
- Brain plasticity, developmental phases of the nervous system, postnatal brain development in humans, the effect of experiences on the brain, brain plasticity in adults and elderly, the causes of brain damage and its disorders (epilepsy, Huntington's disease Multiple Sclerosis)
- Neuronal degeneration, neuronal regeneration and reorganization and recovery of mind function after brain damage, therapy of nervous system damage and presentation of case studies
- Neuroanatomy of memory and learning, recognition of objects and their place in space, synaptic mechanisms of learning and memory, types of amnesia (Korsakoff syndrome, amnesia after concussion), memory disorders (reversible and irreversible dementia, Alzheimer's disease, dementia with Lewy bodies, vascular dementia, frontotemporal dementia, progressive hyponuclear palsy, mixed dementia, Parkinson's disease), scales for the assessment of memory disorders (Mini Mental State Examination, Pyramids and Palm Trees, the Montreal Cognitive Assessment)
- Brain damages, types of agnosia (agnosia of persons, objects, fingers, visual, auditory, morbidity agnosia), types of apraxia (constructive, ideomotor, ideal, movement, executive agnosia), mental disorders (schizophrenia, mood disorders, depression, mania, addiction and the reward circuits of the brain, obsessive-compulsive disorder, personality disorders)
- Biological and psychological basis of Social perception (autism spectrum disorders, Mind theory, emotions and face recognition)
- Hormones and sex development, neural mechanisms of sexual behavior, sexual orientation, hormones and brain
- Imaging and stimulation methods of the living human brain (CT, MRI, fMRI, PET, transcranial magnetic stimulation)

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Class- Amphitheater</th>
</tr>
</thead>
<tbody>
<tr>
<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td>Use of power point e-cources</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TEACHING METHODS</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Laboratory practice</td>
<td>16</td>
</tr>
<tr>
<td>Study and analysis of bibliography</td>
<td>31</td>
</tr>
<tr>
<td>Study</td>
<td>34</td>
</tr>
<tr>
<td>Course total</td>
<td>120</td>
</tr>
</tbody>
</table>

STUDENT PERFORMANCE EVALUATION

- Written Exercise with short-answer questions and
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

ATTACHED BIBLIOGRAPHY

GENERAL

SCHOOL SOCIAL SCIENCES
ACADEMIC UNIT PSYCHOLOGY
LEVEL OF STUDIES UNDERGRADUATE
COURSE CODE ΨΥΕ021
SEMESTER 4th, 6th, 8th

COURSE TITLE EXPERIMENTAL INVESTIGATION OF COGNITIVE PROCESSES

INDEPENDENT TEACHING ACTIVITIES

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures and oral presentation of written assignments</td>
<td>3</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE Skills Development
general background, special background, specialised general knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:

Gree k (English is used for instruction and examination for Erasmus students)

IS THE COURSE OFFERED TO ERASMUS STUDENTS Yes


LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described. Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

This course aims at familiarizing students with the experimental investigation of basic cognitive processes, such as perception, attention learning and memory, through the presentation and designing of classical experiments, as well as the study and critical review of original scientific publications.

Upon successful completion of the specific course, students will have acquired:
• basic knowledge of conducting experiments in the field of Cognitive Psychology
• basic knowledge of understanding and critical evaluation of empirical and theoretical data from the field of Cognitive Psychology, as well as basic skills of conducting experimental work in the above field
• the ability of cooperating with their fellow-students to present an experimental research design
• the ability to carry out international literature review in scientific journals and on topics relevant to the experimental investigation of cognitive processes
• basic research skills
• the ability to work independently or in groups
• the ability to communicate their work to an audience
• knowledge acquisition skills required for continuing their studies with a great degree of autonomy

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Adapting to new situations
Decision-making
Working independently
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

Project planning and management
Respect for difference and multiculturalism
Showing social, professional and ethical responsibility and sensitivity to gender issues
Criticism and self-criticism
Production of free, creative and inductive thinking
Others...

SYLLABUS
This course aims at familiarizing students with the experimental investigation of basic cognitive processes, such as perception, attention learning and memory, through the presentation and designing of classical experiments that...
have enriched our knowledge on cognitive processes. More specifically, students will become familiar with the collection, description, and explanation of experimental data from the field of Cognitive Psychology, as well as with the writing of relevant scientific papers. Furthermore, students will develop a deep understanding of the experimental procedure by experiencing the role of the experimental participant. Finally, the course will have students read, present, and comment on relevant original scientific publications, with the aim to familiarize them with the experimental investigation of cognitive processes as well as with the evaluation and critique of the specific publications.

### TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Face-to-face (or distance learning under pandemic conditions)</th>
</tr>
</thead>
<tbody>
<tr>
<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td>Support of the learning process through the electronic platform e-course</td>
</tr>
<tr>
<td></td>
<td>Use of software for running experiments</td>
</tr>
<tr>
<td></td>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Teaching Methods</th>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</td>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td></td>
<td>Study and analysis of bibliography</td>
<td>26</td>
</tr>
<tr>
<td></td>
<td>Writing and presentation of individual or group project</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td>Individual study time</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td>Course total (25 workload hours per credit)</td>
<td>125</td>
</tr>
</tbody>
</table>

### STUDENT PERFORMANCE EVALUATION

Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

I. Written research essay (50%), oral presentation/examination of the essay (10%)
II. Final Oral Exams (40%)

### ATTACHED BIBLIOGRAPHY

- Suggested bibliography:

- Related academic journals:
  - Cognitive Psychology
  - Trends in Cognitive Sciences
  - Memory & Cognition
  - Journal of Experimental Psychology: Learning, Memory & Cognition
  - Consciousness & Cognition
  - Quarterly Journal of Experimental Psychology
GENERAL

SCHOOL | School of Social Sciences
ACADEMIC UNIT | Department of Psychology
LEVEL OF STUDIES | Bachelor
COURSE CODE | PSYE007
SEMESTER | 4th, 6th, 8th

COURSE TITLE | STATISTICAL METHODS WITH APPLICATIONS IN PSYCHOMETRY

INDEPENDENT TEACHING ACTIVITIES

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>2</td>
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<tr>
<td>Laboratory practices</td>
<td>1</td>
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</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE | Specialised general knowledge

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS: | Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS

COURSE WEBSITE (URL)

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

In this course students are expected to become familiar with the use of statistical methods and packages, that are useful in psychometrics and in the analysis of data that are derived from the field of social sciences.

Upon successful completion of the course, students will be able to:

- Use statistical software such as SPSS and R
- Use questionnaire relevance and reliability indices (e.g., Cronbach’s α), Factor Analysis, Correspondence Analysis, Cluster Analysis, Principal Component Analysis, Structural Equation Models (e.g., Path Analysis), Item Response Theory

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Project planning and management
- Respect for difference and multiculturalism
- Respect for the natural environment
- Adapting to new situations
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Decision-making
- Criticism and self-criticism
- Working independently
- Team work
- Production of free, creative and inductive thinking
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas
- Others...

SYLLABUS

- Introduction to the use of statistical software (e.g., SPSS, R)
- Correlation coefficients
- Reliability of Questionnaires (reliability indices e.g., Cronbach’s α)
- Factor Analysis
- Correspondence Analysis
- Cluster Analysis
- Principal Component Analysis
- Structural Equation Models, e.g., Path Analysis
- Item Response Theory
**TEACHING and LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Face-to-face, Distance learning, etc.</th>
</tr>
</thead>
<tbody>
<tr>
<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
</tr>
<tr>
<td><strong>TEACHING METHODS</strong></td>
<td>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</td>
</tr>
<tr>
<td><strong>STUDENT PERFORMANCE EVALUATION</strong></td>
<td>Description of the evaluation procedure. Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other. Specifically-defined evaluation criteria are given, and if and where they are accessible to students.</td>
</tr>
<tr>
<td><strong>Activity</strong></td>
<td><strong>Semester workload</strong></td>
</tr>
<tr>
<td>Lectures</td>
<td>39</td>
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<tr>
<td>Laboratory practices</td>
<td>26</td>
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<tr>
<td>Study of bibliography</td>
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<tr>
<td>Independent study</td>
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<td>Course total</td>
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### GENERAL

<table>
<thead>
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<th>SCHOOL</th>
<th>School of Social Sciences</th>
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<tr>
<td>ACADEMIC UNIT</td>
<td>Department of Psychology</td>
</tr>
<tr>
<td>LEVEL OF STUDIES</td>
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<td>COURSE CODE</td>
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<tr>
<td>SEMESTER</td>
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</table>

#### INDEPENDENT TEACHING ACTIVITIES

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>LECTURES, ESSAYS</td>
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</table>

#### COURSE TITLE

Stress and Coping Strategies - Stress at School

#### WEEKLY TEACHING HOURS

<table>
<thead>
<tr>
<th>COURSE TYPE</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Special background</td>
<td></td>
</tr>
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<td>General background, special</td>
<td></td>
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<tr>
<td>background, specialised</td>
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<tr>
<td>knowledge, skills development</td>
<td></td>
</tr>
</tbody>
</table>

#### PREREQUISITE COURSES:

No

#### LANGUAGE OF INSTRUCTION and EXAMINATIONS:

Greek

#### IS THE COURSE OFFERED TO ERASMUS STUDENTS:

No

#### COURSE WEBSITE (URL)

http://ecourse.uoi.gr

### LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described. Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

The purpose of the course is to familiarize students with the existing theoretical approaches of the concept of stress and coping. Initially, the term stress is conceptualized and is distinguished from the term anxiety. Initial theoretical approaches are presented: “general adaptation syndrome”, “fight or flight reaction”, “inverted U theory”, “eu-stress and distress”. Subsequently, modern theoretical approaches for stress and coping are presented, such as the “model of mechanistic approach”, “the transactional model of stress and coping”, “primary and secondary appraisal”. Factors affecting how to deal with a stressful situation and issues related to stress and coping in childhood and adolescence are also presented. The course content also covers the issues of test anxiety, psychological hardness and academic hardness. Finally, issues related to burnout and teacher stress are presented.

Upon completion of the course the students will be able to:

- Recognize the conceptual meaning of the terms stress, coping strategies and stressors.
- Discuss the role of specific factors that influence how to deal with stressful situations.
- Have proven knowledge and understanding of stress and coping related issues.
- Discuss stress in transition phases, test anxiety, work stress and teacher burnout.
- Refer to the concept of psychological and academic hardness as a protective factor that can help a person to deal successfully with stressful situations.
- They are aware for the basic psychometric tools/questionnaires used to assess stress and coping.

### General Capabilities

Taking into account the general competencies that the graduate must have acquired (as listed in the Diploma Supplement and listed below) in which of them is the course intended?

- Search, analyze and synthesize data and information, using the necessary technologies
- Adapt to new situations
- Autonomous work
- Decision making
- Teamwork
- Work in an international environment
- Working in an interdisciplinary environment
- Producing new research ideas
- Project design and management
- Respect for diversity and multiculturalism
- Demonstration of social, professional and moral responsibility and gender sensitivity
- Exercise of criticism and self-criticism
- Promote free, creative and inductive thinking
- Other...

Autonomous work, teamwork (students in groups undertake to study and discuss on scientific texts from the field of stress and coping), criticism (students critically approach groups of scientific articles from the field of stress, coping, test anxiety, psychological hardness, academic hardness, burnout), promoting free, creative and inductive thinking.

### SYLLABUS

The main themes of the course include:

- Theoretical approaches for stress and coping - Stress and cognitive appraisal process.
- Stress and coping: the role of personal characteristics, the role of family, age and gender differences, the role of social support, characteristics of stressor.
- Stress management process (primary and secondary appraisal, problem-focused and emotion-focused strategies, personal and social resources for effective stress management).
- Stress and coping in childhood and adolescent.
- Stress at school: ways of coping at the individual level and ways of coping with the school context and the classroom.
- Transition stress (in preschool, from elementary school to high school)
- Test anxiety (definition, effects on learning and performance).
- Psychological hardness and academic hardness

**Teachers’ stress, coping strategies and burnout**

**TEACHING AND LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY METHOD</th>
<th>Face-to-face teaching</th>
</tr>
</thead>
<tbody>
<tr>
<td>USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES</td>
<td>Use of ICT in teaching (e-course educational platform, power point presentations, audiovisual material). Use of ICT in Student Communication (e-mail).</td>
</tr>
<tr>
<td>TEACHING ORGANIZATION</td>
<td>Describe in detail the way and methods of teaching. Lectures, Seminars, Laboratory Exercise, Field Exercise, Study &amp; Analysis of Bibliography, Tutorial, Practice (Placement), Clinical Exercise, Art Workshop, Interactive Teaching, Educational Visits, Project Work, It, / RTI &amp; gt; The student’s study hours for each learning activity and the hours of non-guided study according to the ECTS principles</td>
</tr>
<tr>
<td>Activity</td>
<td>Semester Workload</td>
</tr>
<tr>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td>Study and analysis of bibliography</td>
<td>25</td>
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<tr>
<td>Writing and presenting individual or group work</td>
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<tr>
<td>Self-study</td>
<td>38</td>
</tr>
<tr>
<td>Examination</td>
<td>3</td>
</tr>
<tr>
<td>Total Course</td>
<td>125</td>
</tr>
</tbody>
</table>

**EVALUATION OF STUDENTS**

Evaluation methods:
1. Final Written Examination (80%-100%): At the end of the course, examinations will be given on the whole subject of the lesson (Multiple Choice Test, Short Growth Questions Using Examples of Concepts and Theories)
2. Preparation and Oral Presentation of Optional Work (20%): The work can be individual or group (up to two students). The work will concern the study and presentation of a foreign language article, which will be chosen by the student, based on his / her interests and according to the themes presented during the course.

**SUGGESTED BIBLIOGRAPHY**

- Suggested Bibliography:
  - Αντωνίου, Α. (2010). Στρες, προσωπική ανάπτυξη και ευημερία. Εκδόσεις Παπαζήση

- Relevant scientific journals:
  - Educational Psychology
  - School Psychology review
  - Anxiety, stress and coping
  - Stress and Health
  - Education
  - Επετηρίδα της Ψυχολογικής Εταιρείας Βορείου Ελλάδος
  - Ψυχολογία (Τα περιοδικό της Ελληνικής Ψυχολογικής Εταιρείας)
**GENERAL**

**SCHOOL**  | SCHOOL OF SOCIAL SCIENCES  
**ACADEMIC UNIT**  | DEPARTMENT OF PSYCHOLOGY  
**LEVEL OF STUDIES**  | UNDERGRADUATE  
**COURSE CODE**  | ΨΥΕ023  
**SEMESTER**  | 4th, 6th or 8th  

**INDEPENDENT TEACHING ACTIVITIES**

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>LECTURES AND ESSAYS</td>
<td>3</td>
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</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

**COURSE TYPE**

- SPECIAL BACKGROUND

**PREREQUISITE COURSES:**

**LANGUAGE OF INSTRUCTION and EXAMINATIONS:**  GREEK

**IS THE COURSE OFFERED TO ERASMUS STUDENTS:**  NO

**COURSE WEBSITE (URL):**  https://ecourse.uoi.gr

**LEARNING OUTCOMES**

**Learning outcomes**

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

Upon successful completion of the course, students are expected to be aware of:

- Searching and indexing psychology literature.
- Determining the research problem, stating the aim and the hypotheses of a research paper.
- Writing and formatting scientific articles as well as references and in-text citations according to the American Psychological Association (APA) style.
- Academic language and writing style.
- Ethics in research and publications.
- Writing and presenting a research proposal.

**General Capabilities**

- Taking into account the general competencies that the graduate must have acquired (as listed in the Diploma Supplement and listed below) in which of them is the course intended?
- Search, analyze and synthesize data and information, using the necessary technologies
- Project design and management
- Respect for diversity and multiculturalism
- Respect for the natural environment
- Decision making
- gender sensitivity
- Autonomous work
- Exercise of criticism and self-criticism
- Teamwork
- Promote free, creative and inductive thinking
- Work in an international environment
- Working in an interdisciplinary environment
- Producing new research ideas
- Other ...

Autonomous work and teamwork, promoting free, creative and inductive thinking, search, analyze and synthesize data and information.

**SYLLABUS**

The course aims to familiarize students with academic writing in accordance with the APA style guidelines as well as to help them apply the knowledge acquired into writing a research proposal. The main areas covered include the following:

- Types of scientific texts and basic principles of academic writing in psychology.
- Searching and indexing literature.
- The research problem – subject, the purpose and the hypotheses of a study.
- Methodology and instruments adopted to investigate a subject.
- Writing research proposals.
- Writing and formatting scientific articles in APA style: a) title, abstract and keywords, b) literature review, evaluation of use of sources, c) methods, d) results, e) discussion and f) references.
- Ethics in research (e.g. intellectual property and plagiarism) and publications (e.g. authorship).

**TEACHING AND LEARNING METHODS - EVALUATION**
DELIVERY METHOD
Face to face, Distance Learning, etc.

USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES
Use of ICT Teaching, Laboratory Education, Communication with Students
- Use of ICT in teaching (e-course educational platform, power point presentations, audiovisual material).
- Use of ICT in Student Communication (e-mail).

TEACHING ORGANIZATION
Describe in detail the way and methods of teaching.
Lectures, Seminars, Laboratory Exercise, Field Exercise, Study & Analysis of Bibliography, Tutorial, Practice (Placement), Clinical Exercise, Art Workshop, Interactive Teaching, Educational Visits, Project Work, etc.
The student's study hours for each learning activity and the hours of non-guided study according to the ECTS principles

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester Workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
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<tr>
<td>Self-study</td>
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<tr>
<td>Total Course</td>
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</tr>
</tbody>
</table>

EVALUATION OF STUDENTS
Description of the evaluation process
Assessment Language, Assessment Methods, Formulation or Conclusion, Multiple Choice Test, Short Response Questions, Test Questions, Problem Solving, Written Work, Reporting / Reporting, Oral Examination, Public Presentation, Laboratory Work, Clinical Patient Examination, Artistic Interpretation, Other
Certainly identified evaluation criteria are stated and if and where they are accessible by the students.

Assessment methods:
1. Final Written Examination (50%) (Multiple Choice Test, Short Growth Questions)
2. Written Assignment and Oral Presentation (50%)
Assessment language: Greek
Evaluation criteria are stated at the first lecture and they are also available at course website

SUGGESTED BIBLIOGRAPHY
- Suggested Bibliography:
  - Λατινόπουλος, Π. (2010). Τα πρώτα βήματα στην έρευνα. Εκδόσεις Κριτική, Αθήνα.

- Relevant Scientific Journals:
  - Psychological Methods
  - Journal of Methods and Measurement in the Social Sciences
  - Applied Psychological Measurement
  - Ψυχολογία
  - Επιτηρίδα της Ψυχολογίκης Εταιρείας Βορείου Ελλάδος
GENERAL

SCHOOL School of Social Sciences
ACADEMIC UNIT Department of Psychology
LEVEL OF STUDIES Undergraduate
COURSE CODE ΨΥΕ024
SEMESTER 4-6-8th

COURSE TITLE EMOTION AND MOTIVATION

INDEPENDENT TEACHING ACTIVITIES

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>LECTURES, ESSAYS</td>
<td>3</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE Special background

general background, special background, specialised general knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS: Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS No

COURSE WEBSITE (URL) http://ecourse.uoi.gr

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

The course content aims at understanding the basic theoretical approaches of emotions. The term is initially conceptualized, and examples of emotions are given. The process of emotions is described, the brain mechanisms that govern emotions are analyzed, and the effects of emotions on cognitive function are discussed. In addition, the course content covers the issue of individual differences in the development of emotionality. Information on childhood emotions and pathology is also offered.

The second part of the course focuses on motivation. The conceptualization of the term, the biological and physiological basis of motivation, are presented. The basic theories of motivation in educational settings are developed in detail so that students get an overall picture of the role of motivation in student learning and performance.

Upon completion of the course the students will be able to:

• Be able to present the basic theoretical approaches of emotions.
• Be able to discuss and raise issues related to emotion and their role in human behavior and pathology.
• Recognize the importance of individual differences in the development of emotions and their effect on cognitive functions.
• Have a basic understanding of motivation theories.
• Have become familiar with the applications of motivation theories in education.

General Capabilities

Taking into account the general competencies that the graduate must have acquired (as listed in the Diploma Supplement and listed below) in which of them is the course intended?

Search, analyze and synthesize data and information, using the necessary technologies
Adapt to new situations
Decision making
Autonomous work
Teamwork
Work in an international environment
Working in an interdisciplinary environment
Producing new research ideas

Autonomous work, teamwork (students in groups undertake to study and discuss on scientific texts from the field of emotions and motivation), criticism (students critically approach groups of scientific articles from the field of emotions and motivation), promoting free, creative and inductive thinking.

SYLLABUS

The main themes of the course include:

• Emotions
  -The development of emotions
  -The emotional process
Brain mechanisms of emotions
- Functions and effects of emotion on cognitive processes
- Physical changes, facial expressions
- Individual differences in emotional development, feelings and cognitive appraisal
- Emotions and pathology
  - Motivation (introduction, causes of behavior and motivation, biological and physiological basis of motivation).
  - Motivation Theories: Psychoanalytic Motivation Theory, Behavioral Motivation Theories.
  - Motivation in education: expectation-value theory, attribution theory, socio-cognitive theory, goals and goal orientation, intrinsic-extrinsic motivation.

TEACHING AND LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY METHOD</th>
<th>Face-to-face teaching</th>
</tr>
</thead>
<tbody>
<tr>
<td>USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES</td>
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<tr>
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</tr>
</tbody>
</table>

TEACHING ORGANIZATION
Describe in detail the way and methods of teaching.
Lectures, Seminars, Laboratory Exercise, Field Exercise, Study & Analysis of Bibliography, Tutorial, Practice (Placement), Clinical Exercise, Art Workshop, Interactive Teaching, Educational Visits, Project Work, It; / RTI & gt;
The student's study hours for each learning activity and the hours of non-guided study according to the ECTS principles.

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<tbody>
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<td>Lectures</td>
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<td>Writing and presenting individual or group work</td>
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<td>Self-study</td>
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<td>Examination</td>
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<tr>
<td>Total Course</td>
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EVALUATION OF STUDENTS
Description of the evaluation process-Assessment Language, Assessment Methods, Formulation or Conclusion, Multiple Choice Test, Short Response Questions, Test Questions, Problem Solving, Written Work, Reporting / Reporting, Oral Examination, Public Presentation, Laboratory Work, Clinical Patient Examination, Artistic Interpretation, Other.
Certainly identified evaluation criteria are stated and if and where they are accessible by the students.

Evaluation methods:
1. Final Written Examination (80%-100%): At the end of the course, examinations will be given on the whole subject of the lesson (Multiple Choice Test, Short Growth Questions Using Examples of Concepts and Theories)
2. Preparation and Oral Presentation of Optional Work (20%): The work can be individual or group (up to two students). The work will concern the study and presentation of a foreign language article, which will be chosen by the student, based on his / her interests and according to the themes presented during the course.

SUGGESTED BIBLIOGRAPHY
- Suggested Bibliography:
  - Βοσνιάδου, Σ. (2005). Εισαγωγή στην Ψυχολογία. Εκδόσεις Gutenberg Αθήνα. (κεφ 9 «Επεκτείνοντας τα όρια της γνωστικής ψυχολογίας: κίνητρα, συναισθήματα, συγκίνηση».

- Relevant scientific journals:
  - Educational Psychology
  - School Psychology review
  - Επετηρίδα της Ψυχολογικής Εταιρείας Βορείου Ελλάδος
  - Ψυχολογία (Τα περιοδικά της Ελληνικής Ψυχολογικής Εταιρείας).
GENERAL

SCHOOL | SOCIAL SCIENCES
---|---
ACADEMIC UNIT | PSYCHOLOGY
LEVEL OF STUDIES | UNDERGRADUATE
COURSE CODE | ΨΥΕ026
SEMESTER | 4th, 6th or 8th

INDEPENDENT TEACHING ACTIVITIES

if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>LECTURES AND ESSAYS</td>
<td>3</td>
</tr>
</tbody>
</table>

COURSE TITLE | PSYCHODYNAMIC APPROACHES TO HEALTH AND ILLNESS

INDEPENDENT TEACHING ACTIVITIES

if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
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</tr>
</thead>
<tbody>
<tr>
<td>LECTURES AND ESSAYS</td>
<td>3</td>
</tr>
</tbody>
</table>

COURSE TYPE | SPECIAL BACKGROUND

general background, special background, specialised general knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS: | GREEK

IS THE COURSE OFFERED TO ERASMUS STUDENTS | NO

COURSE WEBSITE (URL) | https://ecourse.uoi.gr

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

Following the successful completion of the course, students are expected:

• To be familiar with the main concepts and processes in psycho-emotional development and psychosomatics as described by major psychoanalytic schools/theories.
• To understand the connection of psycho-emotional development and early relations with psychosomatic health and illness.
• To recognize the intrapsychic processes involved in symptom (somatic) formation and to interpret health-related behaviours.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology, working independently, team work, working in an interdisciplinary environment, respect for difference and multiculturalism, criticism and self-criticism, production of free, creative and inductive thinking.

SYLLABUS

The course aims to introduce students to the major psychoanalytic theories with regard to health psychology and physical illness. It focuses on the psychodynamic factors involved in health-related behaviours, the somatic symptom formation and its symbolic representations. Clinical cases are discussed to enhance understanding of theory applications in practice. The main topics covered include:

• The origins of psychoanalysis in the work of Sigmund Freud, the study of conversion phenomena and actual neuroses.
• Psycho-emotional development, symbolic function and the psychosomatic problematic: Object-relations in the theory of Melanie Klein, mother-infant relationship in the work of Donald Winnicott and Wilfred Bion.
• Paris Psychosomatic School and contemporary psychodynamic aspects of health.
• Topics of special interest, research prospects and clinical applications to health psychology.

TEACHING and LEARNING METHODS - EVALUATION

DELIVERY | Face-to-face (in class)
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
Use of ICT in teaching, laboratory education, communication with students.

TEACHING METHODS
The manner and methods of teaching are described in detail.
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
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<tbody>
<tr>
<td>Lectures</td>
<td>39</td>
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<tr>
<td>Study &amp; analysis of bibliography</td>
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<td>Essay writing &amp; presenting</td>
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<tr>
<td>Study independently</td>
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<tr>
<td>Course total</td>
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ATTACHED BIBLIOGRAPHY
- Suggested bibliography:

- Related academic journals:
  5. Psychosomatic Medicine
  6. Psychosomatics
  7. Journal of Psychosomatic Research
  8. International Journal of Psychoanalysis
### GENERAL

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<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
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<tbody>
<tr>
<td>ACADEMIC UNIT</td>
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<td>COURSE CODE</td>
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<tr>
<td>SEMESTER</td>
<td>4th, 6th, 8th</td>
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</table>

#### INDEPENDENT TEACHING ACTIVITIES

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
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<tr>
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<th>WEEKLY TEACHING HOURS</th>
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</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>3</td>
<td>4</td>
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</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

#### COURSE TYPE

- Specialised general knowledge

#### PREREQUISITE COURSES:

- LANGUAGE OF INSTRUCTION and EXAMINATIONS: Greek

#### IS THE COURSE OFFERED TO ERASMUS STUDENTS

- YES

#### COURSE WEBSITE (URL)

### LEARNING OUTCOMES

#### Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A:
- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

This course aims to describe and interpret individual differences on the basis of characteristics, such as personality, intelligence, special abilities, school performance, professional skills etc. The study of individual differences covers three fields: differences between individuals (interpersonal), differences between groups (intergroup) and differences between characteristics of the individual (intra-personal). Students become familiar with the theories and research findings of the psychology of individual differences, as they have great theoretical and practical importance in many fields and especially in education, vocational guidance and clinical practice.

After the successful completion of the course the students will:
- ❗️ Have the appropriate knowledge in order to understand individual differences between people and their specific types (Levels 1 & 2: Knowledge & Understanding)
- ❗️ Know the basic theories for the development, organization, and taxonomy of personality (Levels 1 & 2: Knowledge & Understanding)
- ❗️ Know the basic tests/scales for the assessment of intelligence and personality, as well as of different types of behavior (Levels 1, 2, 3 & 5: Knowledge & Understanding, Application, Composition)
- ❗️ Recognize the theoretical and practical value of individual differences in many fields of human life, especially, in education, vocational guidance and clinical practice (Levels 1, 2, 3 & 5: Knowledge & Understanding, Application, Composition)

#### General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and technology
- Autonomous work
- Production of free, creative and inductive thinking
- Production of innovative research ideas
- Respect for diversity and multiculturalism
- Production of new research ideas
- Application of knowledge in practice
- Producing knowledge, data and information, using the necessary technologies
- Production of innovative research ideas
- Respect for diversity and multiculturalism
- Demonstration of social, professional, and ethical responsibility and sensitivity to gender issues

<table>
<thead>
<tr>
<th>General Competences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Search for, analysis and synthesis of data and technology</td>
</tr>
<tr>
<td>Project planning and management</td>
</tr>
<tr>
<td>Respect for difference and multiculturalism</td>
</tr>
<tr>
<td>Respect for the natural environment</td>
</tr>
<tr>
<td>Showing social, professional and ethical responsibility and sensitivity to gender issues</td>
</tr>
<tr>
<td>灵敏度 to gender issues</td>
</tr>
<tr>
<td>Criticism and self-criticism</td>
</tr>
<tr>
<td>Production of free, creative and inductive thinking</td>
</tr>
<tr>
<td>Production of innovative research ideas</td>
</tr>
<tr>
<td>Production of new research ideas</td>
</tr>
<tr>
<td>Application of knowledge in practice</td>
</tr>
<tr>
<td>Search, analysis and synthesis of data and information, using the necessary technologies</td>
</tr>
<tr>
<td>Autonomous work</td>
</tr>
<tr>
<td>Teamwork</td>
</tr>
<tr>
<td>Production of innovative research ideas</td>
</tr>
<tr>
<td>Respect for diversity and multiculturalism</td>
</tr>
<tr>
<td>Demonstration of social, professional, and ethical responsibility and sensitivity to gender issues</td>
</tr>
</tbody>
</table>
The course presents the historical development and the basic concepts of the Psychology of Individual Differences. There follows a detailed description of the three types of individual differences: Interpersonal, intra-personal and inter-group differences. The course also presents many theories of intelligence (Guilford Theory, Vernon Theory, Piaget Theory), as well as methods for the assessment of the intelligence and its correlation with the educational and financial level of people and their school performance. Emphasis is placed on a) the description of the personality based on individual differences, b) the types of personalities and c) the assessment of personality (projection tests, questionnaires, etc.). The course also discusses methodological and theoretical issues regarding the taxonomy of personality, as well as issues about differences in specific abilities and intra-individual differences, as well as their evaluation. In addition, there is an extensive presentation of differences between groups (e.g., based on gender and age) both in terms of mental and individual abilities as well as in terms of personality. Finally, references are made to the individuals with major deviations (mental retardation, giftedness) and their special educational needs.

**TEACHING and LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Class-Face to face</th>
</tr>
</thead>
<tbody>
<tr>
<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td>Use of power point, videos</td>
</tr>
<tr>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
<td>Use of ICT in teaching- e-class</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TEACHING METHODS</th>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</td>
<td>Lectures</td>
<td>39</td>
</tr>
<tr>
<td></td>
<td>Individual work/essays</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td>Study/exams</td>
<td>41</td>
</tr>
<tr>
<td></td>
<td>Course total</td>
<td>100</td>
</tr>
</tbody>
</table>

**STUDENT PERFORMANCE EVALUATION**

- Written Exams with short-answer questions and Multiple-choice questions (80%)
- Written Essay/report (20%) (criteria accessible to students: Pass, Merit, Distinction)

**ATTACHED BIBLIOGRAPHY**

**Suggested Reference:**
1. Chamorro-Premuzic Tomas: Προσωπικότητα Και Ατομικές Διαφορές (Επιμέλεια Μπεζεβέγκης Η.), Εκδόσεις Gutenberg, 2013

**Suggested Journals:**
1. Personality and Individual Differences
https://www.journals.elsevier.com/personality-and-individual-differences
2. Journal of Individual Differences
https://us.hogrefe.com/products/journals/journal-of-individual-differences
3. Individual Differences Research
4. Learning and Individual Differences
https://www.journals.elsevier.com/learning-and-individual-difference
GENERAL

SCHOOL
SOCIAL SCIENCES

ACADEMIC UNIT
PSYCHOLOGY

LEVEL OF STUDIES
UNDERGRADUATE

COURSE CODE ΨΥΕ050

SEMESTER 4th, 6th, 8th

COURSE TITLE PSYCHOLOGY IN MIDDLE AND LATE ADULTHOOD

INDEPENDENT TEACHING ACTIVITIES

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits

WEEKLY TEACHING HOURS CREDITS
LECTURES 3 4

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE
General background, special background, specialised general knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:
Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS
YES (with independent study and handing in of essay written in English)

COURSE WEBSITE (URL)

LEARNING OUTCOMES

Learning outcomes
The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A
• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

This course focuses on development from middle to late adulthood. In particular, the aim of this course is the acquirement of specific knowledge related to all levels of development (physical, cognitive, socio-emotional, and personality) during middle to late adulthood. Furthermore, this course aims to extend our understanding of variations in development according to gender and culture.

On completion of the course, it is expected that students have an understanding of several concepts:
• Understand traditional and contemporary theories of adulthood development with emphasis on cognitive and socio-emotional development in middle and late adulthood,
• Identified and understand the “crisis of middle adulthood”,
• Understand the process involved in personality development,
• Recognize individual and ages differences across the adulthood development,
• Become familiar with special issues, such as cognitive impairment, depression on late life, existential anxiety, and fear of death, in middle and late adulthood.
• Recognize the importance of social, demographical, and economic factors in psychosocial wellbeing and happiness on the late life period.

General Competences
Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology
Project planning and management
Respect for difference and multiculturalism
Respect for the natural environment
Showing social, professional and ethical responsibility and sensitivity to gender issues
Criticism and self-criticism
Production of free, creative and inductive thinking
Production of new research ideas

• Respect for difference and multiculturalism
• Search, analyze, and synthesize data and information with the use of suitable technology
• Production of new research ideas
• Production of free, creative, and inductive thinking
• Show social, professional, and ethical responsibility and sensitivity to gender issues
• Reflection and self-reflection

SYLLABUS
Introduction

Traditional and contemporary theories of lifelong development I: Middle Adulthood

Traditional and contemporary theories of lifelong development II: Late Adulthood

Stress, health, and chronic diseases

Risk and resilience factors associated with human development

Cognitive development in middle and late adulthood

Social development and personality development in middle and late adulthood

Parenting and family dynamics

Physiological and cognitive deficits, and neurocognitive disorders in late life

Special issues in late life: depression, loss, death in certain age levels, coping with death, and bereavement

Evidence-based psychosocial interventions

TEACHING and LEARNING METHODS - EVALUATION

DELIVERY
Face-to-face, Distance learning, etc.

Face-to-face in class teaching

USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
Use of ICT in teaching, laboratory education, communication with students

Use of ICT in teaching
Slides and video demonstrations, course notes and other educational material relevant to human development can be assessed at the course webpage using the UoI electronic platform

Face-to-face communication with students can be arranged by appointment, and/or students can be communicating with the lecturer via e-mail.

TEACHING METHODS
The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS

Student evaluation is in Greek as well as in English (for Erasmus students)

STUDENT PERFORMANCE EVALUATION

Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other

Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

ATTACHED BIBLIOGRAPHY

- Suggested bibliography:

- Related academic journals:
  - International Journal of Aging and Human Development
  - Advances in Aging Research
  - Journal of Aging and Mental Health
  - European Journal of Developmental Psychology Journal
  - The Gerontologists
  - Journal of Applied Developmental Psychology
  - Developmental Psychology
GENERAL

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>PSYCHOLOGY</td>
</tr>
<tr>
<td>LEVEL OF STUDIES</td>
<td>Undergraduate</td>
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<td>COURSE CODE</td>
<td>ΨΥΕ005</td>
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<tr>
<td>SEMESTER</td>
<td>4ο, 6ο, 8ο</td>
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</tbody>
</table>

COURSE TITLE: PSYCHOLOGY OF THOUGHT

INDEPENDENT TEACHING ACTIVITIES

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>2</td>
</tr>
<tr>
<td>Laboratory Exercises</td>
<td>1</td>
</tr>
</tbody>
</table>

Laboratory Exercises (Presentations of articles and discussion, psychological tests and questionnaires, Collection of research data)

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

COURSE TYPE

Special background

general background, special background, specialised general knowledge, skills development

PREREQUISITE COURSES:

LANGUAGE OF INSTRUCTION and EXAMINATIONS:

Greek

IS THE COURSE OFFERED TO ERASMUS STUDENTS

YES (under personal study and preparation of assignments and examinations in English language)

COURSE WEBSITE (URL)

LEARNING OUTCOMES

Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
• Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
• Guidelines for writing Learning Outcomes

This course covers the basic cognitive processes of thought and particularly its connection with intelligence, meditation, representation and the formation of concepts, problem solving, creativity, and the cultivation of thought.

Students after the successful completion of this course are expected to have acquired:

• basic knowledge on the Psychology of Thought and its connection with other disciplines of Psychology,
• basic knowledge of understanding and critical consideration of empirical and theoretical data related to the above cognitive processes,
• the ability to collaborate with their fellow students in order to present a research project correlated with the above topics,
• the ability to conduct international literature reviews in scientific journals and topics in Psychology of Thought using University libraries and internet resources,
• problem solving skills and basic research skills.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technologies

Project planning and management

Respect for difference and multiculturalism

Respect for the natural environment

Showing social, professional and ethical responsibility and sensitivity to gender issues

Criticism and self-criticism

Production of free, creative and inductive thinking

• Search, analysis and synthesis of data and information, using the necessary technologies
• Adaptation to new situations
• Teamwork
• Autonomous work
• Respect for diversity and multiculturalism
• Promotion of free, creative and inductive thinking

SYLLABUS

• Introduction: Definition of thought. Thought and intelligence. The study of thought.
• Problem solving: Definition. Learning through the method of trial and error. Tendency to learn. Indirect thought.
  Proportional thinking.
• Creativity: Definition. Study methods. Creative thinking. The creative person. Cultivation of creativity. Cultivating
  creativity in school. The development of creative thinking.

TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Face to face</th>
</tr>
</thead>
</table>

**USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY**
Use of ICT in teaching, laboratory education, communication with students.

**TEACHING METHODS**
The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.
The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Semester workload</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td>26</td>
</tr>
<tr>
<td>Laboratory practice</td>
<td>13</td>
</tr>
<tr>
<td>Study and analysis of bibliography</td>
<td>30</td>
</tr>
<tr>
<td>Study</td>
<td>51</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Course total</td>
<td>120</td>
</tr>
</tbody>
</table>

**STUDENT PERFORMANCE EVALUATION**
Description of the evaluation procedure
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

➢ Evaluation Methods:
➢ Written exam (70% of the total score) which includes: Multiple Choice Test & Short Answer Questions
➢ Two (2) Laboratory Group Assignments: Oral presentation of an article (20% of the total score) and Collection of research data (10% of the total score)

**ATTACHED BIBLIOGRAPHY**

**Relative Journals:**
➢ American Psychologist
➢ Cognitive Psychology
➢ Consciousness & Cognition
➢ Hellenic Journal of Psychology
➢ Journal of Applied Psychology
➢ Journal of Experimental Psychology: Learning, Memory & Cognition
➢ Memory & Cognition
## GENERAL

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>PSYCHOLOGY</td>
</tr>
<tr>
<td>LEVEL OF STUDIES</td>
<td>UNDERGRADUATE</td>
</tr>
<tr>
<td>COURSE CODE</td>
<td>ΨΥΕ035</td>
</tr>
<tr>
<td>SEMESTER</td>
<td>4th, 6th, 8th</td>
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</tbody>
</table>

### COURSE TITLE

<table>
<thead>
<tr>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>LECTURES AND ASSIGNMENTS</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>4</td>
</tr>
</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

### COURSE TYPE

- general background
- special background
- specialised general knowledge, skills development

### SPECIAL BACKGROUND

<table>
<thead>
<tr>
<th>PREREQUISITE COURSES:</th>
</tr>
</thead>
<tbody>
<tr>
<td>LANGUAGE OF INSTRUCTION and EXAMINATIONS:</td>
</tr>
<tr>
<td>GREEK</td>
</tr>
</tbody>
</table>

| IS THE COURSE OFFERED TO ERASMUS STUDENTS |
| YES |

<table>
<thead>
<tr>
<th>COURSE WEBSITE (URL)</th>
</tr>
</thead>
</table>

## LEARNING OUTCOMES

### Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

1. Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
2. Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
3. Guidelines for writing Learning Outcomes

With the successful completion of the course should acknowledge and understand:

1. The History of human brain study and the evolutionary process
2. The basic function and anatomy of human nervous system
3. The basic research and clinical methods for studying brain function.
4. Regional and functional anatomy of the brain
5. The effects (and mechanisms of action) of hormones and psychoactive substances on the brain
6. The neurobiology and anatomy of sensory systems
7. The neurobiology of basic function for organism sustainability and the association of the brain with other systems of the human body.

Finally, students should be able to understand the basic research findings published in the scientific journal which referred to the section (5) of the current

### General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

- Search for, analysis and synthesis of data and information, with the use of the necessary technology
- Adapting to new situations
- Decision-making
- Working independently
- Team work
- Project planning and management
- Respect for difference and multiculturalism
- Respect for the natural environment
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking
- Others...

### SYLLABUS

The goal of the current course is on the introduction of basic principles, theoretical approaches and practices of the field of psychophysiology. The lectures have the following content:

1. Learning Objectives – Historical review of the study of brain function
2. Evolution of human brain. Human brain and other species brains
3. Neurons – Synapse Neurotransmitters
4. From Neurotransmitters to integrated brain function. Physiology of basic neurotransmitting circuits/systems of the brain
5. regional and functional anatomy of the brain (Brain stem – Midbrain))
6. regional and functional anatomy of the brain (Mesolimbic system - Cortex)
7. Functional categorization of Nervous System – The autonomic nervous system “Flight or Fight” response
8. Brain Imaging and function Imaging in clinical practice
9. Basic neurophysiology of Movement and Sensory systems
10. Sensory systems
11. Brain and basic body function (Circadian rhythm, sleep, hunger, sexual behavior, temperature regulation)
12. Effects on the brain and mechanisms of actions of hormones and psychotropic drugs and medications
13. The association of CNS with other systems of the body (endocrine, reproductive, immune system, gastrointestinal, cardiovascular etc).

**TEACHING and LEARNING METHODS - EVALUATION**

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Face-to-face, Distance learning, etc.</td>
<td>Face-to-face teaching</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</th>
<th>Use of power-point in teaching</th>
<th>Use of “e-course” for supplying educational material to students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>TEACHING METHODS</strong></th>
<th><strong>Activity</strong></th>
<th><strong>Semester workload</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS.</td>
<td><strong>Lectures</strong></td>
<td><strong>39</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Study and analysis of literature</strong></td>
<td><strong>81</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Course total</strong></td>
<td><strong>120</strong></td>
</tr>
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</table>

<table>
<thead>
<tr>
<th><strong>STUDENT PERFORMANCE EVALUATION</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Description of the evaluation procedure. Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other. Specifically-defined evaluation criteria are given, and if and where they are accessible to students.</td>
<td>Final written exam that includes: Questions of written elaboration Questions of comparison Questions of critical assessment</td>
</tr>
</tbody>
</table>

**ATTACHED BIBLIOGRAPHY**

- Suggested Bibliography:
  - Fundamentals of Human Neuropsychology Kolb B. & Whishaw I
  - Biological Psychology, Aleixo Paul, Baillon Murray,
  - Psychophysiology, G. Papadatos
  - Biological Psychology, James W. Kalat
  - Brain and Behavior, Garrett B-Hough G.

Journals:
- Neuroscience and Biobehavioral Reviews
- Neuropsychology Review
- Biological Psychology
- Neuropsychology
- Biological Psychiatry
- Translational Psychiatry
- Psychophysiology
- Behavioral and Brain Sciences
### GENERAL

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>SOCIAL SCIENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC UNIT</td>
<td>PSYCHOLOGY</td>
</tr>
<tr>
<td>LEVEL OF STUDIES</td>
<td>UNDERGRADUATE</td>
</tr>
<tr>
<td>COURSE CODE</td>
<td>ΨΥΕ036</td>
</tr>
<tr>
<td>SEMESTER</td>
<td>4th, 6th, 8th</td>
</tr>
</tbody>
</table>

### INDEPENDENT TEACHING ACTIVITIES

If credits are awarded for separate components of the course, e.g., lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits.

<table>
<thead>
<tr>
<th>LECTIONS AND ASSIGNMENTS</th>
<th>WEEKLY TEACHING HOURS</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).

### COURSE TYPE

- Special Background

### PREREQUISITE COURSES:

- Language of Instruction and Examinations: GREEK

### IS THE COURSE OFFERED TO ERASMUS STUDENTS

- YES

### COURSE WEBSITE (URL)

#### LEARNING OUTCOMES

<table>
<thead>
<tr>
<th>Learning outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described. Consult Appendix A</td>
</tr>
</tbody>
</table>

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

With the successful completion of the course should acknowledge and understand:

1. The concept of “laterality” in brain function
2. The neurophysiological and anatomical substrates of Learning-Memory, of Language, of Emotions, of Social Cognition, of the ability of Attentional Concentration and of Addictive Behaviours
3. Brain Plasticity and the potential of rehabilitation of brain dysfunctions in adult life
4. The basic neurobiological underpinnings of common Neuropsychiatric disorders
5. The application of psychophysiological knowledge in the therapy of clinical cases

Finally, the students should be able to:

1. Understand the basic conclusions derived from research that is published in scientific journals such as the ones presented in section (5).
2. Recognize basic changes in brain functions which are present in common clinical conditions

### GENERAL COMPETENCES

Taking into consideration the general competences that the degree-holders must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

| Search for, analysis and synthesis of data and information, with the use of the necessary technology | Project planning and management |
| Decision-making | Showing social, professional and ethical responsibility and respect for the natural environment |
| Adapting to new situations | Criticism and self-criticism |
| Working independently | Production of free, creative and inductive thinking |
| Team work | Others... |

Application of critical and self-critical thinking skills
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas
- Promotion of free, creative and inductive thinking

### SYLLABUS

The goal of the current course is on the introduction of basic principles, theoretical approaches and practices of the field of psychophysiology. The lectures have the following content:

1. Learning objectives – Basic functional topographical anatomy of the brain/ basic principles of neurotransmission
2. Lateralization of the brain
3. Neurobiological Substrates– Psychophysiology of Learning and Memory
4. Neurobiological Substrates- Psychophysiology of Linguistic Function
5. Neurobiological Substrates- Psychophysiology of Emotions- Emotional and “Social Brain”
6. Neurobiological Substrates- Psychophysiology of Attention and Consciousness
7. Neurobiological Substrates- Psychophysiology of Addiction– Mechanism of Action of Addictive Substances
8. Brain Plasticity-Rehabilitation of Brain Function in Adult Life
9. Neuropsychiatric disorders (Parkinson’s Disease, Tourette Syndrome, Multiple Sclerosis, Epilepsy, Headache)
10. Psychiatric Disorders (Depression, Schizophrenia, Psychosomatic Symptoms)
11. Examination of Mental Function in Clinical Practice
12. Biological non-pharmacological therapies (Electroconvulsive Therapy – Transcranial Magnetic Stimulation)
13. Psychotherapy as a form of Biological Therapy (brain training)

### TEACHING and LEARNING METHODS - EVALUATION

<table>
<thead>
<tr>
<th>DELIVERY</th>
<th>Face-to-face teaching</th>
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<td>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</td>
<td>Use of power-point in teaching, Use of “e-course” for supplying educational material to students</td>
</tr>
<tr>
<td>TEACHING METHODS</td>
<td>Use of ICT in teaching, laboratory education, communication with students</td>
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</table>

#### DELIVERY
- Face-to-face, Distance learning, etc.

#### USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY
- Use of ICT in teaching, laboratory education, communication with students

#### TEACHING METHODS
- Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.

#### STUDENT PERFORMANCE EVALUATION
- Description of the evaluation procedure
- Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other
- Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

#### Activity | Semester workload
--- | ---
Lectures | 39
Study and analysis of literature | 81
Course total | 120

**Final written exam that includes:**
- Questions of written elaboration
- Questions of comparison
- Questions of critical assessment

### ATTACHED BIBLIOGRAPHY
- Suggested Bibliography:
  - Fundamentals of Human Neuropsychology Kolb B. & Whishaw I
  - Biological Psychology, Aleixo Paul, Baillon Murray,
  - Psychophysiology, G. Papadatos
  - Biological Psychology, James W. Kalat
  - Brain and Behavior, Garrett B- Hough G.

#### Journals:
- Neuroscience and Biobehavioral Reviews
- Neuropsychology Review
- Biological Psychology
- Neuropsychology
- Biological Psychiatry
- Translational Psychiatry
- Psychophysiology
- Behavioral and Brain Sciences